

Welcome to our February Newsletter

CPTH provides training, education and workforce support across General Practice in Cambridgeshire and Peterborough.

Upcoming Training & Events

| | | |
|------------|---|--------------------------|
| Tue 14 Feb | Stage 2 SystmOne for Clinicians | Book Now |
| Wed 15 Feb | Stage 2 SystmOne for Admin/Reception Teams | Book Now |
| Tue 21 Feb | Advanced Practice Forum (ACP Forum) | Book Now |
| Tue 21 Feb | Basic Life Support (BLS) Training – Face-to-face, Alconbury | Book Now |
| Thu 23 Feb | Enhanced Induction for Admin and Clerical – Day 2 | Book Now |
| Tue 28 Feb | Basic Life Support (BLS) Training – Face-to-face, Peterborough | Book Now |
| Mon 06 Mar | Induction Programme for Staff New to Primary Care (2 days) | Book Now |
| Tue 07 Mar | Physical Activity Advice Training Session | Book Now |
| Tue 07 Mar | Neurocutaneous Conditions | Book Now |
| Wed 08 Mar | Combined Hormonal Contraception Update | Book Now |
| Thu 09 Mar | General Practice Nurse Forum | Book Now |
| Thu 09 Mar | NB Medical 'Hot Topics' Update for GPs | Book Now |
| Tue 14 Mar | Stage 2 SystmOne for Clinicians | Book Now |
| Wed 15 Mar | Stage 2 SystmOne for Admin/Reception Teams | Book Now |
| Wed 15 Mar | SNOMED and Introduction to Summarising Notes | Book Now |
| E-Learning | Cambridge Diabetes Education Programme | Book Now |
| E-Learning | RCNi Learning | Book Now |
| E-Learning | Practice Medicines Co-ordinators e-Learning Course | Book Now |
| E-Learning | Anticoagulation – Stroke Prevention in Atrial Fibrillation Course | Book Now |

C&P Training Hub 2023 Conference - Wednesday 24th May

We're delighted to announce that this year's Training Hub conference for Nurses, HCA's, Clinical Pharmacists, Physician's Associates, AHP's and Advanced Practitioners working in General Practice, will be taking place on Wednesday 24th May 2023 at the Marriott Hotel in Huntingdon. We'll be bringing you a fantastic line up of expert speakers including our two excellent key note speakers:

Paula McGowan OBE is a Multi Award-winning Activist who has dedicated her life to campaigning for equality of Health and Social Care for Intellectually Disabled and or Autistic people. She is an ambassador for several charities and organisations.

Louise Brady has spent 25 years of her nursing career supporting primary care, working full time in general practice for seventeen of those years. She was one of the first general practice nurses in the North of England to pioneer shared medical appointments, supporting communities living with long term conditions to access high quality nursing care.

Book now!



We'll also have clinical updates, networking sessions, informative workshops, and much more!

For more about the programme, speakers and to book your place please [click here](#).

ARHC ReSPECT Process Level 3 Training

Free education on Making a Recommended Summary Plan for Emergency Care & Treatment (ReSPECT) from Arthur Rank Hospice Charity. Open to GP's, Advanced Nurse Practitioners, Specialist Nurses, Care Home Nurses and Managers and Advanced Paramedic Practitioners, who may hold ReSPECT discussions and complete the ReSPECT form. Multiple dates available in Feb/Mar/Apr for this three-hour session, with lunch and refreshments provided.

[Click here](#) for dates and more details.



Supporting Future Educators Face-to-face session

Thu 16 & Fri 17 March 2023

A two-day opportunity to meet other future Tier 3 educators in your area, undertake small group work, and time to complete your application form. Click 'book now' for details and what prior learning you will need to have completed.

[Book Now](#)



GP & ACP Education Programme: Eating Disorders

Thu 23 February, 7.00-8.30pm

In the next of our evening GP and ACP education sessions, **Rebecca Ellard** will be joining us for a 90min virtual talk on all things eating disorders in primary care, including how to diagnose your patient and how to refer.

[Book Now](#)



First 5 GPs Career Evening

Marriott Hotel, Huntingdon

Tue 28 March, 7.00-8.30pm

Are you a C&P GP within your first 5 years of practice? Join us for our Career Evening for early career GPs, for information and advice on different ways of working and put your questions to our panel of local GPs.

[Book Now](#)

BLS Training - February 2023

A 2-hour basic BLS course being held face-to-face at:

Huntingdon: Tue 21 February

Peterborough: Tue 28 February

£15 per delegate.

Please [click here](#) to book.

Caldicott Guardian - Wed 22 March

Hot off the press!

We have arranged another Caldicott Guardian session for **Wednesday 22nd March**, 1.30-4.00pm.

This webinar is being delivered through MS Teams.

To book a place, please [click here](#).



New to Primary Care Induction Programme

Our comprehensive 2-day New to Primary Care induction programme aims to support your local Practice induction by providing a consistent and comprehensive introduction to working in Primary Care. The programme is designed for staff who are new to primary care but may also benefit those who have already been in post for a few months. Virtual programme runs live via Zoom and MSTeams.

[Find Dates](#)



Nurse CPD Programme

Spring/summer dates are now available for a range of courses on the Nurse CPD Programme, including Introduction to Contraception, Introduction to Menopause, HRT update, POC Update with LARC, Hypertension Update, Motivational Interviewing, Mental Health for Non-Specialists, Asthma Refresher and Cervical Screening. Click the button below to search the full programme.

[Search Courses](#)

Safer Recruitment

Tue 25 April

We have commissioned a Safer Recruitment session delivered by the NSPCC. This session will be designed around General Practice and look at CQC and NHSE guidance for General Practice. To book a place on this session, please [click here](#).

The NHS Pension Scheme – You as an Employer

Thu 02 March & Tue 18 April

This session is primarily for those with responsibility for the NHS Pension Scheme (eg, GPs, Practice Managers, etc) and will provide you with a comprehensive guide to many crucial elements of the scheme. Please [click here](#) to book.

Immunisation and Injection Training for HCAs

(Flu, Pneumococcal & B12)

Thu 29 June & Thu 06 July

Training in immunisation is essential for Health Care Support Workers (HCSWs) whose employers wish them to immunise. To apply for the next course, please [click here](#).

Programmes & Opportunities

Business Fundamentals for General Practice Bespoke LMC Business Training Course for Practice Managers

Business Fundamentals is a multiple module course aimed at supporting and sharing knowledge relevant for Practice Managers and their integral role within general practice. The course will run between March and July 2023 with a blend of face-to-face and online sessions and requires a commitment from delegates to attend *all* sessions.

Email office@cambslmc.org to express your interest by **Wednesday 22 February 2023**.



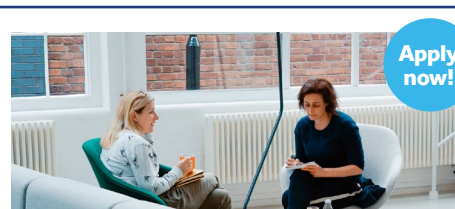
Coaching and Mentoring Available from C&P Training Hub

Coaching and mentoring is a key professional development tool. Our team of Training Hub mentors are available to listen and to support you in finding the best way forward. Sessions are now available for the roles below, please click on the relevant link to find out more:

GP - [click here](#)

Admin and Clerical - [click here](#)

Personalised Care - [click here](#)



Springboard Women's Development Programme

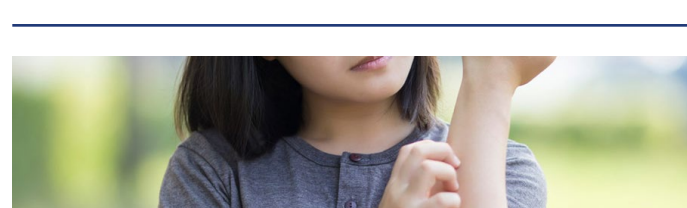
We have two funded places available on the award-winning Springboard work and personal development training programme for women. Please note that all sessions are now face to face. For cohort details and to submit an expression of interest form, please [click here](#). The deadline is 28th February and places will be allocated on a first come, first served basis.

Apply now!



DFSRH Training Scheme

Applications are open for the next cohort of our FSRH endorsed training scheme for general practice clinicians with an interest and service need for the Diploma for the Faculty of Sexual and Reproductive Healthcare (DFSRH). This programme is supported by a team of local faculty registered trainers. Please [click here](#) for more information and to express interest.



Dermatology Clinical Mentoring for GPs

Our Dermatology Clinical Mentoring Programme is a 2-stage opportunity for GPs to upskill in Dermatology diagnosis and management through a funded PCDS course and practical learning in clinic.

[More Info](#)



General Practice Fellowship

A 2-year programme of funded education, mentoring and support for new or recently qualified GPs and Nurses (within 12 months) working in C&P, plus support for the practices employing them.

[More Info](#)

CPTH News

Welcome to the Team

A big Training Hub welcome to Dr Emily Gwinnell, our new Training Programme Director for our FSRH (Faculty of Sexual and Reproductive Health) programmes. We're delighted to have Emily working with us to develop our DFSRH and broader LARC opportunities. Find out more [here](#).

Support & Wellbeing



Support for LGBTQIA+ Mental Health from Mind

Mind offers support to anyone who is experiencing a mental health problem. They provide a range of information and signposting on mental health support for people who are lesbian, gay, bisexual, transgender, queer or questioning, intersex, or asexual (LGBTQIA+).

[More Info](#)



What is the Staff Support Hub?

Mon 27 February, 12.30-1.30pm

Join the Staff Support Hub team on this short webinar to find out more about the range of free and confidential wellbeing services and resources available to you and your healthcare colleagues in Cambridgeshire and Peterborough.

[Book Now](#)



Mindful Wednesdays 15 Minutes of Pure Mindfulness

Becoming more aware of the present moment can help us enjoy the world around us more and understand ourselves better. Hosted by John Nicholson, CPFT Chaplain, Heart and Soul, on Zoom, and open to all health and social care and third sector staff in Cambridgeshire & Peterborough.

[Book Now](#)

Cambridgeshire & Peterborough Staff Support Hub

The C&P Staff Support Hub offers free, confidential wellbeing support, webinars and forums for all health and care staff working across Cambridgeshire and Peterborough in any role, in any organisation. Find out more [here](#).

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