

Welcome to our December Newsletter

CPTH provides training, education and workforce support across General Practice in Cambridgeshire and Peterborough.

The Training Hub team would like to thank you for your support throughout 2022. Sending our best wishes to you and your family during the festive season.

Upcoming Training & Events

Tue 13 Dec	Stage 2 SystmOne for Clinicians	Book Now
Tue 13 Dec	Suicide Awareness and Response for Primary Care	Book Now
Tue 13 Dec	Wound Management Study Day	Book Now
Wed 14 Dec	Prevention and Management of Pressure Ulcers	Book Now
Wed 14 Dec	Stage 2 SystmOne for Admin/Reception Teams	Book Now
Wed 14 Dec	Basic Life Support (BLS) Training (Alconbury Weald)	Book Now
Thu 15 Dec	HR Peer Support Session – Interview Skills	Book Now
Thu 15 Dec	Basic Life Support (BLS) Training (March)	Book Now
Thu 15 Dec	Enhanced Induction for Admin and Clerical (Day 2)	Book Now
Mon 09 Jan	New to Practice Induction Programme (2-day)	Book Now
Tue 10 Jan	Physical Activity Advice Training Session	Book Now
Tue 10 Jan	Diabetes Technology	Book Now
Thu 12 Jan	Basic Life Support (BLS) Training (Cambridge)	Book Now
E-Learning	Cambridge Diabetes Education Programme	Book Now
E-Learning	RCNi Learning	Book Now
E-Learning	Practice Medicines Co-ordinators e-Learning Course	Book Now

Bitesize myOHportal Training: Providing Feedback on an Occupational Health (OH) Report

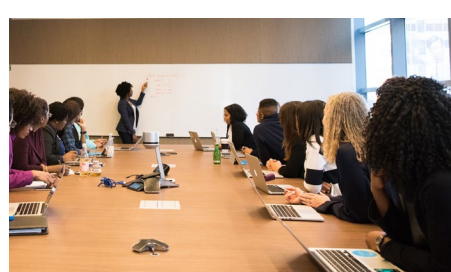
Have you received a report following an OH referral and you would like to query/provide feedback to the practitioner about the final report? If so, please join the following training being provided by the Primary Care Occupational Health provider, Optima Health on **Tuesday 13th December 14:00-14:45**. Please [click here](#) to book.

Fundamentals of Change and Improvement Programme Application 2022/23

This nationally accredited short, practical course held over two sessions, provides an in-depth introduction to Quality Improvement tools and techniques for those in general practices and PCNs. **Session 1: Tues 28th February 2023, 09:15-15:15** **Session 2: Tues 14th March 2023, 09:15-15:15** [Click here](#) for application form/more info. Deadline for applications: Tuesday 13th December.

Supporting Future Educators Programme Session 2 - 17th January 2023

Our programme is designed to help steer you through the journey of becoming a first-time educator at Tier 3. If you have anyone interested in becoming an Educator, it is not too late to join our programme which finishes with a 2-day face-to-face tutorial event on 16th and 17th March 2023. For more details on the event, funding, and to express an interest please [click here](#).



BLS Training December & January

A 2-hour basic BLS course, face-to-face at locations in Peterborough, Alconbury, March and Cambridge. £15 per delegate.

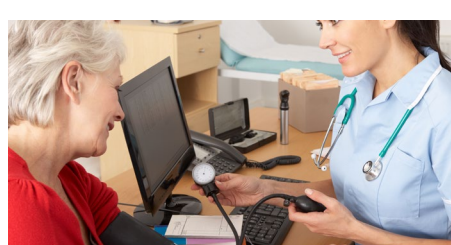
[Find Dates](#)



New to Primary Care Induction Programme

Comprehensive 2-day virtual induction for staff new to primary care. May also benefit those already in post for a few months.

[Find Dates](#)



General Practice Nurse Forums

Monthly virtual forums for GPNs including an update from The Medicines Optimisation Team and clinical topic discussion.

[Find Dates](#)

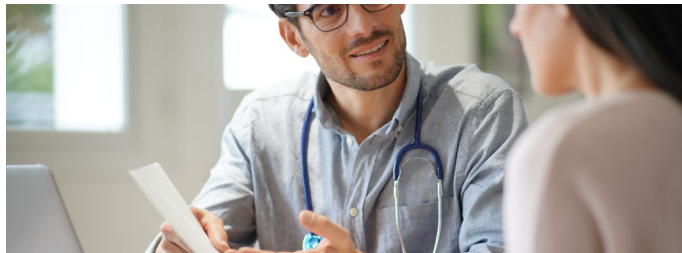


GP & ACP Education Programme

Thu 19th January, 7.00-8.30pm (via zoom)

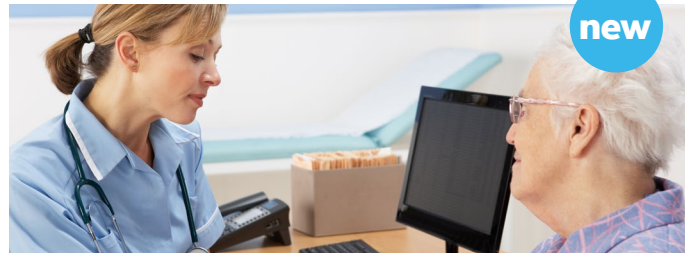
In the next of our evening GP and ACP education sessions, Dr Tom Shackleton will be joining us to talk about Men's Health. [Book your place here](#)

Programmes & Funding



General Practice Fellowship

The General Practice Fellowship is a 2-year funded scheme for new or recently qualified GPs, Nurses and Nursing Associates, plus support for the practices employing them. The programme provides protected CPD time, early career learning, mentorship, peer support and coaching. If you are a GP, Nurse or Nursing Associate who qualified in the last 12 months, or if your practice is recruiting for these roles, please [click here](#) to find out more about the scheme and how to apply.



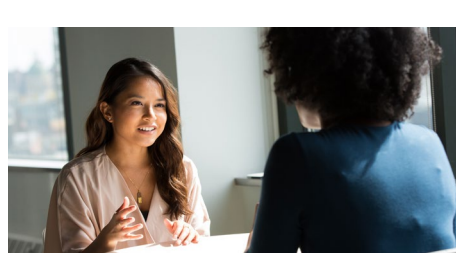
New to General Practice Nurse Fellowship

Are you a Registered Nurse moving into General Practice from other parts of the NHS. The New to General Practice Fellowship is a 1-year programme of support and education to help you transition into your new role. You'll benefit from a combination of training, mentorship, peer support and clinical supervision, to help you develop your skills and progress your career in General Practice. **Only 7 places available, closing date: 4th January.** [Click here](#) for more information and application form.

ILM5 in Effective Coaching and Mentoring

We are pleased to announce that we will be funding a further ILM 5 in Effective Coaching and Mentoring course for GPs working in General Practice commencing in March 2023. The programme is delivered by Grow Development Solutions Ltd and is designed for those who regularly providing coaching and mentoring in Practice. For more information and to submit an Expression of Interest please [click here](#).

new



Mentoring for Admin, Clerical and PMs

Are you asking yourself "what's next", or in need of an opportunity for discussion in a safe, supportive environment? Our experienced Training Hub mentor, Heather Harman, is here to offer support.

[More Info](#)



MSK Clinical Mentoring Programme

Our MSK Clinical Mentoring Programme is a 3-stage opportunity to support GPs to upskill in MSK assessment, diagnosis, and management. Funding covers online study and in-practice mentoring sessions.

[More Info](#)



Educators & Learning Organisations

Becoming an educator is a rewarding way to enhance your skills and support the next generation of local Primary Care staff. Find out how we can help support you and your practice through the process.

[More Info](#)

Support

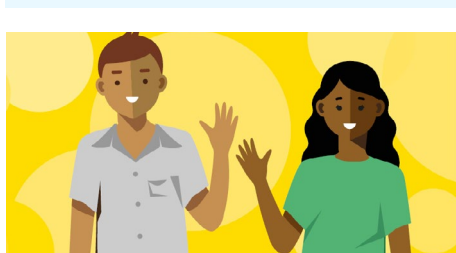


Grief & Loss Retreat Day 24th January 2023

The Staff Support Hub is running a second Grief and Loss Retreat Day on 24th January 2023. This will be a full day event, in person at Madingley Hall in Cambridge. This is a free retreat day for anyone who is affected by grief and loss at this time, to safely explore how your loss and grief is affecting you. The day is open to all healthcare and social care colleagues in the Cambridgeshire and Peterborough area. [Book your place here](#)

Cambridgeshire & Peterborough Staff Support Hub

The C&P Staff Support Hub offers free, confidential wellbeing support, webinars and forums for all health and care staff working across Cambridgeshire and Peterborough in any role, in any organisation. Find out more [here](#).



NHS Looking After You - Free coaching for Primary Care

Free coaching is available from NHSE/I for all primary care colleagues, tailored to individual needs. Experienced coaches can help you with coaching about you and your wellbeing, support you to manage your team and reflect on your career goals and ambitions.

[More Info](#)



Nursing Version of Shiny Mind App is Now Live!

If you are a NHS nurse, midwife, nursing associate and healthcare support worker in England you can help to support your mental health and wellbeing by downloading the nursing version of the ShinyMind for free!

[More Info](#)



Menopause Webinars are Back

Menopause sessions for staff, facilitated by MenoHealth, will explore exercise and eating for health. Menopause sessions for line managers, facilitated by Arden & GEM CSS, will explore recognising the symptoms and how to support staff through their menopause health journey.

[Find & Book](#)

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