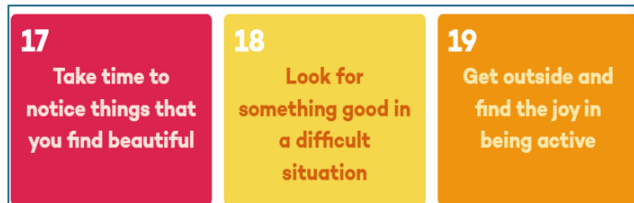


Week: 09.06.25 – 13.06.25

Weekly round-up of this week's key messages

## Action for Happiness Calendar – Joyful June

[This month's calendar](#) from Action for Happiness reminds us that, though we can't control our circumstances, we can choose to look for what's good - creating moments of joy for ourselves and those around us builds our resilience.



## Pride Season 2025

Every June, the LGBTQ+ population and their allies come together to celebrate and recognise the influence LGBTQ+ people have had around the world, promoting their dignity, equal rights, self-affirmation and is a way of increasing society's awareness of the issues they face.

Today, barriers to equal rights and opportunities remain. The latest [NHS Staff Survey findings](#) highlight that the experience of LGBTQ+ NHS staff is disproportionately poorer than their colleagues – and this widens further for transgender staff.

These results emphasise that it is vital that employers educate colleagues so they can help to create a more welcoming, safe working environment where everyone can thrive. Click [here](#) for more information and resources,



## International Retention Toolkit Updates

NHS Employers have updated their [International Retention Toolkit](#) with new links and additional content around language testing for internationally educated staff.

The toolkit aims to support a reduction in turnover of international staff in the NHS by enabling them to stay, thrive and build lasting careers.

The Toolkit is for line managers and employers and should be used alongside the [International Recruitment Toolkit](#) and the [Improving Staff Retention Guide](#) to support your overall approach to recruiting and retaining international and domestic staff.

The good practice principles and examples throughout can be applied to all professions.

## Staff Health & Wellbeing Support

Click [here](#) to access the latest staff support provision. Do reach out, you are not alone, and help is available.

## East of England Staff Experience & Wellbeing Collaborative

We were delighted to come together as a collaborative on 4<sup>th</sup> June to explore the People Promise theme: *We Are Safe and Healthy*.

We heard from [Lisa Parker](#) and [James Shields](#) of Norfolk and Waveney ICB, who shared their insightful work on developing a Restorative and Just Culture across the system.

If you missed the session or would like to revisit it, please click [here](#) to view the recording and access the presentation slides (*which include a regional data snapshot featuring National Staff Survey and National Quarterly Pulse Survey results*).

Additional recordings referenced in the Session can be found [here](#).

For any questions or to be added to the invitation list for future sessions, please contact [Amber Ramans-Harborough](#).



## Men's Health Guidance

To mark Men's Health Week, NHS Employers updated their guidance which helps organisations and employers implement measures that support men's health and drive cultural change to reduce the stigma that surrounds this topic. Click [here](#) to view the guidance.

Colleagues can also view the slides and recording from the 2023 Health & Wellbeing Champion Development Session on Men's Health [here](#).



Join the conversation on our [EoE NHS Futures page](#) and stay up to date with the latest information