

Week: 24.03.25 – 28.03.25

Weekly round-up of this week's key messages



NHS CHARITIES TOGETHER

## Workforce Wellbeing Grants Fund Webinar

Monday 31<sup>st</sup> March, 11am – 12pm

The Workforce Wellbeing Grants Fund, part of the NHS Charities Together and [NHS England Workforce Wellbeing Programme](#), will open across England in March.

A webinar for everyone who may be involved in applying for funding is taking place on 31st March at 11am to provide more information.

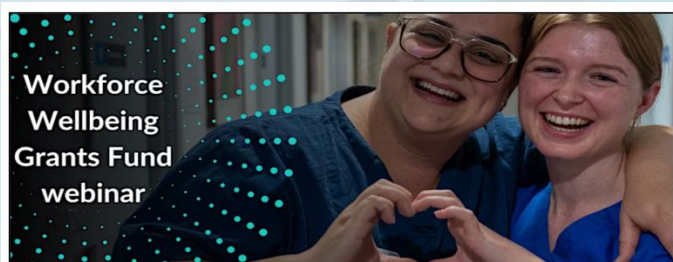
NHS charity members (who will coordinate the application process), together with NHS colleagues working across workforce and wellbeing teams both regionally and locally, are invited together to hear more about the approach, timings, and how to apply.

Click [here](#) to register for this session.

**The webinar will be recorded and made available to any colleagues unable to join live.**

Due to time constraints there will not be a Q&A during the webinar. Anyone with questions may submit these in advance to [workforcewellbeing@anhsc.org.uk](mailto:workforcewellbeing@anhsc.org.uk)

Full information and the recording will be shared after the webinar.



## Action for Happiness – Active April

Click [here](#) to view the Active April calendar from Action for Happiness which this month focuses on finding ways to get moving and stay active and healthy.

**1**  
Commit to being more active this month, starting today

**2**  
Spend as much time as possible outdoors today

**3**  
Listen to your body and be grateful for what it can do

## Staff Health & Wellbeing Support

Click [here](#) to access the latest staff support provision.

Do reach out, you are not alone, and help is available.

## Violence Prevention & Reduction Resources from Liverpool John Moores University

As part of their collaborative work with key partners to better understand the nature, extent and impact of work-based violence, harassment and abuse to NHS staff, NHS England commissioned Liverpool John Moores University to examine work-based violence, harassment and abuse towards NHS staff in England and the costs associated.

Click [here](#) to view further information and resources.

## East of England Staff Experience & Wellbeing Collaborative – Recording & Resources

The recording, presentation slides and resources from the latest East of England Staff Experience & Wellbeing Collaborative are now available [here](#).

This session centered on one of the NHS People Promise domains "We Each Have a Voice That Counts," and created a valuable space for sharing best practices and innovative approaches.

Share your feedback – Couldn't attend? We'd still love your input! Let us know how we can better support you in future sessions by filling out this [short form](#).

If you have any questions or would like to be added to the invite list for future sessions, please get in touch at: [amber.ramans-harborough@nhs.net](mailto:amber.ramans-harborough@nhs.net)

## Regional Talent & Leadership Support – April

The East of England Talent and Leadership Development Team provide a range of helpful and practical interventions that assist with career management to support individuals to reach their potential and career aspirations.

Click [here](#) to view the latest support.



Join the conversation on our [EoE NHS Futures page](#) and stay up to date with the latest information