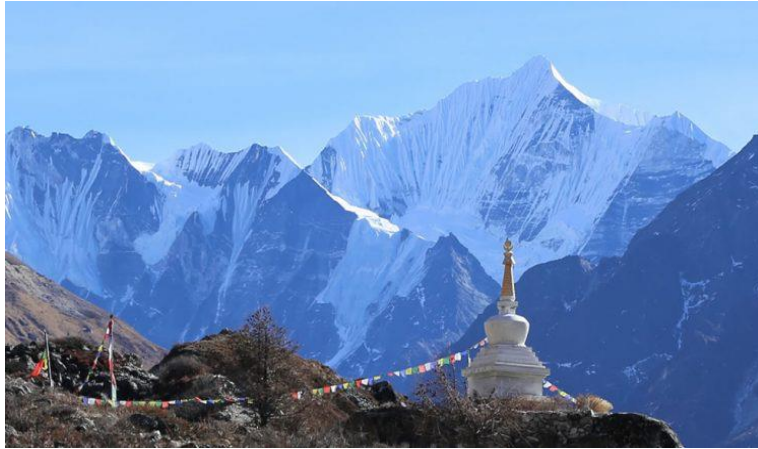


Coaching and Mentoring to Survive and Thrive during COVID -19

Dr Rebecca Viney and Associates



Do you want to maximise your potential? to strive, thrive and survive?

To

- Enhance your wellbeing?
- Keep your energy and motivation?
- Ensure your work-life balance?
- Give yourself space to plan and prioritise?

Access the services of a choice of compassionate and positive medical coaches and be coached in confidence **completely free for one session. We use tools such as ZOOM, Skype and FaceTime.**

Contact Rebecca.viney1@gmail.com or WhatsApp 07957203569 to be linked to this bespoke coaching service. Coaches from all over the UK, but special thanks to