





I would like to invite you for a Health Check at the surgery.

Someone from the surgery will contact you to make an appointment.

It is fine to bring someone with you.

Your Health Check will take about 1 hour.

You will see a nurse. Then you may see the doctor.

You may need to have some tests, like blood tests or a wee/pee test.

I will check that your body is healthy. I will ask you questions about your health. I will listen to your lungs and heart, and feel your tummy.

Before your Health Check please answer the questions on the form we have sent you with this letter. It is fine for someone to help you.



You might also like to think about things that are worrying you. Write them down and we can talk about them when you come in.

If you do not or are unable to attend your health check, the doctor may tell the Learning Disability Nurse who can support you to come to the GP surgery.