

Welcome to our March Newsletter

CPTH provides training, education and workforce support across General Practice in Cambridgeshire and Peterborough.

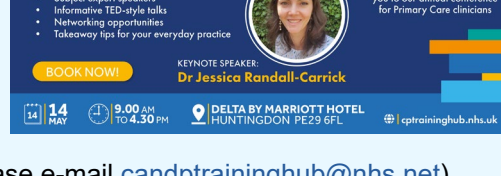
Upcoming Training & Events

Tue 12 March	Prescribing Update Meeting	Book Now
Tue 12 March	Convatec – assessment/dressing	Book Now
Tue 19 March	Advanced Practice (AP) Forum	Book Now
Tue 19 March	GP Education Programme: ENT Update	Book Now
Thu 21 March	Business Fundamentals for General Practice	Book Now
Thu 21 March	Safer Recruitment	Book Now
Tue 26 March	GPs Keep in Touch (KiT) Session: Lipid Management & Guide-lines Update	Book Now
Tue 26 March	HCA Clinical Skills	Book Now
Tue 26 March	Wound Management Study Day	Book Now
Tue 26 March	Women's Health Training	Book Now
Wed 27 March	(PLT) Enabling Wellbeing Support for Individuals & Teams	Book Now
Wed 27 March	Prevention and Management of Pressure Ulcers	Book Now
Thu 28 March	CPTH Locum GP Peer Group Meeting, March 2024	Book Now
Mon 08 April	Induction Programme for Staff New to General Practice (April) – 2-day	Book Now
Tue 09 April	New Starters & Getting Started	Book Now
E-Learning	Cambridge Diabetes Education Programme	Book Now
E-Learning	RCNi Learning	Book Now
E-Learning	Anticoagulation – Stroke Prevention in Atrial Fibrillation Course	Book Now

C&P Training Hub 2024 Conference - Tuesday 14 May

Health Equity: Making a Difference

This year's Training Hub conference will be taking place on Tuesday 14th May 2024 at the Delta Hotel by Marriott in Huntingdon. The conference is open to those working in a clinical role within Cambridgeshire and Peterborough general practice. Join us for informative TED-style talks, networking sessions, practical takeaways for your everyday practice and much more! Please [click here](#) to reserve a space. (If you would like to book places for multiple staff members, please e-mail candptraininghub@nhs.net)



Places are still available for the
NB Medical Update
Wed 20 March, 09:30-17:00

The Hot Topics GP Update course will update you on the latest developments in the literature and serve as a platform for CPD to help you to deliver better patient care.

The course consists of a series of short 'TED-style' engaging presentations followed by evidence and cases, followed by discussion. The course comes with a number of extra resources to give it incredible 'added value'. Click the buttons to book:

for GPs

for ACPs

for Clinical Pharmacists

Basic Life Support (BLS) Training

We have availability on a number of dates for our next round of BLS training sessions. Please [click here](#) to find dates and book your place.

Care Navigation Training Programme

The delivery plan for recovering access to primary care commits to training up to 6,500 staff (one person from every practice and PCN in the country) in care navigation skills. Thousands of primary care colleagues have taken up this free national offer, equipping learners to effectively communicate with patients and the multi-disciplinary team. Training is accredited with foundation and advanced modules available. A new online collaborative platform has launched for learners and their managers to access resources and to connect with their peers.

This training is only available until the end of March 2024. Managers are encouraged to register their nominated staff member to complete the training to develop a strong understanding of care navigation as soon as possible. [Click here to register](#)

Protected Learning Time

Wed 27 March 2024, 14:30-15:30

Enabling Wellbeing Support for Individuals & Teams

with Dr Susie Hunt, supported by Dr Paula Newton

The NHS is under unprecedented pressure and GP teams are at the frontline with escalating demand and a shrinking workforce. This session will aim to address some of the important issues, sharing practical tips and strategies that can help both individuals and teams. There will also be discussion material provided for practices to use with their teams to develop this work further for themselves.

Find more information and check out our other PLT offers here:

<https://cptraininghub.nhs.uk/protected-learning-time-plt/>

BOOK NOW

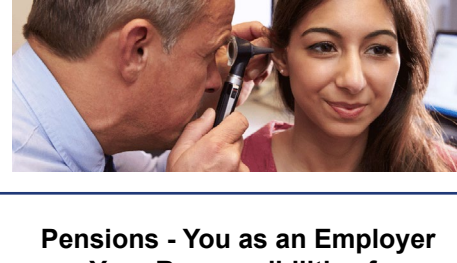
GP & ACP Education Programme: ENT Update

Tue 19 March, 19:00-20:30

Join us for our next GP& ACP session when Dr Ian Sweetenham will be providing an ENT update and discussion on everyday ENT topics.

[Click here](#) to book your place.

You can also find future dates in the programme on our [web page here](#).



Safer Recruitment

Thu 21 March, 09:30-16:30

Back by popular demand, we have booked another Safer Recruitment Session. Please [click here](#) to book.

Safeguarding Matters

Thu 11 April 13:00-14:00

SOC FUSION – Awareness of Serious Organised Crime and its signs and impact within Cambridgeshire. [Book here](#)

Thu 18 April 13:00-14:00

Understanding Sexual Violence and Supporting Survivors and Victims. [Book here](#)

Introduction to Immunisation & Vaccination

Tue 16 April & Wed 17 April

The theory and practice of routine childhood and adult immunisation and vaccination: an interactive study day for those new to immunisation.

This course is for Nurses, Clinical Pharmacists and Paramedics who are new to general practice and have been on our Induction Programme for Staff New to General Practice. It meets the PHE Minimum Standards for Immunisation training (2018).

Express Interest

Pensions - You as an Employer

- Your Responsibilities for Administering Employee Pensions (including where the practice chooses to outsource)

Tue 16 April, 13:00-16:00 & Tue 23 April, 13:00-16:00

The primary objective is to ensure that delegates are able to effectively and accurately administer the NHS Pension Scheme and stay up to date with legislative changes in order to ensure their staff receive the appropriate benefits.

Book Now



Plan Ahead - Immunisation and Injection training for HCAs and Pharmacy Techs (Flu, Pneumococcal and B12)

Thu 06 June & Thu 13 June

Training in immunisation is essential for HCSWs whose employers wish them to immunise. Changes to the vaccines in September means that the face to face element of the course is now a full day. To apply please [click here](#).

Minor Surgery Course

Thu 04 & Fri 05 July

We have arranged for Medical Skills Courses to deliver this 2-day Minor Surgery course on 4th & 5th July. The event is being held at Pathfinder House, Huntingdon, and the price per head includes all you need for the course, including lunch and refreshments. Please note that Cambridgeshire and Peterborough general practice clinicians can secure places at a subsidised rate of £480. For clinicians working outside of General Practice in C&P, places are available at £560 per head.

Please [click here](#) to book

Induction Programme for Staff New to General Practice

Our 2-day Induction Programme aims to support your local Practice induction by providing a consistent and comprehensive introduction to working in general practice.

The programme runs monthly (except May) and is for any staff new to general practice.

Please note: It is beneficial if staff have had a few days to orientate themselves to the workplace before attending the Induction Programme.

Please [click here](#) for upcoming dates and to book.

(We will be running this programme until March 2025 and places are fully funded.)

Programmes & Opportunities



Transition into General Practice Nurse Fellowship

We are now able to offer places on the 1-year transition into General Practice Programme (Fellowship) for any General Practice Nurse who is new to general practice (not newly qualified) and employed in a substantive post in a C&P Practice (within the last 3 months). The programme consists of **funded development time** (Practices will receive a financial grant to release Fellows for 4hrs per week to support learning and development), **supported induction, tailored education, peer support and clinical supervision**. Find out more & apply [here](#).



Final call!

General Practice Fellowship for Newly Qualified GPs, Nurses & AP Nurses

Are you about to qualify or qualified in the last 12 months? Is your practice currently recruiting? Our General Practice Fellowship is a 2-year funded scheme offering protected CPD time, education sessions and mentoring for newly qualified GPs, Nurses and AP Nurses employed in C&P, plus support for the employing practices. ***Applications for the current Fellowship programme will close on 29th March 2024***. [Click here](#) for more information and to apply.

Are you interested in becoming a GP Educator?

From April 2024 NHSE have launched a new aspiring educator pathway. If you are interested in becoming a GP Educator our Autumn Supporting Future Educators programme will guide you through the blended learning. For more information on what to expect and planned dates please visit our website [here](#).



Springboard Work & Personal Development Training Programme for Women

Places are still available for Springboard, the award-winning personal development programme for women who want to take control over their lives, become more assertive, increase their confidence and build themselves a more positive attitude in both their work and home lives. Designed for women from all backgrounds, ages and stages of life, this programme gives women the time to reflect, share, and most importantly, set achievable goals for now and for the future. Please [click here](#) for more information and how to apply.

More info

Local Peer Groups

Are you part of a peer group in Cambridgeshire & Peterborough that you would like to promote via the Training Hub website? If so please email candptraininghub@nhs.net including the name of the group, which profession(s) it is for and contact details.

Did you know... Lantum approve other professions not just GPs?

The Lantum C&P staff bank now has approved Nurses and Advanced Nursing Practitioners on the bank waiting to support shifts in our local area. So if you are already registered, please remember you can post your nurse shifts and if you are not registered please [click here](#) for more info and to sign up.

Primary Care Manager Career Development Framework

NHS England is pleased to announce that a primary care manager career development framework has now been published and is live. This framework should be used as guidance and can be found on our website [here](#).

Training Hub News

We would like to welcome back **Rimpal Nata** into the role of Physician Associate Ambassador at CPTH. If you are a PA in the C&P area, Rimpal is here to support you, connect with you and signpost you to opportunities. Please find out more and contact Rimpal via our website [here](#).

Support & Wellbeing



NHS Looking After You Coaching for Primary Care

Free coaching from NHSE/I for all primary care colleagues, tailored to individual needs. Experienced coaches will work with you to discuss any area of your wellbeing that you would like to address. They will listen, ask questions and support you to develop practical strategies to cope with your situation and stay well.

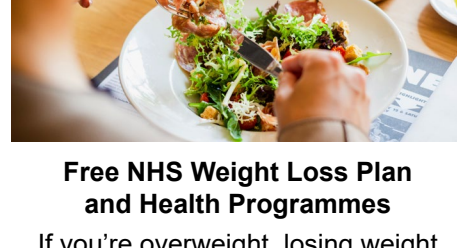
More Info



Free access for NHS staff extended to 31 December 2024

[Unmind](#) is a mental health platform that empowers staff to proactively improve their mental wellbeing. Using scientifically backed assessments, tools and training you can measure and manage your personal mental health needs, including digital programmes designed to help with stress, sleep, and coping.

Sign Up



Free NHS Weight Loss Plan and Health Programmes

If you're overweight, losing weight has many health benefits. Making small, simple changes to what and how much you are eating and drinking can really help you lose the pounds. Download the free, easy to use NHS Weight Loss Plan to help you start healthier eating habits, be more active, and start losing weight.

More Info

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