**Directory of Online Safeguarding Level 3 Training**

This directory has been developed by Safeguarding leads across health services in Cambridge and Peterborough and comprises of a range of peer reviewed online training packages that could be suitable to meet the needs of those staff requiring level 3 Safeguarding training (Children and Adults) as per intercollegiate guidance (RCN, 2018 & 2019).

Safeguarding leads within your organisation will be able to advise on how completing these online modules will be recognised within your organisation and ensure this is counted towards your training records and what participatory training you will also need to undertake.

Courses have been themed in order for easy identification of staff groups that might be suitable to attend identified.

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| Maternity and Early Years Safeguarding Training | | | | | |  |
| **Training Source and Topic** | | | **Brief Description** | **Website** | | **Other Info** |
| E learning for Health:  *Perinatal Mental Health* | | | E-learning package with different modules.  This is aimed at midwives, health visitors and occupational therapists with no experience of perinatal mental health but could also be suitable for wider health professionals that are involved in caring for women with perinatal mental health needs. | <https://www.e-lfh.org.uk/programmes/perinatal-mental-health/> | | Need to register with organisational code. Certificate downloadable on completion. |
| Institute for Health Visiting:  *Contemporary Issues in Safeguarding and Child Protection* | | | Consists of 3x 45-minute e-learning modules aimed at health visitors (Content gets progressively more complex)  Module 1  Evidence Based Practice  Module 2  Universal and Universal Plus Services  Module 3  Universal Partnership Plus | <https://ihv.org.uk/for-health-visitors/resources-for-members/resource/e-learning/safeguarding-e-learning-module-1/>  <https://ihv.org.uk/for-health-visitors/resources-for-members/resource/e-learning/safeguarding-e-learning-module-2/>  <https://ihv.org.uk/for-health-visitors/resources-for-members/resource/e-learning/safeguarding-e-learning-module-3/> | | No need to register- open access. Certificate downloadable on completion |
| Sexual Abuse Training | | | | | |  |
| **Training Source and Topic** | | | **Brief Description** | **Website** | | **Other Info** |
| E learning for Health/ Brook: *Child Sexual Exploitation* | | | 30–45-minute e-learning package designed by Brook.  Needs to be viewed on Chrome not Internet Explorer. | <https://www.e-lfh.org.uk/programmes/child-sexual-exploitation/> | | Need to register- use organisational code.  Certificate downloadable on completion |
| Cambridge and Peterborough Safeguarding Children Partnership Board (CPSCPB)  Cambridge and Peterborough Safeguarding Children Partnership Board (CPSCPB) | | | 1 hour webinar by Dr Emilia Wawrzkowicz Designated Doctor for Safeguarding Children and Child Death Cambridge and Peterborough CCG, Sharon Nicholson Detective Sergeant Child Abuse Investigation and Safeguarding Unit (CAISU) Cambridgeshire Constabulary and Hannah Moss Children’s Social Care  Informative 45-minute webinar by Emilia paediatric administrator at the Elms (Sexual Assault referral centre - The Elms). Explaining local paediatric sexual assault services and processes. Contains pictures of paediatric clinical environments to prepare clinicians and CYP for referral. | <https://youtu.be/XE9L_FYA4fc>  \*The Brook Traffic Light Tool is no longer advocated by CPSCB please use localized tool here:  [Child-Sexual-Abuse-Assessment-Tool.pdf (safeguardingcambspeterborough.org.uk)](https://www.safeguardingcambspeterborough.org.uk/wp-content/uploads/2021/06/Child-Sexual-Abuse-Assessment-Tool.pdf)  <https://youtu.be/7u5v0C3-YCw> | | No certificate but reflective account could be written to evidence learning.  No certificate but reflective account could be written to evidence learning. |
| Emotional Abuse | | | | | |  |
| **Training Source and Topic** | | | **Brief Description** | **Website** | | **Other Info** |
| Royal College of Paediatrics and Child Health: *Emotional Abuse and Neglect* | | | 1 hour 25-minute e-learning package.  Aimed to support professionals to identify the key features of emotional abuse and neglect and how this should be managed using a multi-agency approach. | <https://www.rcpch.ac.uk/resources/emotional-abuse-emotional-neglect-online-learning> | | Need to register.  Certificate downloadable on completion. |
| Domestic Abuse | | | | | |  |
| **Training Source and Topic** | | | **Brief Description** | **Website** | | **Other Info** |
| E-learning for Health: | | | Updated content (2020) covers four new introductory modules. Each of the four eLearning modules last around 30-45 minutes and covers:  (1)Understanding domestic violence and abuse.  (2)Identification of domestic violence and abuse.  (3)Risk assessment for victims of domestic violence and abuse.  (4)Safety planning and support for families | <https://www.e-lfh.org.uk/domestic-violence-and-abuse-e-learning-new-sessions-available/> | | Need to register- use organisational code.  Certificate downloadable on completion of each module. |
| Modern Slavery and Exploitation | | | | | |  |
| **Training Source and Topic** | | | **Brief Description** | **Website** | | **Other Info** |
| Royal College of Paediatrics and Child Health: *Exploitation of Children and Young People* | | | 1 hour 15 minutes e- learning package aimed at a multi- agency audience to identify the features of exploitation of vulnerable children in a range of settings and how these should be managed. | <https://www.rcpch.ac.uk/resources/exploitation-children-young-people-online-learning> | | Need to register.  Certificate downloadable on completion. |
| E learning for Health: *Modern Slavery* | | | 30-minute e-learning session at frontline healthcare staff to identify victims of modern slavery and take appropriate action to address their health and safety needs. | https://www.e-lfh.org.uk/programmes/modern-slavery/ | | Need to register- use organisational code.  Certificate downloadable on completion |
| Institute for Health Visiting:  *Domestic Slavery and how to spot the signs e-learning module* | | | 30-minute e-learning module specifically aimed for health visitors but also suitable for other health care professionals | <https://ihv.org.uk/for-health-visitors/resources-for-members/resource/e-learning/domestic-slavery-spot-signs-e-learning/> | | No need to register- open access. Certificate downloadable on completion |
| Home Office | | | 45-minute e learning package focusing on Modern Slavery with a focus on children from a multi-agency perspective. Explains National Referral Mechanism | [Modern Slavery: Child Focus (policingslavery.co.uk)](https://www.policingslavery.co.uk/TacklingChildModernSlavery/) | | No need to register no certificate is available but could complete workbook here to evidence learning. |
| Honour Based Violence | | | | | |  |
| **Training Source and Topic** | | | **Brief Description** | **Website** | | **Other Info** |
| Royal College of Paediatrics and Child Health: *Female Genital Mutilation* *(FGM)*  This content sits on the HEE e-lfh platform. | | | The Female Genital Mutilation programme (e-FGM) is made up of five 20 to 30 minute eLearning sessions which are designed to improve the knowledge and awareness amongst healthcare professionals of some of the issues which FGM has on women and children. | https://www.rcpch.ac.uk/resources/female-genital-mutilation-online-learning | | Need to register.  Certificate downloadable on completion. |
| Virtual College developed with the Forced Marriage Unit, Home Office:  *Awareness of Forced Marriage* | | | Aimed at all professionals working with children, young people and adults. After completing this training, you will be able to:  Recognise the warning signs of forced marriage  Take the right actions to help protect the potential victim  Co-operate effectively with other agencies. **Duration 3 hours to complete**. | <https://www.virtual-college.co.uk/resources/free-courses/awareness-of-forced-marriage> | | Need to register.  Certificate Downloadable on Completion. |
| Virtual College, developed with the Home Office:  *Female Genital Mutilation: Recognising and Preventing FGM* | | | This course is useful for anyone who is interested in gaining an overview of FGM, particularly frontline staff in healthcare, police, border force and children’s social care. Designed to help professionals recognise FGM and what to do if you have a concern. **Duration 4 hours to complete** | https://www.virtual-college.co.uk/resources/free-courses/recognising-and-preventing-fgm | | Need to register.  Certificate Downloadable on Completion |
| Generic Level 3 Resources | | | | | |  |
| **Training Source and Topic** | | | **Brief Description/ Audience Focus** | **Website** | | **Other Info** |
| E learning for Health: *Safeguarding Children Level 3 Training* | | | Approx. 2-hour e-learning package that covers majority of requirements of Safeguarding Children Level 3 Training: Including sudden or unexpected death in childhood, parental risk factors, unexplained injuries, disability, and neglect, fabricated and induced illness and adolescents presenting with intoxication. | <https://www.e-lfh.org.uk/programmes/safeguarding-children/> | | Need to register with organisational code.  Certificate downloadable on completion.  \*Within the introduction there is a case study of an abused child ‘George Allen’ please ensure you refer to your organisation’s policy on bruising in pre-mobile babies (further information is available on the Cambridge and Peterborough Safeguarding Partnership Board Website (listed below) |
| Future learn NHS Health Education England  Safeguarding Adults Level 3 Training | | | Modules are 1 hour each week, for 3 weeks (or 3 hours total).  For healthcare professionals involved in assessing, planning, intervening, and evaluating the needs of adults where there are safeguarding concerns. Builds knowledge and skills in a multi-agency approach to identify and respond to adult safeguarding concerns, consent, documentation and safeguarding supervision. | <https://www.futurelearn.com/courses/level-3-safeguarding-adults> | | **Free** course upgrade for NHS staff with NHS e-mail.    Certificate Downloadable on Completion |
| Trauma Informed Practice | | | | | |  |
| ACES online  Funded by Home Office | | The Adverse childhood experiences course is aimed at professionals and volunteers who work with children, young people and their families.  50 Minutes needed to complete the training. | | <https://www.acesonlinelearning.com/> | | Certificate downloadable on completion |
| Mental Capacity | | | | | |  |
| NHS Health Education England:  Mental Capacity Act  Medical Protection, Cambridgeshire County Council and CCG. *Mental Capacity Act and Deprivation of Liberty Safeguards* | There are 11 modules each taking between 20-30 minutes each to complete (Total 3 hours).  9 Modules varying from 5-20 minutes to complete. Interactive scenarios and informative videos. (Total 2hrs 30 mins) | | | | <https://www.e-lfh.org.uk/programmes/mental-capacity-act/>  [The Mental Capacity Act and Deprivation of Liberty Safeguards online course](https://www.medicalprotection.org/uk/articles/mental-capacity-act-online-learning-course) | Certificate downloadable on completion  Certificate  downloadable on completion |
| Prevent and Radicalisation | | | | | |  |
| HM Government | | | This course is an introduction to the Prevent duty and explains how it aims to safeguard vulnerable people from being radicalised to supporting terrorism or becoming terrorists themselves. 45 minutes to complete. | <https://www.elearning.prevent.homeoffice.gov.uk/edu/screen1.html> | | Certificate downloadable on completion |

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| Other Useful Resources and Websites |

Here are some other helpful learning resources that may provide broader information or an introduction to Safeguarding rather than meet the specific requirements of Level 3 Training.

**Against Violence and Abuse**

A range of online and eLearning training on gender-based violence and abuse funded by home office free to access <https://avaproject.org.uk/training/>

**Cambridge and Peterborough Safeguarding Partnership Board**

A selection of e-learning modules and live training sessions are available via the Cambridge and Peterborough Safeguarding Partnership Board Website

<https://www.safeguardingcambspeterborough.org.uk/home/availabletraining/>

**Cambridge and Peterborough Domestic and Sexual Violence Partnership**

E-learning modules on Domestic and Sexual Violence Awareness

<https://www.cambsdasv.org.uk/website/elearning_modules/92616>

**E-learning to support healthy minds (Health Education England and E-Learning for Health)**

A selection of e-learning focused on mental wellbeing produced in affiliation with Health Education England and E-learning for Health

<https://www.minded.org.uk/catalogue/TileView>

**HM Government and NHS England Tackling Homelessness**

Two eLearning sessions to support the health and care workforce to understand the health impacts of homelessness.

<https://www.e-lfh.org.uk/programmes/tackling-homelessness/>

**Mental Capacity, Deprivation of Liberty and Liberty Protection Safeguards**

A selection of articles, webinars and whole host of guides to applying MCA to practice.

[Mental Capacity Law and Policy](https://www.mentalcapacitylawandpolicy.org.uk/)

A useful interactive tool to help work through complicated MCA real life scenarios

[Home - Capacity guide](https://capacityguide.org.uk/)

Sue Inker, lawyer, and subject matter expert, gives an overview and valuable insight into the draft codes.

[Liberty Protection Safeguards webinar (bondsolon.com)](https://www.bondsolon.com/liberty-protection-safeguards-webinar/)

**NHS England Eastern Region Learning Resources**

Learning platform that hosts a variety of safeguarding learning sessions on a variety of safeguarding topics.

<https://eastsafeguardinglearningplatform.co.uk/learningresources>

**NSPCC Learning Podcasts**

A series of episodes on a range of child protection issues free to access via Spotify <https://open.spotify.com/show/1NNpmJRODytDnAKKYIyghq>

**Royal College of General Practitioners’**

<https://www.rcgp.org.uk/clinical-and-research/safeguarding.aspx#training>

**Safeguarding Level 4**

E-learning for healthcare *NHS London Region Virtual Safeguarding Conference* 2020. Serious Violence and Exploitation themed sessions from a range of expert speakers.

<https://www.e-lfh.org.uk/programmes/nhs-london-region-virtual-safeguarding-conference-2020/>

**Dementia Awareness**

Online course which raises awareness and skills of staff who work with people with dementia. It aligns with Tier 1 of the National Dementia Training Standards Framework

<https://www.e-lfh.org.uk/programmes/the-lived-experience-of-dementia/>

**Understanding Young Minds**

Introductory course to enable professionals to talk to children about emotional resilience and self-harm.

<https://www.virtual-college.co.uk/courses/safeguarding/understanding-young-minds>

**Eating Disorders**

Range of learning and Simulation resources aimed at medical students and foundation doctors but suitable for other Healthcare professionals.

<https://www.beateatingdisorders.org.uk/training-events/find-training/eating-disorders-training-for-medical-students-and-foundation-doctors/>

**We can Talk**

Excellent website which contains e learning packages, resources and other materials developed with Children and Young People to improve the experience of children and young people who attend hospital due to their mental. Aimed at any staff working within an acute hospital trust. Your organisation will need to sign up to access all materials but some are accessible to all.

[Home - We Can Talk](https://wecantalk.online/)