

Welcome to our July Newsletter

CPTH provides training, education and workforce support across General Practice in Cambridgeshire and Peterborough.

Upcoming Training & Events

Wed 12 July	Stage 2 SystmOne for Admin/Reception Teams	Book Now
Wed 12 July	General Practice Nurse Forum	Book Now
Wed 12 July	Skin Tear Assessment and Management	Book Now
Thu 13 July	Wound Management Study Day	Book Now
Thu 13 July	Cambs LMC Business Bitesize: Addressing Poor Behaviours in General Practice	Book Now
Tue 18 July	Advanced Practice Forum – (ACP Forum)	Book Now
Tue 18 July	Introduction to Wellbeing	Book Now
Tue 18 July	SystmOne – Getting Started for Summer Pharmacy Students	Book Now
Wed 19 July	SystmOne – New Starters & Getting Started	Book Now
Wed 19 July	Cambs LMC Business Bitesize: Business Governance	Book Now
Wed 19 July	Prevention and Management of Pressure Ulcers	Book Now
Wed 26 July	Introduction to the Voluntary Sector	Book Now
Tue 25 July	CPTH Locum GP Peer Group Meeting, 25th July 2023	Book Now
Tue 15 August	Advanced Practice Forum – (ACP Forum)	Book Now
Wed 16 August	Wound Management Study Day	Book Now
E-Learning	Cambridge Diabetes Education Programme	Book Now
E-Learning	RCNi Learning	Book Now
E-Learning	Anticoagulation – Stroke Prevention in Atrial Fibrillation Course	Book Now

Protected Learning Time

C&P Training Hub recognise that some focused learning opportunities could be helpful for practices and PCNs during Protected Learning Time sessions. We will therefore be providing a minimum of four interactive learning sessions to support the whole multi-disciplinary team. These will consist of:

- A live virtual session hosted by subject specialists
- Peer learning discussion guides
- Resources list to signpost to further learning or tools

The sessions are designed to be accessed live and will also be available for a short period afterwards to support practices and PCNs who may already have plans for the scheduled dates. **Look out for more information in our August newsletter including first topics and dates.**

Coming Soon!

Advanced Practice in the Deep End: QIP Support Scheme Introductory Webinar

Wed 12 July, 13:00-16:00

Are you working in a Deep End (area of high deprivation) GP surgery and want to explore ways of working differently? The QIPSS is designed to help you understand why and how to undertake a quality improvement project and provide support to complete your project. Spaces are available for Cohort 3, [click here](#) to find out more and book a place on the introductory webinar.

QOF Workshop - Wed 19 July 12:00-13:30

The Quality and Outcomes Framework guidance released in March 2023 introduced a new quality improvement (QI) module, which focuses on workforce and wellbeing in 2023/24 and will form part of the QOF activity starting from April. NHSE are facilitating this workshop for colleagues to share, learn, develop ideas and initiatives to support the ambitions set out in this QI module. If you are interested, please email england.primarycareworkforce@nhs.net by 17 July 2023.

Half Day Mandatory Training Session

Mon 09 October (morning)

A half day aimed at sessional GPs who want to experience mandatory training in a different way to e-learning. We will be running an infection control session followed by a safeguarding discussion to support mandatory training requirements. Please save the date in your diaries and keep an eye on your inbox for our next newsletter with more details and how to book your place.

Coming Soon!



CPTH Locum GP Peer Group

Tue 25 July, 19:30-21:00

Are you a GP working as a locum in Cambridgeshire & Peterborough? If so we'd love you to join us for our next Locum GP Peer Group meeting to share ideas and discuss issues affecting Locum GPs. Click the button to book now and join the conversation.

[Book Now](#)



Introduction to the Voluntary Sector

Wed 26 July 09:30-12:30

Suitable for all personalised care roles. An overview to what the voluntary sector has to offer. All roles will have a better understanding of the voluntary sector, what different services provide and how to best match patients to the services available.

[Book Now](#)



Safeguarding Matters: Level 3 webinar – An overview of CSA and the role of Primary Care

Thu 07 September 13:00-14:00

During this session candidates will have a general overview about child sexual abuse and have the opportunity to apply their knowledge and skills in case based discussions from a primary care perspective.

[Book Now](#)

Free NHS Pensions Training for Practice Managers

NHS Pensions are offering free GP Practice Manager training on NHS Pensions. You can register to receive emails and updates by emailing nhsbsa.stakeholderengagement@nhs.net and asking to be added to their distribution list. You can also find the newsletters and training links to book through the NHS Pensions website:

<https://www.nhsbsa.nhs.uk/employer-hub/employer-news>



GP & ACP Education Programme: Functional Illness

Thu 17 August, 19:00-20:30

Join us for a 90-minute zoom talk and Q&A on Understanding Functional Symptoms and Illness with Dr Will Bostock. [Click here](#) to book your place. You can also visit our [web page](#) for dates/details of other upcoming events in the programme.

Basic Life Saving (BLS) Training Sessions

A 2-hour basic BLS course being held face-to-face:

Thu 27 July (2-4 pm), Clay Farm, Cambridge

Wed 23 Aug (2-4pm), Boroughbury, Peterborough

Thu 24 Aug (2-4pm), Redshank House, Huntingdon

£15 per delegate. [Click here to book](#)

Introduction to Immunisation & Vaccination

Wed 30 & Thu 31 August

This course is for Nurses, Clinical Pharmacists and Paramedics who are new to General Practice and have been on our Induction Programme for Staff New to General Practice. It is taking place at The Fleet in Peterborough. We will also be planning one in January and one in May, and plan to run 3 per year going forward.

[Apply Now](#)

Immunisation and Injection training for HCAs (Flu, Pneumococcal and B12)

Thu 21 September + Thu 28 September or 05 October

Immunisation training is essential for HCSWs whose employers wish them to immunise. There are changes to the vaccines in September, as a result of which the face-to-face element of the course is now a full day (as opposed to a half day).

[Apply Now](#)

East Anglia Registered Immuniser Updates

Based on the Public Health England/RCN National Minimum Standards and Core Curriculum for Immunisation Training for Registered Healthcare Practitioners. Facilitated by Emily Chedy RN, Professional Lead - Immunisations. Aimed at those who can administer vaccines under a Patient Group Directive, however, everyone is welcome.

[Find Dates](#)

Programmes & Opportunities



PA Student Placements

Are you a teaching practice interested in hosting Physician Associate students as part of their placements? Students would either be in their 1st year or 2nd year and it would be for 23/24 academic year. Please email [Rimal Nata](mailto:rimal.nata@nhs.net) at rimal.nata@nhs.net for more information if you are interested.

Integrated Care Fellows Development Programme 2023 – Deadline Extended to Friday 14 July 2023

This one-year development programme is designed to bring together primary care clinicians from across the East of England to learn, work and develop solutions together. Designed for GPs (in first five years of qualifying), Nurses, AHPs, PAs, Pharmacists and other healthcare clinicians who work in General Practice alongside Social Care, Community Services, Mental Health, Hospitals, District Councils and the Community and Voluntary Sector. For more information and how to apply please [click here](#).

Leading Beyond Boundaries System Leadership Development Programme

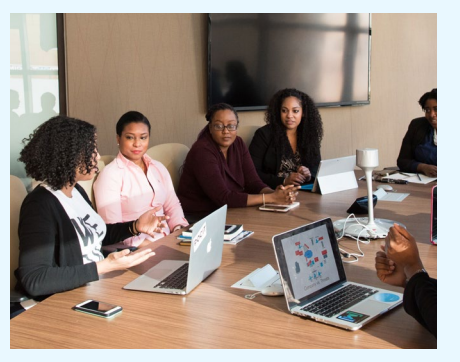
Deadline extended to Friday 7th July 2023

Cohort 4 of this five-month, system leadership development programme will be launching on 13th September 2023. It aims to bring together colleagues from a wide range of organisations across Cambridgeshire & Peterborough to develop the trust & relationships, skills & tools, confidence & agency, insight & understanding that support meaningful collaboration. [Click here](#) for more information, including a Training Hub bursary to cover the £800 cost of the programme.

Do you have a passion to develop and lead education within your PCN?

We have commissioned a bespoke 4-part educational leadership development programme delivered by Clare Morris and Tim Swanwick. They will work with you to dig deep into educational theory, helping to articulate the challenges you face and lean on the literature and others' expertise to help with finding solutions.

Our second session is on re-thinking placements and supervision, and we encourage applications from the multi-disciplinary team within a PCN. To express an interest in joining the programme or as individual sessions, please [visit our web page](#).



GP Leadership Grants

We have a small number of grants available to support new and current leaders to update and develop their leadership skills and continue to make General Practice a great place to work!

Please [click here](#) for more information and to express interest.

New!



Supporting Future Educators Cohort 3

Are you interested in becoming a first time Tier 3 Educator but need help to steer you through the journey? If so, book a place on our Supporting Future Educators Programme. Our first session took place in May but there is time to catch up ahead of our second and third evening sessions in July and September and the 2-day face to face workshop in November.

[More Info](#)



General Practice Fellowship

Are you a GP or Nurse who is about to qualify or did you qualify in the last 12 months? Or is your practice recruiting for these roles? Our General Practice Fellowship is a 2-year funded scheme for new or recently qualified GPs and Nurses, offering protected CPD time, education sessions and mentoring, plus support for employing practices.

[More Info](#)



Educators & Learning Organisations

Becoming an Educator or Learning Organisation is a rewarding way of enhancing your skills and supporting the next generation of local Primary Care staff. Find out how we can help support you and your practice through the process.

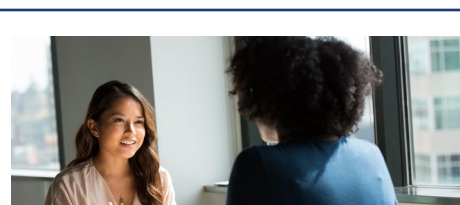
[More Info](#)



Faculty Registered Trainers

Are you an educator who has a passion for women's health? We have an opportunity for individuals who would like to become a Faculty Registered Trainer. Find out more and email us at canpdtraininghub@nhs.net to express an interest.

[More Info](#)



Coaching & Mentoring for Personalised Care Roles

If you have started a personalised care role in General Practice within the last 12 months, our Training Hub mentors are available to listen and to support you in finding the best way forward. Click the button to find out more.

[More Info](#)

News

Welcome Personalised Care Leads!

We would like to introduce you to the **Personalised Care Leads** who are supporting Personalised Care roles and embedding the Personalised Care approach within the whole practice team and wider system partners. [Click here](#) to find out more about them and if you need any support or would like further understanding, please contact the relevant lead direct.

Jennie Rose, Personalised Care Lead for East & South Cambridgeshire and Cambridge City

Jennie's personalised care journey started in Ely North and South PCNs as a Health and Wellbeing Coach and then later she also took on the role of PCN Lead for Health Inequalities. Email jennie.rose1@nhs.net

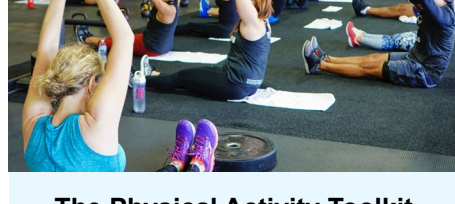
Sophie Terrill, Personalised Care Lead for Huntingdonshire and Fenland

Sophie's background is mostly in social work throughout Cambridgeshire, where she's had the opportunity to work in lots of local authority social care teams; including older people's teams, learning disability partnerships, whole-county first contact teams, children's teams and even a self-managed social work team. Email Sophie.terril1@nhs.net

Jillian Hall, Personalised Care Lead for Greater Peterborough and Wisbech

Jillian has worked in health and social care for over 35 years managing a wide range of social care and associated services, qualified with a CMI Diploma in Management and was a Registered Manager for over 10 years. Email Jillian.hall3@nhs.net

Support & Wellbeing

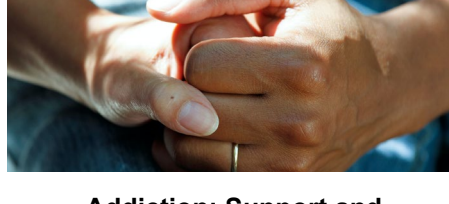


The Physical Activity Toolkit

Thu 27 July, 11:00-12:00

A Physiotherapist-led webinar to provide the tools to kickstart and maintain a physically active lifestyle. Strength, cardiovascular, HIIT- what does it all mean? Expect to get moving, find out how good your balance is and what you can do to add life to your years in this one-off Wellbeing Hour event.

[Book Now](#)



Addiction: Support and Resources from NHS Live Well

Addiction is defined as not having control over doing, taking or using something to the point where it could be harmful to you. It's a common problem, ranging from shopping and the internet to gambling, alcohol and drugs, but help is available. Find advice, links to counselling and other useful resources at NHS.uk

[More Info](#)



Staff Support Hub Groupwork Programme on Fatigue

A 6-session programme running weekly from 4th September until 9th October. The overall aim is to help you develop a greater understanding of fatigue and to provide you with useful strategies and 'tips' to help you self-manage fatigue at work and in your life outside of work. Email to register your interest.

[Email](#)

Cambridgeshire & Peterborough Staff Support Hub

The C&P Staff Support Hub offers free, confidential wellbeing support, webinars and forums for all health and care staff working across Cambridgeshire and Peterborough in any role, in any organisation. Find out more [here](#).

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