

**CPTH NEWS APRIL 2024**

**An update on 2023/24 Quarter 4 activity**

Hello and welcome to the second issue of CPTH News, our quarterly update on all things Training Hub. We hope you enjoy reading these highlights of what we've been up to over the past quarter and we welcome any feedback or questions. **Jo Oldfield**



**EDUCATION & TRAINING**

**PROTECTED LEARNING TIME**

C&P Training Hub recognise that focussed learning opportunities could be helpful to practices and PCNs during Protected Learning Time afternoons. We therefore ran 5 interactive sessions aimed at the whole practice MDT team.

Each topic benefitted from a local specialist delivering a live webinar, with access to discussion guides and resources to help practices or PCNs facilitate a group learning session.

- 98%** said the sessions were 'useful'
- 100%** said the delivery was 'excellent' or 'good'
- 99%** found the resources and facilitation pack 'useful' in supporting the session

*"We did this as a team in our training room, an hour-long presentation, followed by some group activities for us to discuss worked really well."*



**CLINICAL EDUCATION PROGRAMME**

**115 clinicians** attended 3 education events over the last quarter on **Managing Burnout, Everything you Need to Know about Cardiology and ENT.**

**100%** of those surveyed found the session 'Good' or 'Excellent'.

*"Personal practical examples regarding a day in the GP life is very helpful." (Managing Burnout)*  
*"The fact that Rob is a GP means he pitched the session exactly right - challenging us to prescribe and be more aggressive in our management but not making unrealistic or inappropriate suggestions - I will change my practice as a result of this talk as I feel I can." (Cardiology)*

*"Relevant and practical, a very good speaker and could relate to practice." (ENT)*

**NB MEDICAL HOT TOPICS UPDATE**

**48 clinicians**

enrolled in the hot topics update day. Through the organisation and co-ordination of this event, CPTH has provided 48 clinicians with access to information and updates for the next 12 months.

**BLS TRAINING**

**35 GPs**

attended face-to-face BLS training across the Cambridgeshire and Peterborough area. These courses provide additional resource to support practices and clinicians to meet mandatory training requirements.



**PCN TRAINING TEAMS**

**81%** Attendance rate at the final event of the pilot project in February 2024

Rating session content & delivery:

**75%** Exceeded expectations

**25%** Met expectations

We had our final PCN Training Teams and Educational Leadership events in February. Delegates felt it was a great opportunity to connect with other PCNs and to share ideas. They enjoyed the opportunity to network and gain support from their peers on some of the challenges they face.

*"The quarterly meetings we have been having have been presented brilliantly, and being able to network with other PCN's and learn from what they have been doing and been putting in place has been really worthwhile."*

*"I am sad that the PCN TT project has come to an end as it seems like it's only just taking off and so much more can be achieved if the programme can be kept going!"*



**FELLOWSHIPS**

**TRANSITION INTO GENERAL PRACTICE FELLOWSHIP FOR NURSES**

In January **7** Registered Nurses who were new to working in general practice successfully completed their 12-month Transition into general Practice Fellowship.

The programme offered clinical skills training, education and peer support days and group clinical supervision. Together with in-practice mentoring, the programme supports the nurses to develop their competence and confidence in general practice nursing.

**100% COMPLETED**

*"This has been great and really helped us to settle the nurse in as well as helped retain her at a time when she was questioning her move to general practice." (Feedback from a Practice Lead Nurse)*

*"I hope the programme continues because it was really helpful." (Feedback from a Nurse on the programme)*

**NEWLY QUALIFIED GENERAL PRACTICE FELLOWSHIP**



25 newly qualified clinical staff have enrolled on the NHSE Fellowship for Newly Qualified staff in its final quarter. Based at 16 practices, these new to role staff will benefit from the NHSE package to promote their retention in general practice in Cambridgeshire and Peterborough.

The programme saw 23 new GP enrolments, a 575% increase on the same time period last year.

Our pilot Advanced Practice fellowship launched, with the first two AP Nurses enrolled.

Although the NHSE programme has come to an end for new enrolments, we are pleased we were able to support such a high number of clinicians and practices to have access to the national funding.

*"Fellowship is brilliant! We have a really good candidate with development goals that fit with the practice. This programme helps newly qualified GPs to develop and also helps practices benefit from succession planning too."*



**STUDENT NURSE PLACEMENTS**

**5** week placements x **12** second year student nurses

Our Clinical Educators have worked hard to support 12 second year student nurses and their Practice Assessors and Supervisors. We have secured funding to recruit another experienced nurse Clinical Educator to develop and support student placements in general practice for Child and Mental Health branch student nurses in the 2024/25 academic year.

Placements within general practice offer a unique learning opportunity to develop skills in Primary Prevention, Health promotion and Long-Term Condition management providing insight into general practice nursing as an exciting career opportunity. It has proved to be a successful way to grow our own general practice nurses of the future and enables experienced nurses to pass on their expertise to the next generation.



**MENTORING**



**100%** of feedback respondents surveyed in quarter 4 are 'very satisfied' with the frequency and style of mentor meetings.

*"It's really helpful to have these sessions. In a natural way it feels like I am being guided to find solutions to issues that I have had and think of ways to work that will help me, which helps me implement them."*

A 90% increase in the number of mentoring sessions provided in comparison to the same time period last year and we are delighted to have maintained a high level of mentoring support during the pressurised winter period.

We have more than doubled our mentoring capacity, including 2 new mentors who have recently been supported by CPTH to complete the ILM 5 programme, enabling us to support more general practice staff and respond quickly in times of need.



**EXPANSION & SUPPORTING FUTURE EDUCATORS**

3.4% growth in new approved educators has delivered additional practice capacity for Cambridge VTS and over 2 year newly approved period approx. 21x GP learner placements across the 3 schemes.

Developing Educators has retained experience to pass on to the next generation of GPs through placements which also provides additional support to patient demands on access to care.



**APPRENTICESHIPS**

**Level 7 Senior Leader Apprenticeship plus Executive MBA (CMI)**

**3 x** general practice staff are starting a Level 7 Senior Leader Apprenticeship in April as part of a C&P system cohort. The programme is designed to accelerate leadership development, and both expand and formalise management experience and in driving collaborative working across the Cambridgeshire & Peterborough ICS organisations.



**LEADERSHIP OPPORTUNITIES**

**2 x** clinicians have embarked on the Springboard Work & Personal Development Training Programme for Women

Through the provision of leadership grants, we have enabled general practice to access system wide programmes supporting their leadership development.



**CLINICAL SKILLS DEVELOPMENT**

**12 new enrolments** for our **Dermatology Clinical Skills** programme, and 4 clinicians completing. Our local programme continues to meet the needs of C&P clinicians who want to develop their skills and confidence in dermatology, supporting a better patient journey and reducing referrals to secondary care.

**2 more clinicians** have now joined our **DFRSB** programme, funded by Cambridgeshire and Council. By commencing their training to become Long Acting Reversible Contraceptives (LARC) fitters, these clinicians are working towards providing better access to contraceptive services for women in their local area.

**New launch** We are delighted to welcome Medical Skills Courses to the East of England area to deliver a 2-day, face to face **Minor Surgery** course. This course has been heavily subsidised to recognise the importance of local access to this training for those who are new to minor surgery, or are keen to refresh their skills.

*"Thank you for providing this excellent programme and also to Dr Trigell for allowing me to sit in on her clinics and for her fantastic teaching and very practical tips. I really enjoyed the clinics"*



**PEER SUPPORT**

We recognise the winter period can take its toll on the general practice workforce, and this year was no different. We have seen an uptick in the number of individuals asking for support conversations and have been able to signpost them onto appropriate sources of support and information to address their needs.



**SOCIAL MEDIA DEVELOPMENT**

**+59.5%** reach & **+200%** growth in Instagram followers

In the last 3 months we have increased our reach on Instagram and have seen positive results in the number of followers and the reach. Our most popular activity on both Facebook and Instagram was for the year 10 student Careers Expo we supported in March, where we showcased careers in general practice and the diverse roles available.

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