

Cambridgeshire and Peterborough Training Hub have compiled the below list of available training courses and programmes to create a Personalised Care Roles Training Matrix & Personal Development document.

Personalised Care Roles Training Matrix & Personal Development for Health and Wellbeing Coaches				
Area of competency	Requirement	Details/Links	Cost	Completion
NHS England Mandatory Training	Primary	Personalised Care Institute: 1. Core Skills 2. Shared decision making 3. Personalised Care & Support Planning <a href="https://www.personalisedcareinstitute.org.uk/">https://www.personalisedcareinstitute.org.uk/</a>	Free	Online 1 hour 30 mins 45 mins
HEE E-learning for healthcare	Primary	Mandatory and Statutory Training <ul style="list-style-type: none"> <li>• Conflict Resolution – Level 1</li> <li>• Data Security Awareness – Level 1</li> <li>• Equality and Diversity and Human Rights – Level 1</li> <li>• Fire Safety – Level 1</li> <li>• Health, Safety and Welfare – Level 1</li> <li>• Infection Prevention and Control – Level 1</li> <li>• Moving and Handling – Level 1</li> <li>• Preventing Radicalisation – Basic Prevent Awareness</li> <li>• Resuscitation – Level 1</li> <li>• Safeguarding Children – Level 1</li> <li>• Safeguarding Adults – Level 1</li> </ul> <a href="https://www.e-lfh.org.uk/">Statutory and Mandatory Training - elearning for healthcare (e-lfh.org.uk)</a>	Free	Online 30 mins each topic
NHS England recommended training	Primary	Where a PCN employs or engages a Social Prescriber under the Additional Roles Reimbursement Scheme, the PCN must ensure that the SPLW completes; <ol style="list-style-type: none"> <li>1. 4 day health coaching to meet the competencies on the framework</li> <li>2. adheres to a code of ethics and conduct in line with the NHS England and NHS Improvement Health coaching Implementation and Quality Summary Guide <a href="#">Microsoft Word - Health Coaching Summary Guide.docx (england.nhs.uk)</a></li> </ol> In considering which course would be most appropriate for their Health & Wellbeing Coaches, PCN managers are encouraged to consult the PCI website which provides details of accredited suppliers and courses available. See <a href="https://www.personalisedcareinstitute.org.uk/accredited-training/">https://www.personalisedcareinstitute.org.uk/accredited-training/</a>	Free	Online Reading

<b>Introduction to the Social Prescribing Link Worker role</b>	Primary	1. NHSE Welcome Pack - <a href="https://www.england.nhs.uk/publication/health-coaching-and-care-coordination-welcome-packs/">https://www.england.nhs.uk/publication/health-coaching-and-care-coordination-welcome-packs/</a>	Free	Reading
	Primary	2. Online learning community - <a href="https://future.nhs.uk/HealthandWellbeingCoaches">https://future.nhs.uk/HealthandWellbeingCoaches</a>	Free	Ongoing (webinars included)
	Primary	3. Introduction into Primary Care (CPTH Training Hub) <a href="https://www.cptraininghub.nhs.uk/induction-programme-for-staff-new-to-primary-care">Induction Programme for Staff New to Primary Care - Training Hub (cptraininghub.nhs.uk)</a>	Free	Online (2 days) Attendance Cert
	Primary	4. Introduction into the Voluntary Sector (Care Network) <a href="https://www.cptraininghub.nhs.uk/introduction-to-the-voluntary-sector-for-personalised-care-roles">Introduction to the Voluntary Sector for Personalised Care Roles - Training Hub (cptraininghub.nhs.uk)</a>	Free	Online (4 days) Attendance Cert
	Primary	5. Understanding the Link Worker role (NHSE e-learning for healthcare) <a href="https://www.e-lfh.org.uk/social-prescribing">Social Prescribing - e-learning for healthcare (e-lfh.org.uk)</a>	Free	Online (6-8 hours) Completion Cert
	Additional	6. Leadership for Personalised Care: Masterclass <a href="https://www.youtube.com/channel/UC72lq_JcbdvsCB5D5K1DoQw">https://www.youtube.com/channel/UC72lq_JcbdvsCB5D5K1DoQw</a>	Free	Online (4.5 hours) Video Series
			7. Personalised Care Peer Leadership Foundation: Step 1 & 2 (Future Learn) <a href="https://www.futurelearn.com/courses/peer-leadership-foundation-step-1">https://www.futurelearn.com/courses/peer-leadership-foundation-step-1</a> <a href="https://www.futurelearn.com/courses/peer-leadership-foundation-step-2">https://www.futurelearn.com/courses/peer-leadership-foundation-step-2</a>	£ Variable
<b>Competencies to engage and connect with people</b>	Primary	1. Introduction to the link worker role (NHSE e-learning for healthcare) – <a href="https://portal.e-lfh.org.uk/Component/Details/594933">https://portal.e-lfh.org.uk/Component/Details/594933</a>	Free	Online (20 mins) Completion Cert
	Primary	2. Shared Decision Making (Personalised Care Institute) <a href="https://www.personalisedcareinstitute.org.uk/your-learning-options/">https://www.personalisedcareinstitute.org.uk/your-learning-options/</a>	Free	Online (30 mins)
	Additional	3. Communicating with empathy in end of life care <a href="https://www.e-lfh.org.uk/programmes/communicating-with-empathy/">https://www.e-lfh.org.uk/programmes/communicating-with-empathy/</a>	Free	Online (2-3hours) Completion Cert
	Primary	4. Conflict Resolution Level 1 (NHSE e-learning for health) <a href="https://portal.e-lfh.org.uk/Component/Details/459128">https://portal.e-lfh.org.uk/Component/Details/459128</a>	Free	Online (40 mins) Completion Cert
	Primary	5. Remote Consultation e-learning (Personalised Care Institute) <a href="https://www.personalisedcareinstitute.org.uk/your-learning-options/">https://www.personalisedcareinstitute.org.uk/your-learning-options/</a>	Free	Online (30 mins) Completion Cert
		6. Person Centered Approaches (NHSE e-learning for healthcare) <a href="https://www.e-lfh.org.uk/programmes/person-centred-approaches/">https://www.e-lfh.org.uk/programmes/person-centred-approaches/</a>	Free	Online (5 hours) Completion Cert
<b>Competences to enable and support people</b>	Primary	1. Developing Personalised Care and Support plans with people (NHSE e-learning for health) <a href="https://portal.e-lfh.org.uk/Component/Details/599835">https://portal.e-lfh.org.uk/Component/Details/599835</a>	Free	Online (20 mins) Completion Cert

	Primary	2. Supporting people with their mental health through social prescribing (NHSE e-learning for health) <a href="https://portal.e-lfh.org.uk/Component/Details/686508">https://portal.e-lfh.org.uk/Component/Details/686508</a>	Free	Online (45 mins) Completion Cert
	Primary	3. Personalised Care and Support Planning (PCSP) (Personalised Care Institute) <a href="https://www.personalisedcareinstitute.org.uk/your-learning-options/">https://www.personalisedcareinstitute.org.uk/your-learning-options/</a>	Free	Online (45 mins) Completion Cert
	Primary	4. Personalised Care and Support Plans -Maternity (Personalised Care Institute) <a href="https://www.personalisedcareinstitute.org.uk/your-learning-options/">https://www.personalisedcareinstitute.org.uk/your-learning-options/</a>	Free	Online (45 mins) Completion Cert
	Additional	5. Supporting Change Behaviour (RCN and Citizens Advice Bureau) <a href="https://www.rcn.org.uk/clinical-topics/supporting-behaviour-change">https://www.rcn.org.uk/clinical-topics/supporting-behaviour-change</a> <a href="http://asauk.org.uk/wp-content/uploads/2013/09/Partnerships-introduction-to-collaborative-working.pdf">http://asauk.org.uk/wp-content/uploads/2013/09/Partnerships-introduction-to-collaborative-working.pdf</a>	Free	Reading
	Primary	6. Personal Health Budgets (Personalised Care Institute) <a href="https://www.personalisedcareinstitute.org.uk/your-learning-options/">https://www.personalisedcareinstitute.org.uk/your-learning-options/</a>	Free	Online (2 hours) Completion Cert
	Primary	7. Keeping records and measuring impact (NHSE e-learning for healthcare) <a href="https://portal.e-lfh.org.uk/Component/Details/608408">https://portal.e-lfh.org.uk/Component/Details/608408</a>	Free	Online (25 mins) Completion Cert
	Primary	8. Safeguarding Vulnerable people (NHSE e-learning for healthcare) <a href="https://portal.e-lfh.org.uk/Component/Details/603643">https://portal.e-lfh.org.uk/Component/Details/603643</a>	Free	Online (25 mins) Completion Cert
	Primary	9. Safeguarding Adults Level 1 & 2 (NHSE e-learning for healthcare) <a href="https://www.e-lfh.org.uk/programmes/safeguarding-adults/">https://www.e-lfh.org.uk/programmes/safeguarding-adults/</a>	Free	Online (40 mins each) Completion Cert
	Primary	10. Safeguarding Children & Young people Levels 1 & 2 (NHSE e-learning for healthcare) <a href="https://www.e-lfh.org.uk/programmes/safeguarding-children/">https://www.e-lfh.org.uk/programmes/safeguarding-children/</a>	Free	Online (30 + 35 mins) Completion Cert
	Primary	11. Preventing Radicalisation – Basic Prevent Awareness <a href="https://portal.e-lfh.org.uk/Component/Details/544242">https://portal.e-lfh.org.uk/Component/Details/544242</a>	Free	Online (35 mins) Completion Cert
		12. Universal Personalised Care: Making Personalised Care Happen Easy Read <a href="https://www.england.nhs.uk/publication/universal-personalised-care-implementing-the-comprehensive-model-easy-read/">https://www.england.nhs.uk/publication/universal-personalised-care-implementing-the-comprehensive-model-easy-read/</a>	Free	Reading
		13. Make Every Contact Count (MECC) <a href="https://www.makeeverycontactcount.co.uk/">https://www.makeeverycontactcount.co.uk/</a>	Free	Reading

<b>Community Development</b>	Primary	1. Introducing people to community groups and VCSE organisations (NHSE e-learning for healthcare) <a href="https://portal.e-lfh.org.uk/Component/Details/603640">https://portal.e-lfh.org.uk/Component/Details/603640</a>	Free	Online (20 ins) Completion Cert
	Additional	2. Collaboration and partnership working <a href="https://www.local.gov.uk/sites/default/files/documents/partnering-and-multi-agen-ee0.pdf">https://www.local.gov.uk/sites/default/files/documents/partnering-and-multi-agen-ee0.pdf</a>	Free	Reading
	Additional	3. Asset based community development <a href="https://www.nurtureddevelopment.org/asset-based-community-development/">https://www.nurtureddevelopment.org/asset-based-community-development/</a>	Free	Reading
	Additional	4. Developing Partnerships (NHSE e-learning for healthcare) <a href="https://portal.e-lfh.org.uk/Component/Details/603637">https://portal.e-lfh.org.uk/Component/Details/603637</a>	Free	Online (25 mins) Completion Cert
<b>Health Coaching training accredited with the PCI</b>	Primary	<p>Dedicated health coaching training accredited with the PCI. They follow similar themes of developing staff who are capable and confident to tailor coaching to people's self-management capability.</p> <p>The 4 day course is aimed at Link workers. For more information on the courses please click <a href="#">here</a></p> <p>If you would like to apply for a funded place, please email Jackie Brisbane <a href="mailto:jackie.brisbane@nhs.net">jackie.brisbane@nhs.net</a></p>	Free (currently funded)	Online (4 day) Certificate on Completion

### FutureNHS COLLABORATION PLATFORM & NHSE WEBINARS

Online Learning Community – Peer Support, Forums, Resources  
& National Webinar Series

**NHSE invite HWBCs to a themed, live webinar every fortnight, and upload the recording and the slides with links to the resources discussed during the session.**  
Sign up or login to the FutureNHS Collaboration platform via this link: <https://future.nhs.uk/system/home>

**COMMUNICATION AND PERSONABLE SKILLS OF THE LINK WORKER**

<b>Effective Communication</b>	Secondary	<a href="http://www.social-care.tv/courses/course-details/3">http://www.social-care.tv/courses/course-details/3</a>	£1.49 plus VAT	Completion Certificate (50 mins)
<b>Health Literacy</b>	Secondary	<a href="https://www.e-lfh.org.uk/programmes/healthliteracy/">https://www.e-lfh.org.uk/programmes/healthliteracy/</a>	Free	Completion Certificate
<b>Communicating with Empathy</b>	Secondary	<a href="https://www.e-lfh.org.uk/programmes/communicating-with-empathy/">https://www.e-lfh.org.uk/programmes/communicating-with-empathy/</a>	Free	Completion Certificate
<b>Dignity and Respect</b>	Secondary	<a href="https://www.dignityincare.org.uk/Resources/Training_resources/">https://www.dignityincare.org.uk/Resources/Training_resources/</a>	Free	Reading
<b>Presentation Skills</b>	Secondary	<a href="https://www.mindtools.com/pages/article/newCS_96.htm">https://www.mindtools.com/pages/article/newCS_96.htm</a>	Free	Reading (3 mins)
<b>Listening Skills</b>	Secondary	<a href="https://www.mindtools.com/CommSkill/ActiveListening.htm">https://www.mindtools.com/CommSkill/ActiveListening.htm</a>	Free	Reading (5 mins)
<b>Conflict resolution</b>	Secondary	<a href="https://www.mindtools.com/pages/article/newLDR_81.htm">https://www.mindtools.com/pages/article/newLDR_81.htm</a>	Free	Reading (9 mins)
<b>Challenging Behaviour</b>	Additional	<a href="http://www.social-care.tv/courses/course-details/2">http://www.social-care.tv/courses/course-details/2</a>	£1.49 plus VAT	Completion Certificate (45 mins)
<b>Self-Management</b>	Primary	<ol style="list-style-type: none"> <li><a href="https://www.health.org.uk/sites/default/files/RtVSupportingSelfManagement.pdf">https://www.health.org.uk/sites/default/files/RtVSupportingSelfManagement.pdf</a></li> <li><a href="https://reader.health.org.uk/practical-guide-to-self-management-support/introduction">https://reader.health.org.uk/practical-guide-to-self-management-support/introduction</a></li> </ol>	Free	Reading
<b>Behaviour change</b>	Primary	<ol style="list-style-type: none"> <li><a href="https://www.nice.org.uk/guidance/ph6/chapter/1-Public-health-need-and-practice">https://www.nice.org.uk/guidance/ph6/chapter/1-Public-health-need-and-practice</a></li> <li><a href="https://www.eufic.org/en/healthy-living/article/motivating-behaviour-change">https://www.eufic.org/en/healthy-living/article/motivating-behaviour-change</a></li> </ol>	Free	Reading

Conversations with Vulnerable People	Secondary	<a href="https://www.samaritans.org/how-we-can-help/workplace/workplace-staff-training/course-conversations-vulnerable-people/">https://www.samaritans.org/how-we-can-help/workplace/workplace-staff-training/course-conversations-vulnerable-people/</a>	Enquire	Completion Certificate
Supporting vulnerable people over the phone	Additional	<a href="https://www.bbbc.org.uk/news-and-resources-social-prescribing-training-supporting-vulnerable-people-over-the-phone/">https://www.bbbc.org.uk/news-and-resources-social-prescribing-training-supporting-vulnerable-people-over-the-phone/</a>	Free	Pre recorded training session
Person Centered Coaching	Primary	<a href="https://www.open.edu/openlearn/ocw/mod/oucontent/view.php?id=74755&amp;section=2">https://www.open.edu/openlearn/ocw/mod/oucontent/view.php?id=74755&amp;section=2</a>	Free	Completion Certificate
GROW coaching model	Additional	Useful, quick video on the GROW model in coaching <a href="#">The GROW Model - Bing video</a>	Free	Video
Workload Management	Additional	<a href="https://career-advice.jobs.ac.uk/career-development/tips-for-time-management-and-balancing-a-busy-workload/">https://career-advice.jobs.ac.uk/career-development/tips-for-time-management-and-balancing-a-busy-workload/</a>	Free	Reading
Mental Health in the workplace	Additional	<ol style="list-style-type: none"> <li>1. <a href="#">ACAS resources</a></li> <li>2. <a href="https://mhfaengland.org/mhfa-centre/webinars/">https://mhfaengland.org/mhfa-centre/webinars/</a></li> </ol>	Free	Reading
Lone Working	Additional	<a href="https://www.hse.gov.uk/pubns/indg73.pdf">https://www.hse.gov.uk/pubns/indg73.pdf</a>	Free	Reading
<b>IT Tools &amp; Data Protection</b>				
Handling data and information	Primary	<a href="https://www.e-lfh.org.uk/programmes/data-security-awareness/">https://www.e-lfh.org.uk/programmes/data-security-awareness/</a>	Free	Completion Certificate
JOY App	Primary	Cambridgeshire and Peterborough ICB <a href="https://cptraininghub.nhs.uk/event/joy-app-update/">https://cptraininghub.nhs.uk/event/joy-app-update/</a>	Free	Online
Clinical Systems	Primary	EMIS Support: <a href="https://cptraininghub.nhs.uk/resource/emis-training-resource/">https://cptraininghub.nhs.uk/resource/emis-training-resource/</a> Clinical Systems training: <a href="https://cptraininghub.nhs.uk/resource/clinical-systems-training-systmone-and-emis/">https://cptraininghub.nhs.uk/resource/clinical-systems-training-systmone-and-emis/</a>	Free	Online
Ardens	Secondary	<a href="#">Ardens Training Resources - Training Hub (cptraininghub.nhs.uk)</a>	Free	Online

CPTH invite HWBCs to sign up to the newsletter and register on the website to receive information on training, updates, support and funding opportunities

Sign up [Join our mailing list - Training Hub \(cptraininghub.nhs.uk\)](https://cptraininghub.nhs.uk)



Find more training here:

[Events – Training Hub \(cptraininghub.nhs.uk\)](https://cptraininghub.nhs.uk)

MANAGEMENT SKILLS				
		Personalised Plan Wellbeing Template ( <i>National Academy for Social Prescribing</i> ): <a href="http://www.socialprescribingacademy.org.uk/helpful-new-covid-19-resource-personalised-wellbeing-plan-template/">http://www.socialprescribingacademy.org.uk/helpful-new-covid-19-resource-personalised-wellbeing-plan-template/</a>	Free	Reading / Resource
<b>Volunteering training (Managing a Group of Volunteers)</b>	Secondary	<a href="https://knowhow.ncvo.org.uk/your-team/volunteers/keeping/supporting-volunteers">https://knowhow.ncvo.org.uk/your-team/volunteers/keeping/supporting-volunteers</a>	Free	Reading
<b>Community Development (building groups)</b>	Secondary	<a href="https://www.gov.uk/government/publications/community-development-handbook/community-development-handbook">https://www.gov.uk/government/publications/community-development-handbook/community-development-handbook</a>	Free	Reading
<b>Grants &amp; Funding Applications</b>	Secondary	<a href="https://mycommunity.org.uk/funding-options/raising-finance-options/grants/">https://mycommunity.org.uk/funding-options/raising-finance-options/grants/</a>	Free	Reading
<b>Support &amp; Supervision</b>	Primary	<a href="https://nhs473655559.files.wordpress.com/2020/07/splw-support-matrix-incl-supervision-07.20.pdf">https://nhs473655559.files.wordpress.com/2020/07/splw-support-matrix-incl-supervision-07.20.pdf</a>	Free	Reading / Resource
<b>Coaching others how to coach</b>	Secondary	<a href="https://www.open.edu/openlearn/health-sports-psychology/coaching-others-coach/content-section-overview?active-tab=content-tab">https://www.open.edu/openlearn/health-sports-psychology/coaching-others-coach/content-section-overview?active-tab=content-tab</a>	Free	Completion Confirmation
<b>Collaborative working in a remote team</b>	Additional	<a href="https://www.futurelearn.com/courses/collaborative-working-in-a-remote-team">https://www.futurelearn.com/courses/collaborative-working-in-a-remote-team</a>	Free	Completion certificate

LOOKING AFTER YOURSELF				
<i>Often in receiving support ourselves, we learn the importance of the services we are linking people into, and techniques for supporting our clients – some of these options are not strictly training, but will be fertile ground for learning.</i>				
Free coaching support for SPLW	To sign up: <a href="https://people.nhs.uk/lookingafteryoutoo/">https://people.nhs.uk/lookingafteryoutoo/</a>		Free	Service
Resilience chats	<a href="https://www.wisdomandwellbeing.co.uk/the-listening-space">https://www.wisdomandwellbeing.co.uk/the-listening-space</a>		Free	Service
NHS staff support line	From 7:00am – 11:00pm, seven days a week, operated by Samaritans: Call 0800 089622		Free	Service

NHS staff bereavement support line	From 8:00am – 8:00pm, seven days a week, operated by Hospice UK: Call 0300 3034434	Free	Service
NHS staff counselling support	A free service developed and funded by the Association of Christian Counsellors, who are offering up to 10 online or telephone counselling sessions to people working within the NHS who are directly impacted by COVID-19 <a href="https://www.acc-uk.org/news/hidden-holding-pages/covid-19-crisis-counselling-support-service.html">https://www.acc-uk.org/news/hidden-holding-pages/covid-19-crisis-counselling-support-service.html</a> The confidential service is open to people of all beliefs and none, and you can ask to be matched on ethnicity.	Free	Service
Techniques for stress reduction	<a href="#">NHS England » Finding calm amongst the chaos</a>	Free	Videos

**Knowledge and Awareness of Health** (For clinical advice, please contact GP or for more information around additional help & support contact your local voluntary organisation), Also search a range of conditions here: <https://healthandcarevideos.uk/>

Covid-19	Secondary	Psychological first aid for Covid-19: <a href="https://www.futurelearn.com/courses/psychological-first-aid-covid-19/1">https://www.futurelearn.com/courses/psychological-first-aid-covid-19/1</a>	Free	Completion Certificate
	Secondary	<a href="https://www.e-lfh.org.uk/programmes/covid-19-recovery-and-rehabilitation/">https://www.e-lfh.org.uk/programmes/covid-19-recovery-and-rehabilitation/</a>	Free	Completion Certificate
Dementia	Secondary	<a href="https://www.dementiafriends.org.uk/WEBArticle?page=what-is-dementia#.Xk076ElvI2w">https://www.dementiafriends.org.uk/WEBArticle?page=what-is-dementia#.Xk076ElvI2w</a>	Free	Reading
	Additional	<a href="https://www.dementiafriends.org.uk/WEBArticle?page=join-options">https://www.dementiafriends.org.uk/WEBArticle?page=join-options</a>	Free	Video / Face to face
Cancer	Secondary	<a href="https://www.cancerresearchuk.org/health-professional/awareness-and-prevention/talk-cancer-cancer-awareness-training-programme/how-to-participate">https://www.cancerresearchuk.org/health-professional/awareness-and-prevention/talk-cancer-cancer-awareness-training-programme/how-to-participate</a>	Free (with some conditions)	Completion Confirmation
End of Life	Secondary	<a href="https://www.mariecurie.org.uk/help/support/diagnosed/recent-diagnosis/palliative-care-end-of-life-care">https://www.mariecurie.org.uk/help/support/diagnosed/recent-diagnosis/palliative-care-end-of-life-care</a>	Free	Reading
Learning Disabilities Awareness	Secondary	<a href="https://www.skillsplatform.org/courses/2753-learning-disabilities-awareness?_ga=2.72112474.859182633.1582120390-1683584990.1582120390">https://www.skillsplatform.org/courses/2753-learning-disabilities-awareness?_ga=2.72112474.859182633.1582120390-1683584990.1582120390</a>	£12	Completion Certificate



<b>Mental Health</b>	Secondary	List of Mental Health Training on E-learning: <a href="https://future.nhs.uk/socialprescribing/view?objectId=82287141">https://future.nhs.uk/socialprescribing/view?objectId=82287141</a>	Free	Completion Certificate
	Secondary	<ol style="list-style-type: none"> <li>1. Mental Health First Aid <a href="https://cptraininghub.nhs.uk/">https://cptraininghub.nhs.uk/</a></li> <li>2. MHFA England - <a href="https://mhfaengland.org/">https://mhfaengland.org/</a></li> </ol>	Free via Training Hub	Completion Certificate
	Secondary	5 steps to mental wellbeing: <a href="https://www.nhs.uk/mental-health/self-help/guides-tools-and-activities/five-steps-to-mental-wellbeing/">https://www.nhs.uk/mental-health/self-help/guides-tools-and-activities/five-steps-to-mental-wellbeing/</a>	Free	Reading
<b>Suicide Awareness</b>	Additional	<a href="https://www.e-lfh.org.uk/programmes/suicide-prevention/">https://www.e-lfh.org.uk/programmes/suicide-prevention/</a>	Free	Completion Certificate
	Additional	<a href="https://www.zerosuicidealliance.com/training">https://www.zerosuicidealliance.com/training</a>	Free	Completion Confirmation
<b>Personality Disorders</b>	Additional	<a href="http://www.social-care.tv/courses/course-details/1016">http://www.social-care.tv/courses/course-details/1016</a>	£1.49	Reading
<b>Self-Harm</b>	Additional	<a href="http://www.social-care.tv/courses/course-details/1002">http://www.social-care.tv/courses/course-details/1002</a>	£1.49	Reading
<b>Eating Disorder</b>	Additional	<a href="http://www.social-care.tv/courses/course-details/1020">http://www.social-care.tv/courses/course-details/1020</a>	£1.49	Reading
<b>Addiction</b>				
<b>Alcoholism</b>	Secondary	<a href="https://www.nhs.uk/live-well/alcohol-support/">https://www.nhs.uk/live-well/alcohol-support/</a>	Free	Reading
<b>Substance Misuse</b>	Secondary	<a href="https://www.nhs.uk/live-well/healthy-body/drug-addiction-getting-help/">https://www.nhs.uk/live-well/healthy-body/drug-addiction-getting-help/</a>	Free	Reading
<b>Gambling</b>	Additional	<a href="https://www.nhs.uk/live-well/healthy-body/gambling-addiction/">https://www.nhs.uk/live-well/healthy-body/gambling-addiction/</a>	Free	Reading
<b>Smoking</b>	Secondary	<a href="https://www.nhs.uk/smokefree/help-and-advice">https://www.nhs.uk/smokefree/help-and-advice</a>	Free	Reading
	Additional	<a href="https://elearning.ncsct.co.uk/vba-launch">https://elearning.ncsct.co.uk/vba-launch</a>	Free	Completion Confirmation
<b>Smoking in Pregnancy</b>	Additional	<a href="https://www.nhs.uk/start4life/pregnancy/smoking/">https://www.nhs.uk/start4life/pregnancy/smoking/</a>	Free	Reading

Children / Young people				
Child oral health	Additional	<a href="https://portal.e-lfh.org.uk/Component/Details/587510">https://portal.e-lfh.org.uk/Component/Details/587510</a>	Free	Completion Certificate
Childhood obesity	Additional	<a href="https://portal.e-lfh.org.uk/Catalogue/Index?HierarchyId=0_41737_42670&amp;programmeld=41737">https://portal.e-lfh.org.uk/Catalogue/Index?HierarchyId=0_41737_42670&amp;programmeld=41737</a>	Free	Completion Certificate
Introductions to Adverse Childhood Experiences	Additional	<a href="https://www.acesonlinelearning.com/">https://www.acesonlinelearning.com/</a>	Free	Completion Certificate
Equalities				
Vulnerable People	Additional	<a href="https://www.e-lfh.org.uk/programmes/social-prescribing/">https://www.e-lfh.org.uk/programmes/social-prescribing/</a>	Free	Completion Certificate
Modern Slavery	Additional	<a href="https://www.open.edu/openlearn/society-politics-law/modern-slavery/content-section-0?active-tab=description-tab">https://www.open.edu/openlearn/society-politics-law/modern-slavery/content-section-0?active-tab=description-tab</a>	Free	Completion Certificate
Awareness & Inclusivity	Additional	<a href="https://thecpsu.org.uk/im-involved-e-learning-course/">https://thecpsu.org.uk/im-involved-e-learning-course/</a>	Free	Completion Confirmation
LGBT	Additional	<a href="http://lgbt.foundation/piptrainingacademy?fbclid=IwAR2HO5emze0Cug9D7nb_Q7-IQ12RyuQvCUAhDqKE50cRqVxREM7zhX6QaiU">http://lgbt.foundation/piptrainingacademy?fbclid=IwAR2HO5emze0Cug9D7nb_Q7-IQ12RyuQvCUAhDqKE50cRqVxREM7zhX6QaiU</a>	Free	Completion Certificate
Carers	Additional	<a href="https://www.carersweek.org/about-us/about-caring">https://www.carersweek.org/about-us/about-caring</a>	Free	Reading
BAME	Additional	<a href="https://bamehealth.com/">BAME Health Matters   United Kingdom   bamehealth.com</a>	Free	Reading
Veterans	Additional	<a href="https://www.gov.uk/government/collections/veterans-seeking-support-with-physical-health">Veterans seeking support with physical health - GOV.UK (www.gov.uk)</a>	Free	Reading
Hate Crime	Additional	Understanding Hate Crime: <a href="https://www.reporthatenow.com/elearning">https://www.reporthatenow.com/elearning</a>	Free	Completion Confirmation
	Additional	Stop Hate UK Training services (range of training available for different organisations): <a href="https://www.stophateuk.org/stop-hate-uk-training-services/">https://www.stophateuk.org/stop-hate-uk-training-services/</a>	Enquire for costs	Completion Certificate
Lifestyle				
Healthy Eating & Nutrition	Additional	<a href="https://www.nhs.uk/live-well/eat-well/">https://www.nhs.uk/live-well/eat-well/</a>	Free	Reading
Weight Management	Additional	<a href="https://www.nhs.uk/live-well/healthy-weight/start-the-nhs-weight-loss-plan/">https://www.nhs.uk/live-well/healthy-weight/start-the-nhs-weight-loss-plan/</a>	Free	Reading
Physical activity	Additional	<a href="https://portal.e-lfh.org.uk/Catalogue/Index?HierarchyId=0_43667_43679&amp;programmeld=43667">https://portal.e-lfh.org.uk/Catalogue/Index?HierarchyId=0_43667_43679&amp;programmeld=43667</a>	Free	Completion Certificate

Safety & Wider Determinants of Health				
Domestic Violence	Additional	<a href="https://domesticviolenceuk.org/about/">https://domesticviolenceuk.org/about/</a>	Free	Reading
	Additional	<a href="https://www.e-lfh.org.uk/programmes/domestic-violence-and-abuse-elearning-for-health-visitors-and-nurses/">https://www.e-lfh.org.uk/programmes/domestic-violence-and-abuse-elearning-for-health-visitors-and-nurses/</a>	Free	Completion Certificate
	Additional	<a href="#">Course catalogue - Women's Aid Training Portal (womensaid.org.uk)</a>	£variable	Completion Certificate
Safeguarding	Primary	<a href="https://www.e-lfh.org.uk/programmes/safeguarding-adults/">https://www.e-lfh.org.uk/programmes/safeguarding-adults/</a>	Free	Completion Certificate
	Additional	<a href="https://portal.e-lfh.org.uk/Component/Details/603643">https://portal.e-lfh.org.uk/Component/Details/603643</a>	Free	Completion certificate
	Additional	<a href="https://www.england.nhs.uk/safeguarding/nhs-england-safeguarding-app/">https://www.england.nhs.uk/safeguarding/nhs-england-safeguarding-app/</a>	Free	Service / App
	Additional	<a href="https://www.basw.co.uk/guidance-safeguarding-adults-during-covid-19">https://www.basw.co.uk/guidance-safeguarding-adults-during-covid-19</a>	Free	Reading
Benefits	Additional	<a href="https://www.gov.uk/browse/benefits">https://www.gov.uk/browse/benefits</a> Contact local council for more information about welfare and eligibility	Free	Reading
Debt	Additional	<a href="https://www.citizensadvice.org.uk/debt-and-money/">https://www.citizensadvice.org.uk/debt-and-money/</a>	Free	Reading, & Resources
Housing	Additional	Range of modules advertised on NHAS training portal (face to face and online) <ul style="list-style-type: none"> <li><i>Awareness Level courses are for non-housing professionals working with people presenting with housing or homelessness issues.</i></li> <li><i>Level 1 is useful for anyone whose role involves proactive support and assistance to those with a housing or homelessness problem</i></li> </ul> You will need to sign up to training portal (accessplanit): <a href="https://www.nhas.org.uk/training/nhas-free-training">https://www.nhas.org.uk/training/nhas-free-training</a>	Free to SPLWs	Completion Certificate
	Additional	<a href="https://www.health.org.uk/infographic/how-does-housing-influence-our-health">https://www.health.org.uk/infographic/how-does-housing-influence-our-health</a> Contact your local council housing officer or housing provider to find support for someone	Free	Reading
Hoarding	Additional	<a href="https://www.nhs.uk/conditions/hoarding-disorder/">https://www.nhs.uk/conditions/hoarding-disorder/</a>	Free	Reading
Homelessness	Additional	<a href="https://portal.e-lfh.org.uk/Catalogue/Index?HierarchyId=0_41737_42670&amp;programmId=41737">https://portal.e-lfh.org.uk/Catalogue/Index?HierarchyId=0_41737_42670&amp;programmId=41737</a>	Free	Completion Certificate