

Welcome to our October Newsletter

CPTH provides training, education and workforce support across General Practice in Cambridgeshire and Peterborough.

Training Hub News

It's been a bumper month for our Nursing team here at C&P Training Hub!

Firstly, we are delighted to announce that we have been awarded the **National Preceptorship for Nursing Quality Mark**. We are one of only two Training Hubs to receive this award and it is testament to the quality of support we provide for our newly qualified nurses, nursing associates and new to general practice nurses.

In addition, we're also very proud and excited to have been shortlisted for the **Nursing Times Workforce Awards** for our Preceptorship Programme. The awards take place in London on 21st November so watch this space!

For more information about our Preceptorship programmes, please email us at candptraininghub@nhs.net



Upcoming Training & Events

Tue 10 October	Stage 2 SystmOne for Clinicians	Book Now
Tue 10 October	Pharmacy Integration, Learning and Networking Event	Book Now
Tue 10 October	Cambs LMC: Supporting Workplace Wellbeing in General Practice	Book Now
Wed 11 October	Wound Management Study Day	Book Now
Thu 12 October	GP Fellowship & First 5 Education: Palliative Care	Book Now
Tue 17 October	Advanced Practice (ACP) Forum	Book Now
Tue 17 October	Stage 2 SystmOne for Admin/Reception Teams	Book Now
Wed 18 October	Progestogen Only Contraception Update (incl. LARC)	Book Now
Wed 18 October	Prevention and Management of Pressure Ulcers	Book Now
Wed 18 October	Cambs LMC: Performance and Appraisal in General Practice	Book Now
Thu 19 October	Complaint Handling and Dealing with Aggressive Behaviour	Book Now
Thu 19 October	CPTH First 5 GPs (South) Small Group Meeting	Book Now
Mon 23 October	Introduction to Contraception Webinar	Book Now
Mon 30 October	CPTH Locum GP Peer Group Meeting	Book Now
Tue 31 October	PCN and Practice Manager Forum	Book Now
Tue 31 October	CPTH First 5 GPs (North) Small Group Meeting	Book Now
Wed 01 November	Intermediate Excel	Book Now
Wed 01 November	Introduction to Wellbeing	Book Now
Thu 02 November	Hypertension Update	Book Now
Mon 06 November	Induction Programme for Staff New to General Practice (2 day)	Book Now
Tue 07 November	SystmOne – New Starters & Getting Started	Book Now
E-Learning	Cambridge Diabetes Education Programme	Book Now
E-Learning	RCNi Learning	Book Now
E-Learning	Anticoagulation – Stroke Prevention in Atrial Fibrillation Course	Book Now

Leading Together Festival

Fri 06 October – Fri 20 October

The third Leading Together Festival aims to support all our colleagues to come together, to gain understanding, raise awareness and build confidence, around the themes of Staff Experience, Inclusion and Leadership. It offers an everyday toolkit and learning from others to support staff to be purposeful in their actions, with the intention of creating lasting change. For further information, please [click here](#).

Protected Learning Time

These sessions are designed to be accessed live and will also be available for a short period afterwards to support practices and PCNs who may already have plans for the scheduled dates. Click the buttons to book your place on the live webinars.

BOOK NOW

Wed 22 November, 14:30-15:30

Making Safeguarding Personable yet Practicable:
Harnessing the strength of the Primary Care MDT
Dr Liz Woodcroffe

BOOK NOW

Tue 23 January 2024, 14:30-15:30

Cardiovascular Disease & Diabetes
Dr Jessica Randall-Carrick

Also coming soon:

19 February 2024 – Menopause with *Dr Gill Shields*

27 March 2024 – Wellbeing with *Dr Paula Newton & Dr Susie Hunt*

Find more information and check out our other PLT offers here:

<https://cptraininghub.nhs.uk/protected-learning-time-plt/>



Safeguarding Matters Series of Level 3 Webinars

Wed 18 Oct, 13:00-14:00

Intro to Health IDVA Service

[Book Now](#)

Thu 02 Nov, 13:00-14:00

Domestic Abuse, Awareness and Support Available

[Book Now](#)

Tue 05 Dec, 13:00-14:00

An introduction to the child death review process and child death overview panel (CDOP)

[Book Now](#)

Pharmacy Best Practice, Integration and Networking Event

Tue 10 October, 09:30-15:15

This in-person workshop at Burgess Hall, St Ives is open to all PCN and Practice Pharmacy Teams - both Pharmacists and Pharmacy Technicians (including apprentices) keen to update their knowledge, understand the latest updates, network with their peers from across the clinical pharmacy community and share their experiences. The day will cover a wide range of subjects including information on lipid prescribing as well as information and tools to support you in your daily work. To book a place on this event, please [click here](#).

BOOK NOW



GP & ACP Education Programme Sleep Medicine & Insomnia for GPs

Tue 17 October, 19:00-20:30

Join us at the Delta (Marriott) Hotel in Huntingdon for our next GP & ACP education evening with Dr Clare Bolton, a neurology consultant and specialist in Sleep medicine.
[Click here](#) to book your place.

You can also find future dates in the programme on our [web page here](#).



Keep Calm and Carry On Prescribing (V300 Update)

Thu 19 October, 13:00-16:15

This course aims to update participants in recent Non-Medical Prescribing developments and enable them to use their prescribing skills, legally and professionally to improve safe and effective practice and minimise risk of litigation.
[Click here](#) to book your place.



Care Navigation Training

Foundation level skills training sessions for those new to care navigation. On completion, individuals will be confident to communicate effectively with patients and members of the multi-disciplinary team to signpost to the most relevant clinician or local services. An advanced level for those with experience will be available shortly. [Find out more](#)

BOOK NOW

Care Navigation in Practice Webinar

Thu 26 October, 17:00-18:00

The Delivery Plan for Recovering Access to Primary Care is transforming patient care. Sets out our commitment to tackle the 8am rush and make it easier and quicker for patients to get the help they need from primary care. This webinar is part of our series covering the plan's four pillars:

Empowering Patients, Implementing Modern General Practice Access, Building Capacity and Cutting Bureaucracy

Learn about our Care Navigation Training, a crucial aspect of implementing modern general practice access.

ReSPECT Plan Level 3 Training

07 & 15 November

This free education is open to GP's, Advanced Nurse Practitioners, Specialist Nurses, Care Home Nurses and Managers and Advanced Paramedic Practitioners, who may hold ReSPECT discussions and complete the ReSPECT form. The ReSPECT Process Level 3 Training is a three-hour session including the Medico-legal aspect of ReSPECT, ReSPECT conversations: who, when and how, and Shared decision making.

[More Info](#)

Immunisation and Injection training for HCAs (Flu, Pneumococcal and B12)

Wed 08 & Wed 15 November

Training in immunisation is essential for HCSWs whose employers wish them to immunise. Training in immunisation is essential for HCSWs whose employers wish them to immunise. There are changes to the vaccines in September, as a result of which the face-to-face element of the course is now a full day (as opposed to a half day).

[Apply Now](#)

Programmes & Opportunities

Professional Nurse Advocates

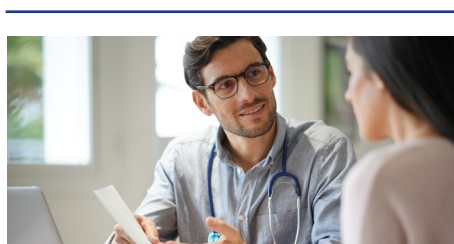
Are you a nurse passionate about supporting colleagues? We are looking for nurses to work with the Training Hub as Professional Nurse Advocates (PNAs). You will be supported to undertake the PNA course and be paid a sessional rate to work with colleagues as part of our new support programme. We are particularly keen to hear from nurses who were educated outside the UK and have lived experience of the challenges experienced by those new to working in the NHS and living in the UK. To express an interest, please email us at candptraininghub@nhs.net with 'PNA' as the subject by 31st October and we will contact you with more information.



Opportunity to work with C&P Training Hub - Quality & Educator Expansion Lead

Calling experienced educators – come and join our cheerful friendly team of educators working to support our primary care workforce. We are looking for an enthusiastic, experienced educator to lead our Quality and educator support programme. You will build on our recent training expansion success, enthuse educators of the future, help them through their training, and support and mentor new educators. If you have experience as a GP trainer, TPD or in another senior educator role and are interested in leading a team responsible for quality assurance, support and development of our GP and multi-professional educator workforce, we would love to hear from you.

[Click here](#) for more information and how to apply. (Closing date: 9am, Monday 30 October)



General Practice Fellowship for GPs & Nurses

A 2-year scheme offering protected CPD time, monthly education programme and mentoring for newly qualified GPs and Nurses (within last 12 months), plus backfill funding and support for the employing practice.

[More Info](#)



GP Career Break Support

Taking a break in your career can be challenging. Whatever the reason for your break, our new Career Break programme provides opportunities to access advice, support and training to help you before, during and after your absence from work.

[More Info](#)



GP Leadership Grants

We have a small number of grants available to support new and current leaders to update and develop their leadership skills and continue to make General Practice a great place to work! Please click the button for more information and to express interest.

[More Info](#)



Dermatology Clinical Mentoring for GPs

Aimed at supporting GPs to upskill in Dermatology diagnosis and management through a funded PCDS course and practical learning in clinic. This is a 2-stage opportunity to gain knowledge of dermoscopy and attend clinics with Dr Anna Trigell to see dermatology diagnosis and care in action. Open to any GP working in C&P general practice, who wishes to develop their knowledge and skills in dermatology diagnostics and treatment.

To find out more please [click here](#).



Mentoring for Personalised Care Roles

C&P Training Hub offers up to 3 mentoring sessions for Social Prescribing Link Workers, Health and Wellbeing Coaches or Care Coordinators who have started a role within General Practice within the last 12 months.

To assist with this, we're delighted to welcome **Joanne Hutchinson** to our mentoring team. Joanne works in Personalised Care, she is a qualified ILM 5 Coach and Mentor and is passionate about people development. [Click here](#) to find out more.

General Practice Assistant (GPA)

At present, NHSE are in the final stages of expanding the accredited programme and it is expected that GPAs will be able to access this in Autumn/Winter 2023. To apply for a place please download and fill in the [GPA Application form](#) and send to norfolkswaveneytraininghub@nhs.net (and cc in candptraininghub@nhs.net).

Please note at this stage there is no guarantee of being allocated a place.

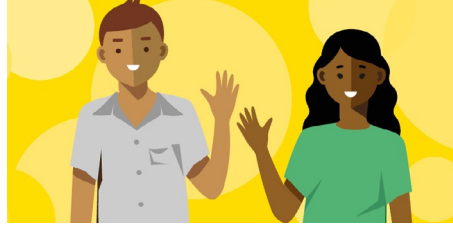
Support & Wellbeing



New Peer Support Service from C&P Staff Support Hub

A new, confidential service which enables people to openly discuss concerns and experiences with someone who will understand. It's not about telling you what to do but listening with empathy and offering signposting, resources and referrals that will help you navigate your next steps. Bookable 1 hour slots available. Email for more info.

[Email](#)



NHS Looking After You Free Coaching for Primary Care

Do you feel like you need someone to talk to? You're not alone. Looking After You is a free and confidential coaching service available to everyone working in primary care. A team of expert coaches provide individual coaching for your own wellbeing and for your career, as well as support to help you look after your team.

[More Info](#)



Free NHS Weight Loss Plan and Health Programmes

If you're overweight, losing weight has many health benefits. Making small, simple changes to what and how much you are eating and drinking can really help you lose the pounds. Download the free, easy to use NHS Weight Loss Plan to help you start healthier eating habits, be more active, and start losing weight.

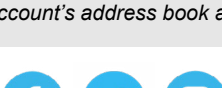
[More Info](#)

Cambridgeshire & Peterborough Staff Support Hub

The C&P Staff Support Hub offers free, confidential wellbeing support, webinars and forums for all health and care staff working across Cambridgeshire and Peterborough in any role, in any organisation. Find out more [here](#).

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