



# CPTH2022

EMPOWERING STAFF, EMPOWERING PATIENTS



## Conference Guide

**11 MAY 2022**

9:00am – 4:30pm

*Keynote Speaker: Dr Ollie Hart*

**MARRIOTT HOTEL  
HUNTINGDON PE29 6FL**



# Welcome

*Empowering Staff,  
Empowering Patients*



## Welcome all to the 2022 CPTH Conference

We are delighted to be back together again in person for this year's Training Hub conference, after an unprecedented and challenging couple of years. We have a jam-packed programme of superb topics and speakers for you this year, and I have no doubt that you will also enjoy the opportunity to meet and mingle with your peers once again.

Enjoy the day!

*Jo Oldfield*

**Training Hub Manager**



Great patient care is delivered by well-equipped, capable & energised professionals. We hope that today's conference creates the space for you to think, the opportunity for you to network, ideas & inspiration to help you adapt to the challenges in practice and take advantage of the career development opportunities available to you. At the end of the day, we hope you will feel valued, refreshed and have something positive to take back into practice with you.

Enjoy the day!

*Kathryn Caley*

**Nurse Lead & Education Facilitator**



# Programme

Don't forget to visit our partner stands...



## MORNING

### 08:30 Registration & Refreshments

09:00 **Welcome/Opening Remarks** *Cambridge Suite*

09:10 **Keynote Address + Q&A** *Cambridge Suite*  
**Dr Ollie Hart**  
 GP Partner, Primary Care Network (PCN) Clinical Director and owner of Peak Health Coaching

09:50 **Workshop 1**

- A Wound Care – Lower Leg Management** *Cambridge Suite*  
Sally-Anne Bradford
- B Health Coaching** *Westminster Room*  
Ollie Hart
- C Chronic Pain** *Downing Room*  
Giles Hazan

### 11:00 Break / Morning Coffee

11:15 **Workshop 2**

- A Demystifying Menopause** *Downing Room*  
Gill Shields
- B Pelvic Health** *Westminster Room*  
Amanda Savage
- C What's Making a Difference in Diabetes Care?** *Cambridge Suite*  
Jessica Randall-Carrick

## AFTERNOON

### 12:30 Lunch & Networking

13:30 **Workshop 3**

- A Group Consultations** *Westminster Room*  
Jenny Aston
- B Psychological Aspects of Physical Health & Long Term Conditions** *Downing Room*  
Lee David
- C Respiratory Diagnostics** *Cambridge Suite*  
Kelly Pauley

### 14:45 Break / Afternoon Coffee

15:00 **Workshop 4**

- A Career Pathways for Non-Registered staff** *Westminster Room*  
Emily Handley & Kathryn Caley
- B Portfolio Careers** *Downing Room*  
Leila Ronald-Jones, Jan Gower & Janet Marsden
- C The Future of Advanced Practice** *Cambridge Suite*  
Amanda Gibson, Marie Honeyfield, Kim Treverton & Jenny Aston

16:15 **Closing Remarks** *Cambridge Suite*

16:30 **Conference Ends**

# Sessions and Speakers



**09:00 Welcome**

Cambridge Suite

## Welcome to the 2022 CPTH Conference

*Jo Oldfield*

**Jo Oldfield** is the Cambridgeshire & Peterborough Training Hub Manager. She has previously worked for the Police, Mind and other third sector organisations. Jo joined CPTH in January 2018 and has played a key role in driving the Training Hub to develop a wide variety of projects and support initiatives for the many different roles in general practice.



**09:05 Opening Remarks**

Cambridge Suite

## Empowering Staff, Empowering Patients

*Kathryn Caley*

**Kathryn Caley** is the Cambridgeshire & Peterborough Training Hub Lead Nurse, with over 25 years experience in senior nursing and operational management roles. She loves that this role gives her the opportunity to work with health care professionals at every stage of their career and to help create a supportive and fulfilling work environment.



**09:10 Keynote Address**

Cambridge Suite

*Ollie Hart*

**Dr Ollie Hart** is a GP Partner, Primary Care Network (PCN) Clinical Director and owner of Peak Health Coaching. He is happiest with one foot in front line clinical care, and the other in leading and innovating change. Using experience from each to inform and inspire the other, keeps him excited about creating conditions for people to flourish.



**09:50 Workshop 1 – A**

Cambridge Suite

## Wound Care – Lower Leg Management

*Sally-Anne Bradford*

**Sally-Anne Bradford** is CPFT Operational/Clinical manager of both Tissue Viability and the Bladder & Bowel service. Her passion is for everything “lower limb”, especially the causes and treatment of wet legs. She is focused on improving the lives of patients with lower limb conditions and finding innovative ways to tackle the increasing demands on practice and community nurse resources.



**09:50 Workshop 1 – B**

Westminster Room

## Health Coaching

*Ollie Hart*

**Dr Ollie Hart** is a GP Partner, Primary Care Network (PCN) Clinical Director and owner of Peak Health Coaching.



**09:50 Workshop 1 – C**

Downing Room

## Chronic Pain

*Giles Hazan*

**Dr Giles Hazan** is a GP in Mid Sussex who also works as a GP with an Extended Role in the Chronic Pain Service for Sussex Partnership Foundation Trust. He is a council member and clinical lead for diplomate members of the Faculty of Sports and Exercise medicine (FSEM) and is involved in the development of training pathways for GPs working in extended roles.

# Sessions and Speakers



**11:15** Workshop 2 – A

Downing Room

## Demystifying Menopause

*Gill Shields*

**Dr Gill Shields** is a Cambridgeshire GP. (Bio to follow)



**11:15** Workshop 2 – B

Westminster Room

## Pelvic Health

*Amanda Savage*

**Amanda Savage** is a Cambridge based Physiotherapist and Pilates instructor, who specialises in pelvic health. She works with men and women with bladder, bowel or pelvic pain problems as well as caring for antenatal and postnatal mums. She is keen to empower other health professionals to confidently advise their patients.



**11:15** Workshop 2 – C

Cambridge Suite

## Diabetes Care: What's Making a Difference?

*Jessica Randall-Carrick*

**Dr Jessica Randall-Carrick** is the Joint Clinical Lead for Diabetes & Obesity for both C&P STP and CCG. She works as a GP three days a week in central Peterborough and is very aware of the impact of the social determinants of health have on patients. Her passion is to ensure that systems and processes ensure good quality person centred clinical care.



**13:30** Workshop 3 – A

Westminster Room

## Group Consultations

*Jenny Aston*

**Jenny Aston** is an Advanced Nurse Practitioner (ANP) in a large teaching Practice and has a passion for patient-centred health prevention. She runs local and national training, sits on NHSE's Advanced Clinical Practice group and the regional HEE general practice nurse network. She is also the Royal College of GPs AHP/Nurse Champion.



**13:30** Workshop 3 – B

Downing Room

## Psychological Aspects of Physical Health & Long Term Conditions

*Lee David*

**Dr Lee David** is a GP and CBT therapist for NHS Practitioner Health. She is educational director of 10 Minute CBT and is passionate about teaching effective strategies that encourage patient self-management for physical and emotional problems, with a particular interest in adolescent wellbeing.



**13:30** Workshop 3 – C

Cambridge Suite

## Respiratory Diagnostics

*Kelly Pauley*

**Kelly Pauley** is Head of Respiratory Investigations at North West Anglia NHS Foundation Trust. She has been a Respiratory Physiologist for 22 years and has worked at Royal Papworth Hospital, Hinchingsbrooke and now North West Anglia NHS Foundation Trust.

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<https://cptraininghub.nhs.uk/join-our-mailing-list>



# Sessions and Speakers

15:00 Workshop 4 – A

Westminster Room

## Career Pathways for Non-Registered Staff

Emily Handley & Debbie Cubbitt



**Emily Handley** is a Senior Nursing Workforce Manager at NHS England and NHS Improvement. She is working as part of the Health Care Support Worker (HCSW) Programme within the East of England leading on HCSW retention and development. Emily is an Adult Nurse who started her career as a carer in the community in 2008. She has a background in Acute Care and Clinical Education.



**Kathryn Caley** is the Cambridgeshire & Peterborough Training Hub Lead Nurse, with over 25 years experience in senior nursing and operational management roles. She works with health care professionals at every stage of their career and is passionate about helping to create a supportive and fulfilling work environment.

15:00 Workshop 4 – B

Downing Room

## Portfolio Careers

Leila Ronald-Jones, Jan Gower, Janet Marsden



**Leila Ronald-Jones** is HEE's Primary Care Workforce Lead Covering the East of England. She has worked in the community as a practitioner for many years, in variety of roles and teams, then moved to Health Education England 6 years ago to work in the Quality team looking at student nurse placements. Leila has since had 4 secondments to various roles which have enhanced her experience and skills. She is now the regional Lead for GPN nursing, and networks the region together to create a supportive environment for Leaders to develop and explore. Leila is passionate about developing General Practice Workforce educational opportunities across the East of England.



**Jan Gower** is an experienced nurse with 22 years in general practice, the last 6 as an ANP. She has worked as the primary care lead for general practice nursing, was the first nurse to sit in a commissioning role in England and has worked in higher education delivering modules contributing to advanced practice Master's programmes. Jan is currently working with CPTH to deliver the Fellowship programme for newly qualified nurses coming into general practice.



**Janet Marsden** worked as a GPN and ANP in General Practice for 22 years and now works with CPTH to share her skills and knowledge with student nurses and help them to develop confidence, knowledge and communication skills. She is trained in Diabetes, Asthma, Women's Health and was the Safeguarding Lead and GSF Lead for her Practice. Janet is passionate about acting as an advocate and safeguarding vulnerable members of society.

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**Staff Support Hub**

Cambridgeshire & Peterborough  
Integrated Care System

| Staff Support Phone Line   | Call Back Service  | Relationship Counselling   | Sickness Call Back  | Vocational Support   | Webinars & Online Support Forums   |
|--|--|--|---|--|--|
| <ul style="list-style-type: none"> <li>11am-7pm Monday-Friday</li> <li>Free, confidential listening support</li> <li>Safe space to talk about any difficulties you might be facing</li> <li>Navigate to other Hub or local services</li> </ul> | <ul style="list-style-type: none"> <li>Bookable call backs with a trained mental health professional</li> <li>8-9am, 12-1pm, 5-6pm Monday-Friday</li> <li>Go to our website to book</li> </ul> | <ul style="list-style-type: none"> <li>Accessed via the phone line or emailing the team</li> <li>Provided by Relate Cambridgeshire</li> <li>Assessment + 6 sessions</li> </ul> | <ul style="list-style-type: none"> <li>Telephone call for staff off sick 1 week +</li> <li>Any reason for absence</li> <li>Line manager refer with staff member consent by email</li> </ul> | <ul style="list-style-type: none"> <li>Provided by specialist occupational therapists</li> <li>Remain well in work or return to work following sickness absence</li> <li>Self-referral by email</li> </ul> | <ul style="list-style-type: none"> <li>Stress, fatigue, sleep</li> <li>Post (long) Covid</li> <li>Wellbeing conversations for managers</li> <li>Back to normal?</li> <li>Professional group</li> <li>Mindful Wednesdays (Access via Eventbrite)</li> </ul> |

Please get in touch, we'd love to hear from you!

Phone: 0808 801 0377  
 Email: [staffsupporthub@cpft.nhs.uk](mailto:staffsupporthub@cpft.nhs.uk)  
 Website: [www.staffsupporthub.org](http://www.staffsupporthub.org)  
 Eventbrite: <https://www.eventbrite.co.uk/o/cambridgeshire-and-peterborough-staff-support-hub-34306752925>

# Sessions and Speakers

15:00 Workshop 4 – C

Cambridge Suite

## The Future of Advanced Practice

Amanda Gibson, Marie Honeyfield & Kim Treverton



**Amanda Gibson** is the HEE Advancing Practice Supervision and Assessment Lead for the East of England. Amanda is working as part of the East of England Faculty of Advancing Practice on driving forward the Advancing Practice agenda including supporting quality supervision and assessment in our region. Amanda is a Diagnostic Radiographer with a background in quality improvement and clinical and academic education, strategic oversight of the NHS, and private/voluntary organisations.



**Marie Honeyfield** is a Primary Care Lead for Advanced Practice working at HEE, supporting access to educational programmes, portfolio routes and integration of the multi-professional framework for advanced clinical practice. She started her career in 2008 and her background is in Paediatric Nursing & clinical education, with a passion for restorative supervision and work based learning.



**Kim Treverton** is an ANP and is Primary Care Lead for Advanced Practice for HEE working across East of England. She supports multi-professional workplace supervision, improvement of learner assessment and experience, and advises current and future advanced practitioners. Kim works with ICSs, training hubs, and the wider workforce to promote and develop advanced practice in primary care.

### Join the Cambridgeshire and Peterborough flexible staff bank

Find and fill shifts across C&P with the easy to use digital platform powered by Lantum. [Click here to find out more](#)



Lantum



## Fellowship in General Practice

A 2-year programme of support and education for newly qualified GPNs

The Fellowship in General Practice funded by NHS England is designed to provide you with a 2-year programme of support and education as you get established in your new post.

You'll benefit from early career learning, mentorship, peer support and coaching, to help you develop your skills and progress your career in General Practice.

- A structured and supported induction to help you settle into your new environment.
- Monthly protected study time & practice-based learning.
- Dedicated GPN fellowship education sessions to learn alongside your peers.
- A named in-practice mentor & monthly mentoring time
- Bimonthly group supervision to help you discuss shared experiences, ask questions and build a supportive network.
- Access to recognised career development programmes and opportunities.

- Monthly protected study time
- Priority access to TH education and events
- Monthly in-practice mentoring
- Bi-monthly Group Supervision

### What our current C&P Fellows say...

*"The Fellowship supervision has really helped to support me transition into my role as a practice nurse. It is a neutral space to express my concerns and I value it greatly."*

[Click here to visit our website or contact us to find out more](#)

[www.cptraininghub.nhs.uk](http://www.cptraininghub.nhs.uk) Tel: 01733 666670 [candptraininghub@nhs.net](mailto:candptraininghub@nhs.net)

# Conference Tips

## Venue

Marriott Hotel, Kingfisher Way  
Hinchingsbrooke Business Park  
Huntingdon PE29 6FL

You can find a map of the location on google [here](#).

## Arrival

Arrive from 8.30, register at the conference reception and pick up your name tag and conference programme handout. Make your way to the Cambridge Suite ready to start.

## Workshops

Make sure you know which workshops you are booked onto, and check the room and start time in the programme handout. You can check at the conference reception desk if you are unsure.

## Refreshments & Lunch

There will be refreshment breaks at 11 am and 2.45pm in the Cambridge and College Rooms Foyers.

Lunch will be served at 12.30pm in the Market Kitchen.

## Conference Rooms

**Cambridge Suite:** Ground floor  
(go through the bar, entrance is in the far left corner)

**Downing Room:** Upstairs  
(off the College Rooms Foyer)

**Westminster Room:** Upstairs  
(off the College Rooms Foyer)

## Certificates

You can collect your certificate of attendance from conference reception at the end of the day. Your certificate has space on the back for you to fill in the workshops you attended and record your reflections.

## Feedback

Your feedback is valuable to us and helps to shape our education and events programme. Your conference programme has a feedback survey on the back. Please complete the form and hand it to conference reception when you collect your certificate at the end of the day. (If you forget [click here to complete the survey online](#).)

## Happy Nurses' Day!

Celebrate your incredible work and the difference you and your colleagues make to patients' lives.



# More from C&P Training Hub

## Upcoming events:

Click on the link to visit the booking page for the event.

**Wed 18 May 13:00-14:00 Staff Support Forum**

<https://www.eventbrite.co.uk/e/staff-support-forum-tickets-314519946627?aff=ebdsoporgprofile>

**Thu 19 May 13:00-14:00 Safeguarding Matters: L3 Liberty Protection Safeguards**

<https://cptraininghub.nhs.uk/event/safeguarding-matters-series-of-level-3-webinars-liberty-protection-safeguards/>

**Tue 24 May 13:00-14:30 Suicide Awareness and Response for Primary Care**

<https://cptraininghub.nhs.uk/event/stop-suicide/>

**Tue 06 June 11:30-12:30 Physical Activity Advice Training Session**

<https://cptraininghub.nhs.uk/event/physical-activity-advice-training-session-jun22/>

**Thu 09 June 12:30-14:00 General Practice Nurse Forum**

<https://cptraininghub.nhs.uk/event/general-practice-nurse-forum-3/>

**Wed 15 June 09:00-17:30 Immunisation and Injection Training for HCAs & Wed 22 June**

<https://cptraininghub.nhs.uk/event/injection-training-for-hcas-jun22/>

**Wed 22 June 10:00-12:30 Progestogen Only Contraception Update (inc. LARC)**

<https://cptraininghub.nhs.uk/event/progestogen-only-contraception-update-jun22/>

**Mon 11 July 09:30-12:30 Managing CHD in Primary Care**

<https://cptraininghub.nhs.uk/event/managing-chd-in-primary-care-jul22/>

Find details of all the latest Training Hub education events on our website at:

[www.cptraininghub.co.uk/events](http://www.cptraininghub.co.uk/events)





# CPTH2022

EMPOWERING STAFF, EMPOWERING PATIENTS



**11 MAY 2022**


9:00am – 4:30pm



## MARRIOTT HOTEL

Kingfisher Way  
Hinchingsbrooke Business Park  
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