

# Primary Care Education and development opportunities

June to December 2022

**MACMILLAN**  
CANCER SUPPORT



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# Welcome!

Dear colleague, welcome to the first edition of the Macmillan Educational Offer for Primary Care.

We are delighted to showcase a range of educational and development opportunities that provide scope for learning across the whole of Primary Care from Admin Staff through to GPs, not only to improve Cancer Outcomes for Patients but also provide some more practical learning opportunities that can be utilised in driving forward quality and service improvement work in Primary Care, such as developing Project Management Skills.

Access to these opportunities is via the Macmillan Learning and Communications Hub, via a simple registration process which is outlined on the next few pages.

We are working hard to develop further learning opportunities and resources to support you in the vital work you do in supporting People Living with Cancer and look forward to updating you on these over the upcoming months.

Our practical range of tools and resources to support you in your day to day work, such as CCR EMIS Templates and Safety Netting Toolkit, are also available on the GP Pages of the main Macmillan web site and can be accessed here: [Resources for GPs - Macmillan Cancer Support](#)

As always, we look forward to supporting you in continuing your amazing work for people living with cancer.



**Dr Anthony Cunliffe**  
**Macmillan National  
Clinical Adviser for  
Primary Care**  
**Macmillan Cancer  
Support**

# Accessing the learning and communications hub



We offer a variety of training including e-learning modules, webinars, virtual classrooms and blended learning opportunities. As these modules are online, you can complete them in your own time and in any location. You will also find videos, interviews with specialists and a range of articles.

# Accessing the learning and communications hub

There are two ways to sign up depending on your role.  
Select the route applicable to you:

## Macmillan professionals

Learning and Development that has been designed specifically with the needs of our professionals in mind.



## The wider cancer workforce, both paid and unpaid (volunteers)

This offer is open to anyone who wishes to access education to better support their interactions with people living with cancer, including our valued volunteers.



Once you have signed up you can also access the learning and communications hub via the 'FUUSE' app, which can be downloaded from your device's app store. Just enter "Macmillan" when prompted after download.



# Accessing the learning and communications hub

To use Macmillan services – such as the learning and communications hub, Be.Macmillan and the Online Community, you need to create a My Macmillan account. You may already have an account if you have accessed any of these services before. If so, you can enter your log in details and [sign in](#) to the hub. If not follow the steps below;

1. Visit this [online page](#). It will take you to the sign in page for the Hub.
2. When you reach the "Account Log In" page, select the "Go to Sign up" link. This will take you to the "Create an Account" page.
3. Enter the email address we have contacted you on and then select the "Send verification code" button.
4. Your verification code will be sent in an email titled 'MACMILLAN CANCER SUPPORT account email verification code'. Check your junk folder in case it has been diverted there.
5. Enter your code where prompted on the create account page and select the "Verify" button.
6. You should then have the option to fill in your chosen password and your name.
7. Once you have done this, select the "Complete registration" button.
8. You will then receive a confirmation email.
9. If you visit the "[Account Log In](#)" page again, you should be able to log in. If you are unable to access the hub email [LearningSupportHub@macmillan.org.uk](mailto:LearningSupportHub@macmillan.org.uk).

## Account log in

Sign in to your Macmillan account using email and password

Don't have an account? Go to [Sign up](#)

Email Address

Password

[Reset your password](#)

Log in

or continue with

Email address

Send verification code



# Accessing the learning and communications hub

To sign up to online learning, follow the below steps:

1. Visit the [Learning and communications hub application form](#).
2. Complete the form to register for the learning and communications hub.
3. Your licence will be created for the Hub and we will send you information on how to log in.
4. If you experience any issues with this process, let us know at [LearningSupportHub@macmillan.org.uk](mailto:LearningSupportHub@macmillan.org.uk)
5. We hope you enjoy the new learning and communications hub!

## Learning and communications hub

\* Required

Thanks for registering for our learning and communications hub.

Simply confirm your name, work email address and a few other details below and we'll give you access to the hub. We'll be in touch using the contact details you've provided to keep you up to date with the online training and development courses that we have on offer. We'll also send you details about relevant events and how you can get involved with our online professional community groups.

We promise to keep your details safe and never sell or swap them with anyone. Our privacy policy explains how we keep this promise. If you don't want to hear from us, or change your mind about how we contact you, you can opt out at any time by clicking the unsubscribe link in the emails we send to you.

**Please note:** It's possible you won't see the confirmation page when using Internet Explorer. Try using a different browser if possible.

[Macmillan Privacy Policy](#)

Title \*

Select your answer

First Name \*

Enter your answer

Last Name \*

Enter your answer

Work Email Address \*

This is the email address that you use in your primary role. Please ensure this is accurate as this is how we will give you access to the hub.

Enter a valid email address.



# Learning and Development Opportunities

We have divided the prospectus into six learning and development themes.

Under each theme we have a range of modules and activities so you can quickly find the opportunities that are most suitable for you.



# Primary and Community Care



Primary and community care professionals provide valuable care in or close to people's homes. Their expert skills and knowledge enable them to support people to manage their long term conditions and maximise their independence.

Cancer is increasingly recognised as a long term condition. This theme includes a range of modules to help you expand your knowledge, skill and resources to help you support people living with cancer as a long term condition.

Name	Level	Description
Social prescribing Module 1 – understanding the needs of people living with cancer	Essential	These two modules introduce how Social Prescribing can play a huge role in improving the experiences of people living with cancer, highlighting that many of the issues they face are similar to other long term conditions.
Social prescribing Module 2 – practical steps you can take in providing support to people living with cancer	Essential	
Cancer care reviews	Enhanced	Provides professionals with the knowledge to support them to complete a cancer care review which reflects what matters most to individuals affected by cancer.
ExPLORE for primary care	Enhanced	Macmillan ExPLORE is a programme for professionals who wish to develop their career in cancer and enhance their professional skills and confidence when working with people living with cancer.

**To access, search for e-learning name and filter for course & learning plan on the learning and communication hub.**

Name	Level	Description
Community Pharmacy	Essential	<p>This will build the confidence and knowledge of Community Pharmacists in recognising the signs and symptoms of cancer as well as being able to provide effective support to People Living with Cancer.</p> <p>It is aimed at all Community Pharmacists including those employed directly by Primary Care who provide structured medication reviews, manage long term conditions, management of medicines on transfer of care while addressing both the public health and social care needs of patients in the community and GP practices.</p> <p>By the end, participants should be able to:</p> <ol style="list-style-type: none"> <li>1. Understand the importance of Early Diagnosis and recognise serious signs and symptoms that may be identified during a consultation relating to other conditions</li> <li>2. Identify ways to support customers affected by cancer taking into account their individual needs and circumstances</li> <li>3. Demonstrate an ability to proactively signpost customers to relevant information about cancer support</li> </ol>

**To access, search for content name and filter for course on the learning and communication hub.**

# Practice Nurse Programme

Level  
**Enhanced**

Delivery  
**Blended**

## Primary and Community Care

### Description:

This programme is for Practice Nurses in Primary Care, and will enable you to:

- Develop an understanding of cancer and its treatments.
- Take a more active role in managing cancer as a long-term condition.
- Act as a resource of cancer knowledge for colleagues in the practice setting by providing holistic support to people living with cancer.
- Consider and begin to plan ways in which you can improve and enhance services within your own workplace for people living with cancer.

Time requirement: 20-25 hours in total to be completed over a 5-month period.

### Dates

New dates being released in Quarter 3 – complete the [Practice Nurse Course Application form](#) to register your interest.

# Courageous Conversations in Health and Social Care

Level  
**Expert**

Delivery  
**Blended**

**To access, search for course name and filter for event on the learning and communication hub.**

**Primary and Community Care**

## Description:

Health and Social Care Professionals need to have the skills and confidence to have conversations around what matters to patients, especially in relation to end of life and dying. Sometimes these discussions are in difficult situations and without all the information we would ideally like to have. This session will provide you with the opportunity to:

- Practice sharing sad, bad or difficult news in a safe and supportive environment.
- Provide and receive feedback from your peers.
- Reflect on this feedback to improve your practice.
- Refresh your skills through self directed study within the L&CH prior to attending this workshop.

**Pre-requisite requirements: Must have completed the Courageous Conversations Learning Plan on the learning & communication hub prior to attending the session.**

## Dates

5 July	9.00am – 1.00pm
18 August	9.00am – 1.00pm
13 September	9.00am – 1.00pm
10 October	9.00am – 1.00pm
25 October	9.00am – 1.00pm
17 November	9.00am – 1.00pm



# Cancer Information and Support

The first theme of Cancer Information and Support captures the need for Continuous Professional Development (CPD) in respect of emerging cancer treatments and therapies, as well as how we can support each other and ourselves in such a rapidly changing environment.

Delivery  
**e-learning**

Name	Level	Description
Introduction to emotional health and wellbeing <b>New in June</b>	Essential	Considers why emotional health and wellbeing is important and explores useful strategies to help improve your skills.
Introduction to Acute Oncology	Essential	An updated version of our pre-existing module, covering basics of acute oncology. This includes information on common oncological emergencies, triage using the UKONS tool and appropriate signposting.

**To access, search for e-learning name and filter for course & learning plan on the learning and communications hub.**

# Understanding Cancer and its Treatments

Level  
**Essential**

Delivery  
**Virtual Classroom**

**To book, search for  
virtual classroom name  
and filter for events  
on the learning and  
communications hub.**

## **Description:**

This is for anyone involved in providing information and support for people living with cancer in a clinical, non-clinical or social care role.

This programme is split into 2 sessions and is particularly aimed at those who are new to supporting people living with cancer. It will raise awareness of cancer and its treatments and the impact it has on the patient and their significant others.

## **Dates**

<b>Session 1</b>	30 June	1.30pm - 5.00pm
<b>Session 2</b>	7 July	1.30pm - 5.00pm





# Communication Skills

Effective communication can help people living with cancer to better understand their situation. This can also help support their self-management and decision making.

As professionals we can find ourselves tested by conversations when we least expect it. At Macmillan, we are offering a range of communication skills courses to support your ongoing development.

## Communication Skills

### Delivery e-learning

Name	Level	Description
The spirit of Motivational Interviewing in cancer support	Essential	Provides an overview of Motivational Interviewing (MI) and how it can be used to have supportive and non-judgemental conversations with people about change. It can provide a useful basis from which to support people to better self-manage their condition
Essential Level Communication Skills	Essential	This provides an introduction to our blended communication skills offer, and is designed to build an essential level understanding of key terms and techniques and awareness around the skills and behaviours required when supporting people living with cancer.

**To access, search for e-learning name and filter for course & learning plan on the learning and communications hub.**

# Motivational Interviewing in Cancer Support

Level  
**Enhanced**

Delivery  
**Virtual Classroom**

**To book, search for virtual classroom name and filter for events on the learning and communications hub.**

## Communication Skills

### Description:

This session will focus on the spirit and style of Motivational Interviewing (MI) in cancer care settings. It will provide an opportunity to learn from experienced MI trainers and practitioners. In addition, there will be an opportunity to practice supportive conversations which focus on the language of change.

This session is designed to follow Macmillan's e-learning module on the spirit and style of MI in cancer care, so please do find some time to complete this e-learning before attending this session.

### Dates

Dates to be released later in the year

# Leadership and Professional Development



Change is becoming a constant in this busy world and we may all have numerous concurrent changes happening, either organisationally or personally. For some of us change can be difficult to navigate or lead others through.

Whether you are going through change, managing projects well or fine-tuning how you lead your team, our leadership and professional development learning offers modules and activities that will provide you with the skills, knowledge and confidence you need to succeed.

Delivery  
**e-learning**

**Leadership and  
Professional Development**

Name	Level	Description
Introduction to Project Management	Essential	Provides an overview of the project management life cycle. It explores the skills, knowledge and techniques required to successfully complete a project.
Introduction to coaching <b>New in June</b>	Essential	Explores coaching, what it is and why it is a useful skill to develop for use in the workplace. Provides some of the foundations of coaching and introduces tools and techniques to use in your practice either with patients or colleagues.

**To access, search for e-learning name and filter for course & learning plan on the learning and communications hub.**

# Developing Your Project Management Skills

Level  
**Enhanced**

Delivery  
**Blended**

**To book, search for virtual classroom name and filter for events on the learning and communications hub.**

## Leadership and Professional Development

### Description:

This session will support professionals in leading the successful delivery of a project. It will look at change through a range of models and theories and will link these to practical application to support effective delivery of projects to the agreed quality standard, budget and timescale. Subjects covered will include but not be limited to:

- Project initiation.
- Project planning.
- Project delivery.
- Project close down and move to business as usual.

This can be undertaken as an independent virtual classroom or as a virtual classroom linked to leading change.

### Dates

5 September	1.30pm - 5.00pm
5 October	9.30pm - 1.00pm
8 November	1.30pm - 5.00pm

# Leading and Managing Change

Level  
**Enhanced**

Delivery  
**Blended**

**To book, search for virtual classroom name and filter for events on the learning and communications hub.**

## Leadership and Professional Development

### Description:

This session will support Health and Social Care professionals in leading the successful initiation, development, implementation and embedding of changes to processes, practices and ways of working. It will support leading a team that the professional has direct responsibility for and leading change in areas where they have no formal authority. It will look at change through a range of models and theories and will link these to practical application to support effective change leadership.

This can be undertaken as an independent virtual classroom or as a virtual classroom linked to project management.

### Dates

28 June	9.30am–1.00pm
21 September	9.30am–1.00pm
25 October	1.30am–5.00pm
16 November	9.30am–1.00pm

A photograph showing a person in a dark shirt pushing a person in a wheelchair through a grassy field. The sun is low on the horizon, creating a warm, golden glow. The background features a line of trees and a fence.

# Palliative and End of Life Care

People with life-limiting conditions such as cancer should have early access to palliative and end of life care services regardless of their gender, age, social status or location. In order to achieve this goal, professionals and volunteers require ongoing support and training to have the confidence and skills to provide effective palliative care.

In the United Kingdom, more than half a million people die each year and many have a prognosis of less than 12 months. A person who is offered and engages in Advance Care Planning (ACP) is more likely to die in their place of choosing. They are also less likely to have emergency hospital admissions in the final months of their life and more likely to have their wishes fulfilled.



## Advance Care Planning (ACP)

Delivery  
**e-learning**

Name	Level	Description
Advance Care Planning (ACP)  <b>New in July</b>	Enhanced	Focuses on raising awareness of the importance of ACP through interactive and accessible articles and virtual content, giving professionals the opportunity to explore ACP and engage in discussions.

To access, search for e-learning name and filter for course & learning plan on the learning and communications hub.

# Palliative and End of Life Care Expert Webinar Series

Level  
**Expert**

Delivery  
**Virtual**

To book, search for virtual classroom name and filter for events on the learning and communications hub.

## Description:

This is a series of expert webinars exploring various themes around Palliative and End of Life Care.

The next expert webinar on 30th June is "Assessment and Palliative Management of Malignant Bowel Obstruction".

Presented by Dr Ruth Isherwood, Consultant in Palliative Medicine at NHS Tayside, based in Cornhill Macmillan Centre.

The webinar in September will be 'Delirium in Palliative Care' with speaker to be confirmed soon.

The topic for December is "Being Accepted Being Me: why visibility of LGBTQ+ people matters in palliative and end of life care". This will be presented by Kathryn Almack, Professor of Health and Family Lives in the School of Health and Social Work at the University of Hertfordshire.

Topic	Dates	
Assessment and Palliative Management of Malignant Bowel Obstruction	30 June	12.00pm - 1.00pm
Delirium in Palliative Care	15 Sept	12.00pm - 1.00pm
Being Accepted Being Me	15 Dec	12.00pm - 1.00pm

# Personalised Care and Support Planning



Survival rates for people diagnosed with cancer have vastly improved thanks to the advances in diagnosis and treatment. Therefore, many people are now living with cancer as a long term condition.

Personalised care and support planning allows you to offer the best support for people living with cancer. This theme includes a range of modules to help you improve your skill and knowledge in this area.

Name	Level	Description
'What matters to me?'	Essential	Explores the need for person-centred conversations with people you are providing care and support to. Aims to establish what matters most to them so that personalised care and support needs can be identified.
Understanding personalised care for people living with cancer	Essential	Highlights the importance of personalised care and support planning (PCSP) for people living with cancer. This looks at the key elements of PCSP which include the benefits of personalised cancer care, the importance of supportive conversations, an introduction to Holistic Needs Assessments, cancer care reviews, treatment summaries and the role of information and support.

**To access, search for e-learning name and filter for course & learning plan on the learning and communications hub.**

# Macmillan eHNA - Digital Community

Delivery  
**Virtual**

## **Description:**

This community will provide a central space for Macmillan electronic Holistic Needs Assessment (eHNA) materials at enhanced and expert levels to support our webinars, network with others using the tools and resources and give users the opportunity to learn and share.

The community is aimed at a multi professional audience undertaking Macmillan's eHNA's or supporting colleagues to do so.

**To access, search for the  
community name and  
filter for community  
on the learning and  
communication hub.**

# Macmillan eHNA - Webinar Series

Level  
**All**

Delivery  
**Virtual**

**To book, search for  
webinar name and  
filter for events on  
the learning and  
communications hub.**

## Personalised Care and Support Planning

### Description:

This webinar series will explore aspects of the implementation and use of Macmillan eHNA in service development and improvement. This quarters' webinar will welcome a guest speaker to discuss the electronic Holistic Needs Assessment (eHNA) tool. The webinar will be recorded so it can be viewed later if it is not possible to attend the live event.

### Dates

7 July	Lunch time for 1 - 1.5 hours
4 August	Lunch time for 1 - 1.5 hours
8 September	Lunch time for 1 - 1.5 hours
13 October	Lunch time for 1 - 1.5 hours

# Future programmes

## Personalised Care and Support Planning

Future programmes planned include:

**Care Planning** (blended)

**End of treatment/episode summaries** (blended)

[macmillan.org.uk](https://www.macmillan.org.uk)

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604). Also operating in Northern Ireland. MAC18954.

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