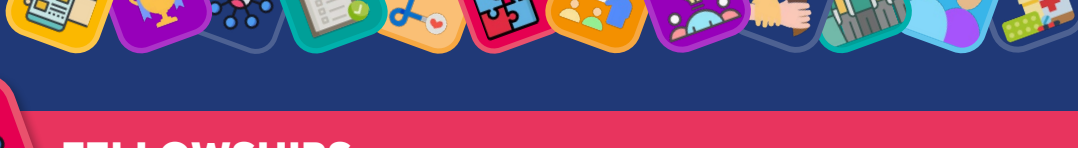


CPTH NEWS JULY 2024

An update on 2024/25 Quarter 1 activity

Hello and welcome to the third issue of CPTH News, our quarterly update on all things Training Hub. We hope you enjoy reading these highlights of what we've been up to in the last quarter and we welcome any feedback or questions. **Jo Oldfield**



FELLOWSHIPS

CPTH FELLOWSHIP & PRECEPTORSHIP FOR NEWLY QUALIFIED GPs AND NURSES

NEW!

We were delighted to launch our new Fellowship for newly qualified GPs and Preceptorship for newly qualified nurses in quarter 1.

We already have **8 GPs** signed up and ready to start the next cohort in September, together with **1 Nurse** enrolled for the CPTH Preceptorship starting in October.

We are excited to support newly qualified GPs and nurses settle into their roles in their first 12 to 24 months post qualification.

Find out more about the programmes on our website here:

<https://cptraininghub.nhs.uk/fellowships/>

NHSE FELLOWSHIP

27 GPs and Nurses attended a joint Fellowship education event in Q1,

exploring Safeguarding responsibilities as a newly qualified clinician.

"A very good session, with a good mix of speakers, excellent format, and good turnout."

"Working through cases to discuss how they would and should be managed, really helpful for current safeguarding cases."

EXPANSION & SUPPORTING FUTURE EDUCATORS

+9%

growth in **NEW Approved Educators**

This has delivered additional practice capacity for Cambridge VTS and over 2 year newly approved period approx. 69 GP learner placements across the 3 schemes

Developing educators has retained experience to pass on to the next generation of GPs through placements, which also provides additional support to patient demands on access to care.

QUALITY ASSURANCE

We have worked with NHSE Training Programme Directors and learners of multiple professions to gather feedback as well as reviewing CQC and NETs scores to maintain existing educator and placement capacity.

Our monthly panels are used to ensure the appropriate standards in providing a quality placement experience have been met and re-approval is aligned to the NHSE quality framework.



16 educators re-approved



15 Learning Organisations re-approved

MID-CAREER DEVELOPMENT FUNDING

28 expressions of interest and **11** applications accepted to date

We are delighted to have had such great response from our launch of Mid-Career Development funding. From Menopause courses to Post Graduate Diplomas in Diabetes and Leadership development to Joint Injections, the successful applicants are using this opportunity to improve the patient journey at Practice and PCN level. We look forward to sharing how the benefits of this investment are being felt in Cambridgeshire and Peterborough General Practice!

EDUCATION & CLINICAL SKILLS DEVELOPMENT

ACP MASTERCLASS WITH EEAST

June saw our first joint masterclass with EEAST for advanced practitioners and trainees. This practical workshop covered intimate examinations: breast, testicular, rectal, vaginal, vulval, in a relaxed environment with lots of opportunities to practice on the simulation models. The morning was enjoyed by all and provided a great networking opportunity for primary care and emergency practitioners alike.

"I want to express my gratitude and would like to say to you how helpful and engaging I found the teaching session."

Due to demand this event will be repeated in the Autumn, with an additional workshop covering ENT for the trainee ACPs.

18

ACPs attended

GP DERMATOLOGY CLINICAL SKILLS PROGRAMME

We were delighted to be able to increase the investment by adding more mentoring clinics for those on our popular **Dermatology Clinical Skills** programme, reducing the wait time for clinical mentoring sessions and enabling us to progress those on the waiting list.

NON-CLINICAL EDUCATION

Over the last quarter, **120 non-clinical** staff, which includes admin and clerical and personalised care roles, have been able to attend 16 different training sessions.

We also had **3 new practices** take up the opportunity to send their new starters on our **2-day New to Practice Induction**.

CLINICAL EDUCATION PROGRAMME

69 clinicians attended GP & ACP Education sessions

In April Nush Gunawardana hosted a discussion on **Peripheral Nerve Damage** with **100%** of respondents rating the session as 'Excellent', and sharing positive feedback:

"It was great - very GP relevant" and "Useful framework to think about neuropathy and also using cases as a base for teaching"

In May, we hosted Emma Tiffin who shared her wealth of knowledge and experience around **Perinatal Mental Health**. Feedback respondents found the information about the different services available, the video about postnatal depression and understanding the referral process particularly useful.

FOUNDATION PHARMACY PLACEMENT

To support the growth of the Clinical Pharmacist pipeline into C&P, it is important that we offer foundation placements in general practice and due to changes in 'host' funding, there is concern that there would be low placements. However, by providing information and tailored support to the pharmacists and relationship building with system partners, we have been able to submit training programmes offering GP rotation in C&P for 12 students.

7 GP split rotation training programmes

Offering **12 places**

2 senior pharmacist completed their Designated Prescribing Practitioners training

CPTH ANNUAL CONFERENCE

HEALTH INEQUALITIES, MAKING A DIFFERENCE

We ran another successful annual conference this year on the topic of Health Inequalities, learning about local projects and delivery on topics such as modern slavery, homeless care, access for gypsy and Roma communities, tools, menopause and more. We introduced 'pledges' to allow reflection on the topics and support action such as 'I pledge to develop more cultural awareness to reduce barriers, stereotyping and discrimination.' and 'I pledge to be an advocate of change in my community to extend my acquired knowledge to my peers, family and colleagues to reduce health inequality'.

117

ATTENDEES

57%

NURSES & STUDENT NURSES

90%

FOUND THE DAY INTERESTING & USEFUL

"Really great topics, such an integrated theme for the day. An inspired choice of topic for the conference, and an inspiring day. Thank you so much."

"This has made me much more aware of inequalities within our practice population."

MENTORING

106 mentor sessions were delivered in quarter 1 as we continue to provide access to highly trained mentors, with Cambridgeshire and Peterborough general practice experience, to support individuals in achieving their career goals.

90% of feedback respondents felt their coach and mentor helped them achieve their goals

"Coaching was invaluable - really helped consolidate my thoughts and plans for the future using a selection of techniques that I will go on to use"

"As a Practice Manager I do not often get the chance to offload without opinion. My coach allowed me to sit back relay all the issues I was struggling with. Compartmentalise them and able to achieve an action plan, some issues resolved without any actions as they were just built up by me."

C&P PRACTICE LEARNING AWARDS

The first annual **Practice Learning Awards** took place on 21st June 2024, serving as a platform to recognise and honour the achievements, contributions, and dedication of the Nursing, Midwifery and AHP learners and educators within our Integrated Care System.

We were delighted to see so many General Practice staff nominated, with finalists including Training Hub's own Janet Marsden, Lead Pre-Registration Clinical Educator (Nursing) in the Inspirational Educator Category and Jan Gower, Lead Early Careers Lead (Nursing) in the Innovation in Education Category.

Congratulations to Jacqueline Allen, General Practice Nurse and GPN Fellowship Graduate from Bourn Surgery, who was the winner of the Excellence in Practice Category.

PEER SUPPORT

We have welcomed **7 newly qualified GPs** to our **First 5 Peer groups** during Quarter 1, seeing the total number of GPs in these groups increase to **262 GPs**.

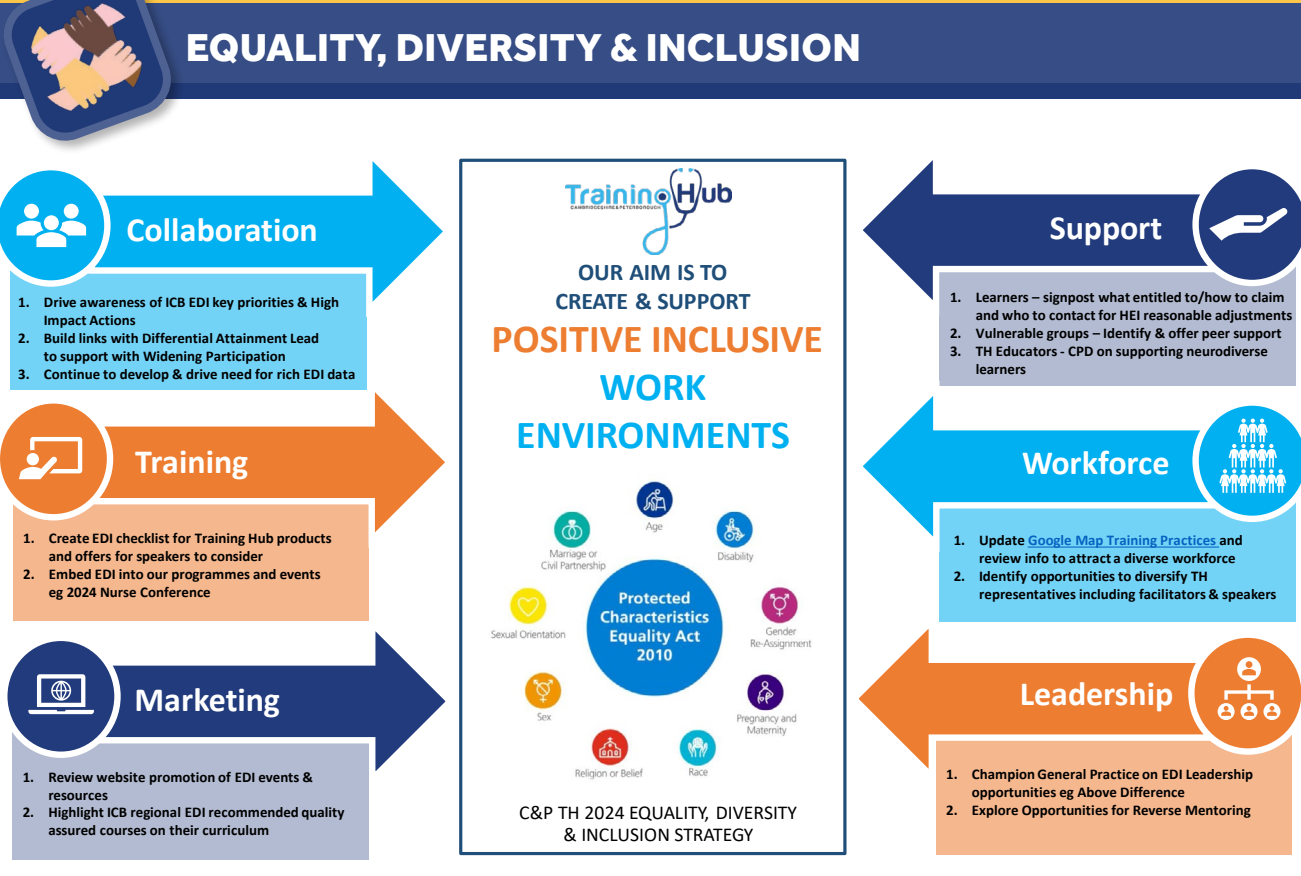
We have **2 GPs** undertaking a **Return to Practice Placement** following periods of ill health and maternity leave, both of which will be taking up posts in General Practice once completed.

22

1:1 conversations with our Peer Support team, signposting to appropriate advice and support

+71% increase in PAs attending Physician Associate support forums

EQUALITY, DIVERSITY & INCLUSION



If you would like to find out more or have some suggestions please get in touch with Jo Jones via canptraininghub@nhs.net

SOCIAL MEDIA DEVELOPMENT

In May we saw combined quarterly growth in Instagram and Facebook of: **+32.6%** reach, **+62.2%** visits and **+116%** follows

Our top performing activity across all our platforms was for our **CPTH Health Equity – Making a Difference Conference** in May and our posts on **Student Nurse Placements**.

Over the last 3 months we have invested time and effort in content and activity on LinkedIn, another important platform to help us stay connected and to increase awareness of training events and offers available for general practice in C&P. We look forward to seeing the results over the next quarter.

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