

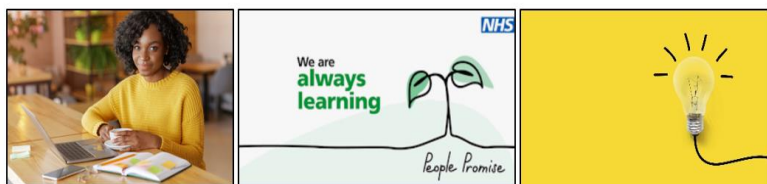
Week: 15.07.24 – 19.07.24

Weekly round-up of this week's key messages

Regional Talent & Leadership Support July Edition

The East of England Regional Talent Team provides a range of helpful and practical interventions that assist with career management to support individuals to reach their potential and career aspirations.

Click [here](#) to view the latest edition of support available.



Community of Practice: Menopause Special Interest Group

[Wednesday 31st July, 11am – 12pm](#)

A reminder of the next national Menopause Special Interest Group session held via MS Teams.

Click [here](#) to join the session.

Click [here](#) to view a recording of the May meeting and [here](#) for further menopause information and resources.

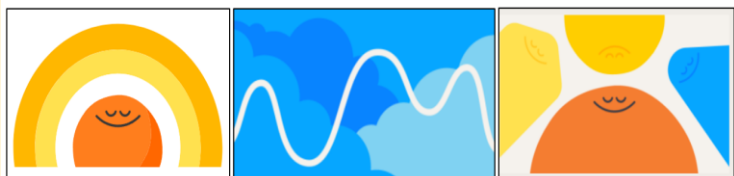
For any queries please contact:

england.lookingafterourpeople@nhs.net



Staff Health & Wellbeing Support

Click [here](#) to access the latest staff support provision. Do reach out, you are not alone and help is available.



National Health and Wellbeing Guardians and Supporting Senior Executive Leaders Community of Practice

[Thursday 25th July, 2.30pm – 4pm](#)

A reminder that the next Health and Wellbeing Guardians and Supporting Senior Executive Leaders Community of Practice session will take place next week and feature:

- Introduction to the NHS Workplace Wellbeing Programme
- Learning from trailblazer organisations working across systems to provide staff occupational health and wellbeing services
- Flexible working: Key information Health and Wellbeing Guardians should be aware of
- Introduction to the Executive Leaders Health & Wellbeing Programme

These sessions are open to all Health and Wellbeing Guardians and any of the organisational leaders who support them in this role.

Email ournhspeople.hwb@nhs.net to register to attend.

The next session is scheduled for Thursday 19th September, 2.30pm – 4pm.

Information and guidance for Health & Wellbeing Guardians and organisations can be found [here](#).

Occupational Health Mentoring Opportunities

The [Society of Occupational Medicine](#) (SOM) and the [National School of Occupational Health](#) (NSOH) are hosting a free mentoring service for registered health professionals considering a move into a career within Occupational Health (OH).

The service will enable individuals to explore a career in OH, help them decide if this is the career for them and, if so, support their transition with all the tools they need.

The SOM and NSOH are also looking for experienced clinicians willing to give a little of their time and expertise as mentors.

Click [here](#) for more information, contact details and next steps.



Join the conversation on our [EoE NHS Futures page](#) and stay up to date with the latest information