

## Welcome to our August Newsletter

CPTH provides training, education and workforce support across General Practice in Cambridgeshire and Peterborough.

### Upcoming Training & Events

Tue 15 August	Advanced Practice Forum – (ACP Forum)	<a href="#">Book Now</a>
Wed 16 August	Wound Management Study Day	<a href="#">Book Now</a>
Thu 17 August	Prevention and Management of Pressure Ulcers	<a href="#">Book Now</a>
Thu 17 August	GP & ACP Education: Understanding Functional Symptoms and Illness	<a href="#">Book Now</a>
Wed 30 August	CPTH Locum GP Peer Group Meeting	<a href="#">Book Now</a>
Mon 04 September	Induction Programme for Staff New to General Practice	<a href="#">Book Now</a>
Tue 05 September	SystemOne – New Starters & Getting Started	<a href="#">Book Now</a>
Tue 05 September	Topical negative pressure VAC Therapy by KCI -3M	<a href="#">Book Now</a>
Tue 05 September	GPs Keep in Touch Session: Dermatology	<a href="#">Book Now</a>
Wed 07 September	Safeguarding Matters: L3 Overview of CSA and the role of Primary Care	<a href="#">Book Now</a>
Tue 12 September	Wound Management Study Day	<a href="#">Book Now</a>
Wed 13 September	Combined Hormonal Contraception Update	<a href="#">Book Now</a>
Wed 13 September	Cambs LMC: Strengthening Teamwork & Supporting Teams under stress	<a href="#">Book Now</a>
Wed 13 September	Diabetes LES – Meeting 2	<a href="#">Book Now</a>
Wed 13 September	Medical Terminology	<a href="#">Book Now</a>
Thu 14 September	General Practice Nurse Forum	<a href="#">Book Now</a>
Thu 14 September	Introduction to Shingrix Vaccination for HCSWs	<a href="#">Book Now</a>
E-Learning	Cambridge Diabetes Education Programme	<a href="#">Book Now</a>
E-Learning	RCNi Learning	<a href="#">Book Now</a>
E-Learning	Anticoagulation – Stroke Prevention in Atrial Fibrillation Course	<a href="#">Book Now</a>

#### Protected Learning Time

We are delighted to announce that the first round of Protected Learning Time sessions are available to book. The sessions are designed to be accessed live and will also be available for a short period afterwards to support practices and PCNs who may already have plans for the scheduled dates. Click the book now buttons to book your place on the live webinars.

**Book Now**  
**Tue 19 September, 14:30-15:30**  
Environmentally Sustainable General Practice  
Dr James Smith

**Book Now**  
**Wed 22 November, 14:30-15:30**  
Making Safeguarding Personable yet Practicable: Harnessing the strength of the Primary Care MDT  
Dr Liz Woodroffe

**Also coming soon:**  
**23 January 2024** – Diabetes  
Dr Jessica Randall-Carrick

**19 February 2024** – Menopause  
Dr Gill Shields

**27 March 2024** – Wellbeing  
Dr Paula Newton & Dr Susie Hunt

For full details and further PLT offers please visit:  
<https://cptraininghub.nhs.uk/protected-learning-time-plt/>



#### Shapes in Practice for Mid & Late Career GPs - starts 28 September 2023

A programme of 3 x 2hr workshops for mid and late career GPs, focussing on how to deal with the challenging and stressful situations encountered on a daily basis. Designed to provide the tools to find individual, practical solutions whilst working as part of a team in general practice.



#### GP & ACP Education Programme: Functional Illness

**Thu 17 August, 19:00-20:30**

Join us for a 90-minute zoom talk and Q&A on Understanding Functional Symptoms and Illness with Dr Will Bostock. [Click here](#) to book your place. You can also find for dates/details of other upcoming events in the programme on our [web page here](#).

#### Basic Life Saving (BLS) Training Sessions

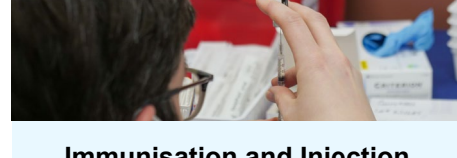
A 2-hour basic BLS course being held face-to-face:

**Wed 23 Aug (2-4pm)**, Boroughbury, Peterborough

**Thu 24 Aug (2-4pm)**, Redshank House, Huntingdon

**Wed 06 Sep (2-4pm)**, Clay Farm, Cambridge

£15 per delegate. [Click here to book](#)



#### Immunisation and Injection training for HCAs (Flu, Pneumococcal and B12)

**Thu 21 September + Thu 28 September or 05 October**

Immunisation training is essential for HCSWs whose employers wish them to immunise. There are changes to the vaccines in September, as a result of which the face-to-face element of the course is now a full day (as opposed to a half day).

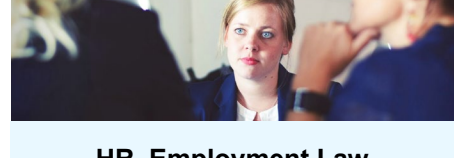
[Apply Now](#)

#### World Suicide Prevention Day Suicide Awareness Training

**Fri 08 September 13:00-14:30**

Suicide Awareness training suitable for ALL primary care practice staff. This fully funded event is hosted by 4 Mental Health, hear from leading clinician Dr Peter Ilves on Suicide Awareness and how Primary Care have a vital role to play. This evidenced based training provides a compassionate approach for demanding and time-pressured environments. Delegates develop skills and confidence to instil hope and co-produce safety plans.

[Book Now](#)



#### HR, Employment Law, Performance Management & Changing Staff Behaviour

**Tue 26 September 12:30-17:00**

This interactive programme will offer practical guidance to enable participants to manage their human resource and deal with staffing challenges more effectively. Includes update on changes in the employment and legislative frameworks that will affect practices and employers.

[Book Now](#)

#### Admin and Clerical Programme for September/October

Based on what was requested through our Training Needs Analysis, we have booked the following in for September and October for Admin and Clerical Teams:

Wed 13 Sept, 14:00-15:20

**Medical Terminology** (virtual)

[Book](#)

Tue 19 Sept, 13:30-16:00

**Chaperone Training** (virtual)

[Book](#)

Thu 28 Sept, 13:30-15:30

**Clinical Coding** (virtual)

[Book](#)

Wed 04 Oct, 13:00-16:30

**Telephone Communications Skills, Signposting & Prioritisation** (F2F)

[Book](#)

Thu 19 Oct, 13:00-15:00

**Complaint Handling and Dealing with Aggressive Behaviour** (virtual)

[Book](#)

Note Summarising, Excel (1st Nov) and Understanding Bloods (7th Nov) will be advertised shortly.

#### The Deep End EoE September Symposium 2023

**Thu 28 September 2023, 13:00pm-15:30**

"Sometimes the best results are when you are thrown in the Deep End" – Showcase, strive and succeed.

Join us for the Deep End East of England 2023 September Symposium. Supported by the C&P Training hub, this interactive event (via Teams) will showcase the very best interventions and innovations which are making real differences to populations facing adversity.

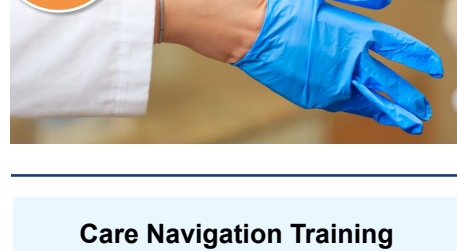
[Click here](#) to book your place.

#### Red Whale GP & ACP Update

**Thu 05 October**

Bookings will open shortly for discounted Red Whale GP & ACP Update on 5th October. Keep an eye on your inbox for more information.

**Coming Soon!**



#### Mandatory Training Morning for Sessional GPs

**Mon 09 October, 09:00-12:30**

A half-day aimed at sessional GPs who want to experience mandatory training in a different way to e-learning. The morning will include an **Infection Control** session with Nicola Sharp, followed by a **Safeguarding: Fabricated and Induced Illness** case-based discussion facilitated by Richard Maddison, to support mandatory training requirements. [Click here](#) to book your place.

#### Care Navigation Training

NHSE are offering free virtual training to support practice and PCN staff. Practices and PCNs are asked to identify and nominate one member of staff to complete care navigation training, recommended for reception staff and care navigators who will be involved in triaging requests. Find out more on our [web page](#).

#### PCT GPIIP Phase C Intensive and Intermediate Introductory Webinar

Important Information: To access both of the GPIIP Offers of the Intensive Programme (26 weeks) and the Intermediate Programme (13 weeks), Practices will need to consider the following:-

- Does the practice have a cloud/internet-based phone system that is generating data like call volumes by time, dropped calls and waiting times
- Is the practice currently using a digital contact tool such as an online consultation system
- Does the practice have a willingness to undertake a Support Level Framework facilitated conversation

Please [click here](#) to book.

### Programmes & Opportunities

#### RCGP East Anglia Faculty Practice Awards 2023

The Awards offer an opportunity for Primary Care teams to acknowledge their colleagues' excellence and innovation and also for individuals to nominate themselves for an Award. Awards available include: GP Award, Practice Nurse Award, Practice Manager Award, and Practice Team Award. [Click here](#) for more information and application forms. The deadline for applications is Friday 18 August 2023, 12 noon.

#### Digital and Transformation Leads Development Programme

A twelve-month development programme specifically designed to equip individuals in the Digital and Transformation Lead ARRS role with the core skills to be able to lead transformational change. The programme comprises a five-day core programme, action learning, personal project work and individual coaching.

Please read the [programme information](#) before applying.

[Cohort 2 Application form](#)

[Cohort 3 Application form](#)

For queries, email: [england.capabilitytpt@nhs.net](mailto:england.capabilitytpt@nhs.net)

#### PA Student Placements

##### Could you host a Physician Association Student?

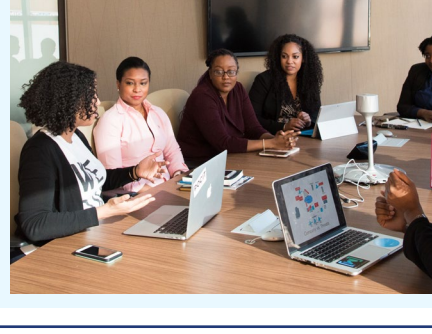
There is an opportunity to host a Physician Associate student and the tariff per student can be up to £144 for 8 hours per day, depending on the University. This is your opportunity to find out first hand what a physician associate can do and how the role fits into primary care. During the placement the PA student will require supervision. This placement is part of the physician associate training, allowing students to develop their communication and examination skills. Please email Rimpal Nata at [rimpal.nata@nhs.net](mailto:rimpal.nata@nhs.net) for more information if you are interested.

#### Do you have a passion to develop and lead education within your PCN?

We have commissioned a bespoke 4-part educational leadership development programme delivered by Clare Morris and Tim Swanwick. They will work with you to dig deep into educational theory, helping to articulate the challenges you face and lean on the literature and others' expertise to help with finding solutions.

Our second session is on re-thinking placements and supervision, and we encourage applications from the multi-disciplinary team within a PCN.

To express an interest in joining the programme or as individual sessions, please [visit our web page](#).



#### GP Leadership Grants

We have a small number of grants available to support new and current leaders to update and develop their leadership skills and continue to make General Practice a great place to work!

Please [click here](#) for more information and to express interest.

**New!**



#### Career Break Support

Taking a break in your career can be challenging. Whatever the reason for your break, our new Career Break programme provides opportunities to access advice, support and training to help you before, during and after your absence from work.

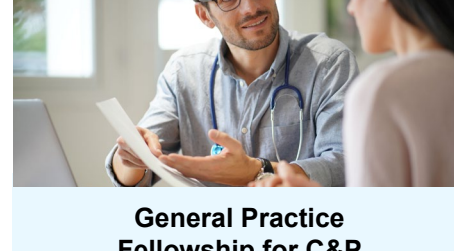
[More Info](#)



#### DFSRH Training Scheme

Applications are now open for the next cohort of our FSRH training scheme, for general practice clinicians with an interest and service need for the Diploma for the Faculty of Sexual and Reproductive Healthcare.

[More Info](#)



#### General Practice Fellowship for C&P

A 2-year scheme offering protected CPD time, monthly education programme and mentoring for newly qualified GPs and Nurses (within last 12 months). Plus backfill funding and support for the employing practice.

[More Info](#)



#### Supporting Future Educators Cohort 3

Are you interested in becoming a first time Tier 3 Educator but need help to steer you through the journey? If so, book a place on our Supporting Future Educators Programme. Our first session took place in May but there is time to catch up ahead of our next evening session in September and the 2-day face to face workshop in November. Please [click here](#) for more information.

### Surveys & Research

#### Housing Needs Survey - Deadline Extended to Friday 4th August

Cambridgeshire & Peterborough ICS want to ensure that health and care staff in Cambridgeshire & Peterborough have access to the housing they need to work in our area, both now and in the future. Please share your insights to help us plan for the future. To complete the Staff Housing Needs Survey please [click here](#).

#### Leading the Way: The role and value of nurses in general practice Phase 3

Every Practice is invited to participate in this survey commissioned by NHS England. The survey is to be filled in by one member of staff from each practice and this should be someone with a good view of how your practice team works together. It should take no more than 10 minutes to complete. You will be asked for information on your clinical workforce, who activities are carried out by, and reasons behind your staffing choices. It is part of the Leading the Way research project exploring the general practice workforce, the role of the practice nurse and alternative staffing models where nurses are not present in practices. Practices with and without nurses are asked to take part, so NHS England can find out more about how your team works together to meet the needs of your patients and communities.

[Click here for more information](#)

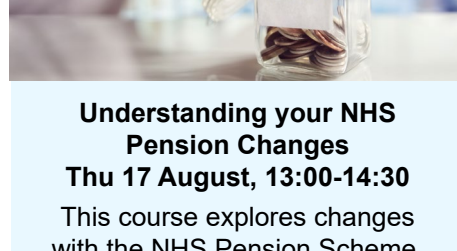
[Click here to take the survey](#)

#### Request for Support with MBA Online Survey

As part of her MBA studies, Karen Key from C&P ICS is currently undertaking a Management Research Challenge exploring psychological safety with staff employed in the new 'ARRS' funded roles in GP primary care services.

If you would be willing to contribute to this research by completing a short (5-10 mins) online survey, please [click here](#) for more information and to access the survey.

### Support & Wellbeing

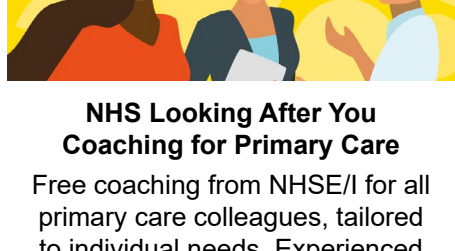


#### Understanding your NHS Pension Changes

**Thu 17 August, 13:00-14:30**

This course explores changes with the NHS Pension Scheme, the impact of those changes on members entitlement and the options available in order to assist members in planning for their retirement. Aimed at employees considering retirement, or starting to think about retirement planning.

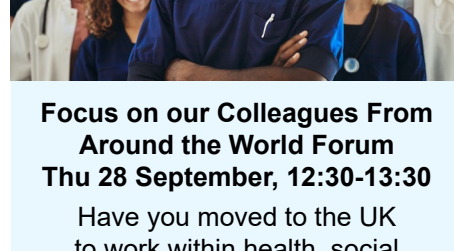
[Book Now](#)



#### NHS Looking After You Coaching for Primary Care

Free coaching from NHSE/I for all primary care colleagues, tailored to individual needs. Experienced coaches will work with you to discuss any area of your wellbeing that you would like to address. They will listen, ask questions and support you to develop practical strategies to cope with your situation and stay well.

[More Info](#)



#### Focus on our Colleagues From Around the World Forum

**Thu 28 September, 12:30-13:30**

Have you moved to the UK to work within health, social care or the voluntary sector in Cambridgeshire and Peterborough? C&P Staff Support Hub are running a programme of support forums just for you, with a range of topics and guest speakers.

[Book Now](#)

#### Cambridgeshire & Peterborough Staff Support Hub

The C&P Staff Support Hub provides free, confidential wellbeing support, webinars and forums for all health and care staff working across Cambridgeshire and Peterborough in any role, in any organisation. Find out more [here](#).

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