

Welcome to our April Newsletter

CPTH provides training, education and workforce support across General Practice in Cambridgeshire and Peterborough.

Upcoming Training & Events

Tue 11 Apr	Stage 2 SystmOne for Clinicians	Book Now
Tue 11 Apr	SystmOne – New Starters & Getting Started	Book Now
Wed 12 Apr	Stage 2 SystmOne for Admin/Reception Teams	Book Now
Wed 12 Apr	Ardens Demonstration Sessions: Adults and Children's templates	Book Now
Wed 12 Apr	General Practice Nurse Forum	Book Now
Tue 18 April	Advanced Practice Forum (ACP Forum)	Book Now
Tue 18 April	Suicide Awareness for Primary Care	Book Now
Tue 18 April	The NHS Pension Scheme – You as an Employer	Book Now
Tue 18 April	GP/ACP Education: The Long Covid Clinic	Book Now
Wed 19 April	Springboard Work & Personal Development for Women (4 days)	Apply Now
Wed 19 April	Introduction to Wellbeing	Book Now
Wed 19 April	Value of Apprenticeships in Primary Care	Book Now
Wed 19 April	SystmOne – New Starters & Getting Started	Book Now
Wed 19 April	Safeguarding Matters: Level 3 – Introduction to Elder Abuse	Book Now
Thu 20 April	Enhanced Induction for Admin and Clerical – Day 2	Book Now
Thu 20 April	Prevention and Management of Pressure Ulcers	Book Now
Mon 24 April	Professional Clinical Network Pharmacy Forum	Book Now
Tue 25 April	Safer Recruitment	Book Now
Wed 26 April	Introduction to Contraception Webinar	Book Now
Wed 03 May	Progestogen Only Contraception Update (incl. LARC)	Book Now
Wed 10 May	HRT – Update	Book Now
E-Learning	Cambridge Diabetes Education Programme	Book Now
E-Learning	RCNi Learning	Book Now
E-Learning	Practice Medicines Co-ordinators e-Learning Course	Book Now
E-Learning	Anticoagulation – Stroke Prevention in Atrial Fibrillation Course	Book Now



CPTH 2023 CONFERENCE

Inspiration • motivation • connection

C&P Training Hub 2023 Conference - Wednesday 24th May

This year's Training Hub conference for Nurses, HCA's, Clinical Pharmacists, Physician's Associates, AHP's and Advanced Practitioners working in General Practice, will be taking place on Wednesday 24th May 2023 at the Delta Marriott Hotel in Huntingdon.

We'll be bringing you a fantastic line up of expert speakers including our two fantastic key note speakers - [Paula McGowan OBE](#) and [Louise Brady](#) - plus clinical updates, networking sessions, informative workshops, and much more! Find out more about the programme, speakers and book your place [here](#).

Book now!



Leadership Skills Programme for ARRS Roles

5 x half day modules starting Tue 16 May 2023

An online NHS Leadership Academy East of England programme to develop the leadership skills that will be needed now and in the future by people working in or with Primary Care Networks. This includes people in ARRS roles, PCN or general practice staff, their managers and others including staff from the VCSE.

[More Info](#)



GP & ACP Education Programme: The Long Covid Clinic

Thu 18 April, 19:00-20:30

For our next session, we'll be joined by Dr Dylan Golach for a talk on the Long Covid clinic, what it can offer and what patients should expect, Book your place below and [visit our web page](#) for dates/details of other upcoming events in the programme.

[Book Now](#)

Personalised Care Induction Sessions

Introduction to Voluntary Sector and Introduction to Wellbeing webinars from Care Network Cambridgeshire. Suitable for all personalised care roles.

Wed 19 April, Thu 25 May and Tue 30 May

[Click here](#) to book.

Spring Symposium 2023

Virtual Spring Symposium dates for postgraduate educators in the East of England are now available. Click the links below to view programmes and book your place.

25th April – [View programme](#) / [Book here](#)

26th April – [View programme](#) / [Book here](#)

Introducing Cambs LMC Business Bitesize - A collection of sessions for those in the business of running General Practice

Are you a GP interested in a future partnership, or an existing practice manager or partner looking for a refresher on the fundamentals of running your practice and a brush up on the latest HR or legal requirements? Cambs LMC Business Bitesize offers sessions with subject-matter experts who have current, working in-depth knowledge of general practice business. Starting from 26 April, each session will be delivered online, live, with the opportunity to raise questions and contribute to the interactive session.

Cambridgeshire and Peterborough constituents receive a 20% discount, please email bitesize@cambslmc.org for the session discount code. To view and book Bitesize sessions, [click here](#).



Nurse Updates

Spring/summer dates are now available for a range of courses on the Nurse CPD Programme, including Introduction to Contraception, Introduction to Menopause, HRT update, POC Update with LARC, Hypertension Update, Motivational Interviewing, Mental Health for Non-Specialists, Asthma Refresher and Cervical Screening. [Click here to search courses](#).

[More Info](#)

Centre for Sustainable Healthcare - Sustainable Primary Care course

RCGP East Anglia have a fully funded places available for the Centre for Sustainable Healthcare Sustainable Primary Care course in May 2023. [Click here](#) for more details about the half day course. Places will be awarded to RCGP members on a first come first served basis. A reserve list of non-members will be held to receive any unfilled places 1 month prior to the course. You must be based in Cambridgeshire and Peterborough, Norfolk or Suffolk to be eligible. To apply for a place please contact Annemarie.McCarthy@rcgp.org.uk

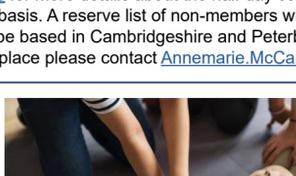


HCA Clinical Skills

Tue 16 May 2023

Face-to-face course covering the theory and practice of the HCA role in Primary Care. Includes accountability, supervision, legal frameworks and workshops for a range of clinical skills.

[Book Now](#)



Basic Life Saving (BLS) Training Sessions

A 2-hour basic BLS course being held face-to-face at:

Peterborough: Thu 25 May

Huntingdon: Wed 21 June

£15 per delegate.

[Book Now](#)



Asthma Refresher

Tue 23 May & Thu 6 July

A 2-day Asthma refresher package for health and care professionals who manage people with asthma, wish to refresh their skills and implement quality improvement initiatives.

[Book Now](#)

EoE Leadership Academy - Upcoming Events

The Leadership Academy in the east of England supports staff to access the full range of nationally recognised and accredited Leadership Academy Development and Talent programmes available for staff of all backgrounds and experiences across health and care. Regionally they provide a wide range of support at all levels, from systems leadership thinking and behavioural skills development, leadership/management skills development, primary care development as well as coaching and mentoring to graduate scheme placements and talent management.

[Click here](#) to view their April newsletter for upcoming events, opportunities and news.

Programmes & Opportunities



Applications for 2023 C&P programme now open

Next Generation GP is a Leadership programme for GP trainees and early career GPs (first 7 years) with an interest in health policy and the wider NHS. Formal qualifications in leadership and/or management are not required. Instead, we're looking for enthusiasm, commitment, passion and drive to change the system around us to better serve the needs of our patients and the profession. [Click here](#) to find out more about the programme and how to apply. The deadline for applications is 12 April 2023.



Supporting Future Educators Cohort 3

Following the success of our 2022/23 Supporting Future Educators programme, we are delighted to announce that we are running another cohort during 2023. Please click on the more info button below for details of the programme and complete the form to register your interest for a place in cohort 3.

[More Info](#)



General Practice Fellowship

Are you a GP or Nurse who qualified in the last 12 months, or is your practice recruiting for these roles? Our General Practice Fellowship is a 2-year funded scheme for new or recently qualified GPs and Nurses, offering protected CPD time, education sessions and mentoring, plus support for employing practices.

[More Info](#)

Return to Practice Enhanced Induction for GPs

Are you a GP practice interested in a funded short term role supporting GPs who have been out of practice to gain confidence and experience again? We are offering funding for an induction to include 10 clinical sessions over 2-4 weeks in practice. Practices will need to provide protected time for a suitable GP mentor, who will agree a bespoke personalised plan addressing learning needs for the GP looking to return to clinical practice.

Please email Paula Newton via candptraininghub@nhs.net for more information.



Educators & Learning Organisations

Becoming an Educator or Learning Organisation in Cambridgeshire and Peterborough is a rewarding way of enhancing your skills and supporting the next generation of local Primary Care staff. Click the button below to find out how we can help support you and your practice through the process.

[More Info](#)



Faculty Registered Trainers

Are you an educator who has a passion for women's health? We have an opportunity for individuals who would like to become a Faculty Registered Trainer. Click the more info button below to view the role requirements from FSRH and email us at candptraininghub@nhs.net to express an interest.

[More Info](#)



Coaching and Mentoring Sessions Available

Coaching and mentoring is a key professional development tool. Our team of Training Hub mentors are available to listen and to support you in finding the best way forward. Sessions are now available for GPs, Admin & Clerical and Personalised Care roles. Click the button for more information.

[More Info](#)

Changes to the NHS Pension Scheme

On 1 April 2023 changes are coming to the NHS Pension Scheme (NHSPS). These will give staff in the 1995 Section of the NHSPS the same flexibilities as other members of the Scheme, making it possible to draw their 1995 pension while continuing to work in the same role and build more pension in the 2015 Scheme. This offers new opportunities for employers to retain the skills of late career staff, supporting the NHS recover core services, and for staff to manage how and when they retire. NHS Employers are preparing resources to help employers navigate these changes, [click here](#) for information and resources. If you have any questions, please email england.nhsreward@nhs.net

CPTH News

Welcome to the Team

We're delighted to welcome the Training Hub's new GP Educator Expansion Lead, Liz Mather, who will be starting in May on a 12-month contract. Liz is a TPD in West Cambs and will be facilitating the new educator peer support groups, future educator programmes and other initiatives to build on recruitment and retention of Education in Cambridgeshire and Peterborough. You can contact Liz via candptraininghub@nhs.net

Support & Wellbeing



Coping with Anxiety

Fri 28 April, 11:00-12:00

This webinar is for anyone who would like to learn more about what anxiety conditions there are, and signs to look out for in yourself and others. It aims to be informative and a positive space to think about what anxiety can look like and how to take care of yourself when experiencing anxiety.

[More Info](#)



NHS Looking After You Coaching for Primary Care

Free coaching from NHSE/1 for all primary care colleagues, tailored to individual needs. Experienced coaches can help with coaching about you and your personal wellbeing, support you to manage your team and help you reflect on your own career goals.

[More Info](#)



Focus on our Colleagues From Around the World Forum

Have you moved to the UK to work within health, social care or the voluntary sector in Cambridgeshire and Peterborough? C&P Staff Support Hub are running a programme of support forums just for you, with a range of topics and guest speakers. Next forum is Thu 27 April.

[Book Now](#)

Cambridgeshire & Peterborough Staff Support Hub

The C&P Staff Support Hub offers free, confidential wellbeing support, webinars and forums for all health and care staff working across Cambridgeshire and Peterborough in any role, in any organisation. Find out more [here](#).

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