

Week: 31.03.25 – 04.04.25

Weekly round-up of this week's key messages

## Community of Practice: Menopause Special Interest Group March Session Recording

Click [here](#) to view a recording of the latest Menopause Special Interest Group which was held on 19 March. The session focused on the role and impact of male allyship and featured male colleagues sharing how they have been involved in menopause support.

All recordings from previous meetings can be found [here](#) along with additional information and resources.

For any enquiries, please contact:  
[england.lookingafterourpeople@nhs.net](mailto:england.lookingafterourpeople@nhs.net)



## Staff Health & Wellbeing Support

Click [here](#) to access the latest staff support provision. Do reach out, you are not alone, and help is available.



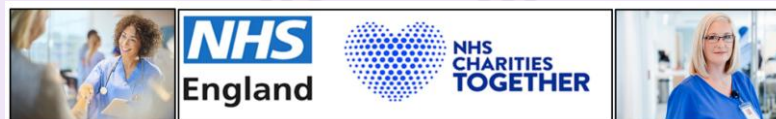
## Financial Wellbeing with HSBC:

### April 'Always On' Schedule of Daily Webinars and other Support and Resources

Each month HSBC issue a schedule of free daily webinars on various aspects of financial wellbeing. Topics differ from month to month. Click [here](#) to view the April schedule.

A reminder that all staff across East continue to have access to a free, [30 minute financial health check](#) with an HSBC Financial Health Specialist.

These appointments can be held over the phone or in branch and are available to all regardless of where you bank.



## Workforce Wellbeing Local Grants Fund: Launch Recording, Guidance & Application Toolkit

The Workforce Wellbeing Local Grants Fund was launched earlier this week via webinar. A recording of the session, full fund details including key dates, guidance, a comprehensive toolkit (with FAQs) and the application form are available [here](#) on NHS Futures. Any queries should be directed to: [england.workforcewellbeing@nhs.net](mailto:england.workforcewellbeing@nhs.net)

### Key Information:

- **Three grant types are available:**
  - Immediate Impact Grants (£10k–£50k): Responding to the “here and now”
  - Innovation Grants (£10k–£50k): For creative solutions to long-standing issues
  - Transformation Grants (£100k–£250k): For large-scale, collaborative change
- **1<sup>st</sup> Application deadline:** 9am on Friday 6 June 2025  
Applications must be submitted by NHS charities via the Microsoft Form on Member Connect. Proposals should cover project need, approach, governance, outcomes, timescales, sustainability, risk and budget
- **Project duration:** Up to 18 months  
All activities to be completed by 31 March 2027 with final reports due by 30 April 2027
- This is a unique opportunity to unlock the potential for local innovation - be bold and creative with your ideas
- **Partnership working** between NHS charities and the NHS trusts they support should be a central feature of all funded projects

### Additional Notes:

- **For organisations without an NHS charity:** NHS Charities Together is exploring ways to support these organisations through collaboration with the charity network. More information will be shared later in the year
- **Project endorsement:** While the webinar referenced endorsement from a Health and Wellbeing Guardian, this can also be provided by an HR Director within the NHS trust linked to the NHS charity

Join the conversation on our [EoE NHS Futures page](#) and stay up to date with the latest information