

Welcome to our August Newsletter

CPTH provides training, education and workforce support across General Practice in Cambridgeshire and Peterborough.

Upcoming Training & Events

Tue 20 August	Advanced Practice Forum	Book Now
Mon 02 September	Induction Programme for Staff New to General Practice (2-day)	Book Now
Tue 03 September	SystemOne – New Starters & Getting Started	Book Now
Tue 03 September	Pelvic Organ Prolapse & Ring Pessary Training	Book Now
Wed 04 September	Diabetes LES Meeting	Book Now
Thu 05 September	VAC Negative Pressure Wound Therapy	Book Now
Mon 09 September	Advanced Practice Masterclass – Intimate Examinations Workshop	Book Now
Tue 10 September	Professional Clinical Network Pharmacy Forum	Book Now
Wed 11 September	An Introduction to Phlebotomy (Venepuncture)	Book Now
Thu 12 September	Safeguarding Matters: Domestic Abuse – Coercive & Controlling Perpetrators	Book Now
Thu 12 September	QOF Update/Changes	Book Now
Thu 12 September	Basic Life Support (BLS) Training	Book Now
Tue 17 September	Advanced Practice Forum	Book Now
Tue 17 September	Basic Life Support (BLS) Training	Book Now
Tue 17 September	Introduction to Immunisation & Vaccination	Book Now
E-Learning	Cambridge Diabetes Education Programme	Request
E-Learning	RCNi Learning	Request
E-Learning	Anticoagulation – Stroke Prevention in Atrial Fibrillation Course	Request

NEW TO PRIMARY CARE INDUCTION PROGRAMME

Our comprehensive 2-day New to Primary Care induction programme aims to support your local Practice induction by providing a consistent and comprehensive introduction to working in Primary Care.

The programme is designed for staff who are new to primary care but may also benefit those who have already been in post for a few months. Virtual programme runs live via Zoom and MSTeams.

[Click here to find dates](#)

PROTECTED LEARNING TIME (PLT)

Thu 19 September

Join us for your Protected Learning Time when we have a variety of training sessions for you to choose from. *(Click on the topic to book.)*

For all staff: [Effective Inclusive Communications](#) 14:00-17:00

For Personalised Care Team: [Understanding Chronic Pain](#) 14:00-17:00

For clinicians: [End of Life Prescribing](#) with Stephen Barclay 15:00-16:00

Tue 22 October

For all staff: [Mental Health Awareness](#) 14:00-17:00

Choose from the above or please see our previous PLT interactive learning sessions and resources, covering a range of topics that can support individual, small teams or whole practice MDT learning. Access the resources and find details of PLT sessions here:

<https://cptraininghub.nhs.uk/protected-learning-time-plt/>

TRAINING FOR PRACTICE MANAGERS

We have places left on the following training for Practice Managers. *(Please click on the topic to book.)*

Thu 12 Sept (14:00-15:30) – [QOF Updates/ Changes](#) – £22.50pp

Wed 18 Sept (12:00-14:45) – [Appraisals](#) – summer sale price is £30pp

Wed 25 Sept (12:30-17:00) – [HR & Employment Law](#) – £34pp

GP & ACP EDUCATION PROGRAMME: TOP TIPS FOR PAEDIATRICS IN GENERAL PRACTICE

Tue 17 Sept, 19:00-20:30

Join Dr Fiona Clark for Top tips for Paediatrics in General Practice - the gems that help a better understanding, when to refer and what you may be able to do in the community.

You can also find future dates in the programme on our [web page here](#).

RED WHALE UPDATES

Wed 02 October 10:00-16:00

We will have places available on our annual Red Whale Update:

For GPs

Summer Sale price £67.50 for a limited time only

For ACPs

Fully funded – limited places

For Clinical Pharmacists

£67.50 – limited places

COMING SOON!

PCDS DERMOSCOPY FOR ABSOLUTE BEGINNERS

Linked to our CPTH Dermatology programme, we will be offering funded places to attend this one-day local course in Huntingdon. Keep an eye on your inbox to sign up!

PM REVIVE - PRACTICE MANAGEMENT CONFERENCE

Thursday 03 October 2024, 09:00 - 17:00 at the Delta Hotel By Marriott, Huntingdon

Introducing the first Cambs LMC **PM Revive Conference** for Practice Managers, Deputy PMs, Business Managers and PCN Managers, in partnership with Cambridgeshire & Peterborough Training Hub.

With a bespoke programme of inspirational speakers with interactive sessions, delivering practical support, up to date content, and advice for all levels of experience, this is an essential opportunity to learn, meet and network with peers. Click the button to find out more and book your place - bookings made before 16th August will get the Early Bird discounted price of £25!



GENERAL PRACTICE PHARMACY PROFESSIONALS LEARNING & NETWORKING EVENT

Tue 8 October, 09:30-16:00

This in-person workshop at The Belfry, Cambourne is open to all PCN and Practice Pharmacy Teams, both Pharmacists and Pharmacy Technicians (including apprentices), keen to update their knowledge, understand the latest updates, network with their peers and share good practice. The day will cover a wide range of subjects including keynote speakers Paul Selby on Genomics and Jessica Randall Carrick on Health Inequalities. Please [click here](#) to book.



LATE CAREER GPs SUPPER 'IN CONVERSATION WITH MIG & PAT'

Tue 08 October 2024, 19:30-22:00

Calling all Cambridgeshire and Peterborough GPs over 50. Please join us at the Old Bridge Hotel, Huntingdon for an evening of conversation with Mig Arbide and Pat Tate. This is an excellent opportunity to hear from two colleagues who have carved out a career that works for them as late career GPs. We look forward to exploring Pat's advice of "gradually build work on the areas you enjoy the most and let go of those that you don't so much". The evening includes a buffet supper. Please [click here](#) to book.



IMMUNISATION AND INJECTION TRAINING FOR HCAS AND PHARMACY TECHS (FLU, PNEUMOCOCCAL & B12)

Tue 15 October & Tue 22 October

Incorporating immunisation into the role of the Health Care Support Worker (HCSW) has limitations and implications to clinical care and should be considered carefully by the whole healthcare team. Training in immunisation is essential for HCSWs whose employers wish them to immunise. Changes to the vaccines in September means that the face to face element of the course is now a full day. To apply for the final course of this year, please [click here](#).

TRAINING FOR ADMIN AND CLERICAL TEAMS

Wed 09 October 13:15-16:30 [Understanding Blood Tests](#)

Wed 16 October 13:00-17:00 [Conflict Resolution](#) – places are £44.54pp

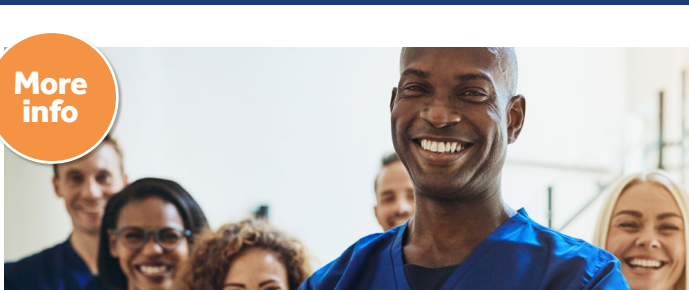
Thu 17 October 13:30-15:30 [Clinical Coding](#)

Wed 06 November 13:30-17:00 [Telephone Communication Skills, Signposting & Prioritisation](#) – £10pp

Wed 20 November 13:45-17:00 [Medical Terminology](#)

Please note these webinars are really popular and places are allocated on a first come, first served basis.

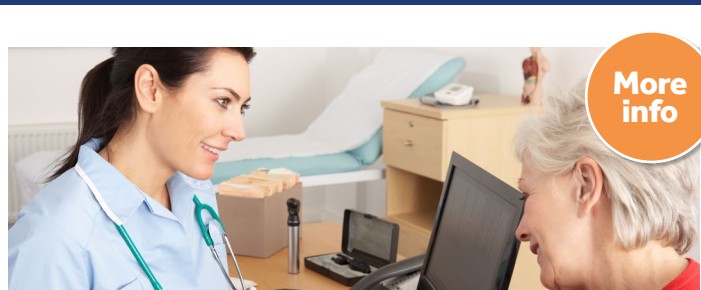
Programmes & Opportunities



More info

CPTH FELLOWSHIP FOR NEWLY QUALIFIED GPs

Building on the success of the NHSE programme, our new local CPTH Fellowship for Newly Qualified GPs is designed to support the transition from VTS to an established, salaried GP working in Cambridgeshire and Peterborough. Cohort 1 commences on 2nd September 2024 and **applications close on 23rd August 2024**.



More info

CPTH PRECEPTORSHIP FOR NEWLY QUALIFIED NURSES

Our new CPTH Preceptorship for newly qualified nurses is a 24-month programme of funded CPD time, education, mentoring and peer support, designed to support the transition and integration into the workplace following completion of study. Cohort 1 commences on 1st October 2024 and **applications close on 16th September**.

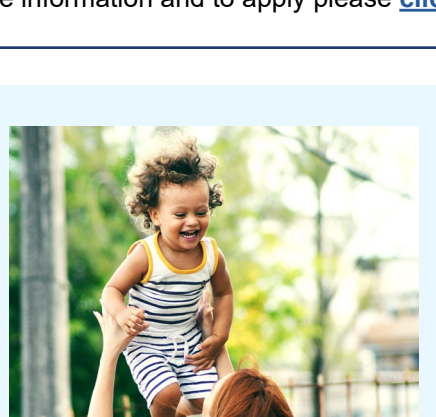
TRANSITION INTO GENERAL PRACTICE FELLOWSHIP FOR NURSES APPLICATIONS NOW OPEN FOR COHORT 3

Are you a Registered Nurse moving into General Practice from other parts of the NHS? The Transition into General Practice Programme (Fellowship) is a 1-year programme of support and education to help you transition into your new role. You'll benefit from a combination of training, mentorship, peer support and clinical supervision, to help you develop your skills and progress your career in General Practice.

For more information and to apply please [click here](#).

PARENTAL LEAVE

Are you a GP who has started or is about to embark on parental leave? By signing up to our **Career Break support programme** we can put you in touch with a coach or mentoring to provide an opportunity to discuss your plans, invite you to Keeping in Touch sessions and provide access to a small CPD grant to support your return to work. [Find out more here](#)



ARE YOU INTERESTED IN WOMEN'S HEALTH?

CPTH has funded places available to support the cost of becoming a fully trained LARC fitter, covering the DFSRH and Letters of Competence. Please [click here](#) for more info.

MEET OUR MENTORS

Whether it's admin, management, or balancing work-life challenges, our **Admin and Clerical mentoring team** are here to support your career journey in general practice.



Rowena Pilsworth is an experienced senior manager who has spent the last 9 years as a Practice Manager and Managing Partner. She is passionate about supporting others in order to reach their full potential and develop resilience to deal with the everyday challenges of working in general practice and the often conflicting priorities of home and work life.



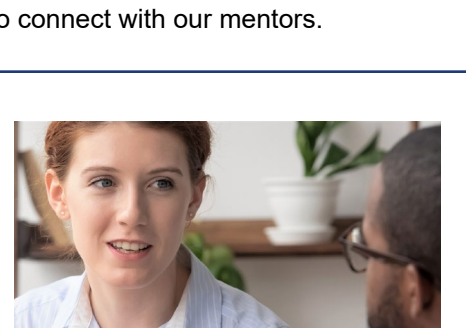
Heather Harman is a freelance Practice Manager and has developed her career working in a number of different roles in Primary Care and the wider NHS including reception, pharmacy, operations, HR and management. Heather is delighted to be able to support administration, pharmacy and management colleagues.

Email us at candtraininghub@nhs.net if you'd like to connect with our mentors.

HEALTH AND WELLBEING COACHING SUPERVISION PROGRAMME

Are you a GP and Wellbeing Coach not currently accessing coaching supervision? CPTH are piloting a Health and Wellbeing coaching supervision programme over the next 6 months. This will involve monthly, 1 hour 1-2-1 coaching sessions and 1.5 hours group coaching sessions every other month.

Places are limited, please apply at <https://www.smartsurvey.co.uk/s/2BFNFX/> by 12pm Friday 28th August. (Both the coach and line manager will be notified on Wednesday 28th Aug if successful in gaining a place.) For more information please visit the website [here](#).



LOOKING FOR STAFF COVER: LANTUM C&P FLEXIBLE STAFF POOL

Cambridgeshire & Peterborough has renewed their partnership with Lantum to deliver a flexible staff pool that makes it easier for practice managers to fill rotas, and for clinicians to book locum work. Over 75% of practices across the ICS have now joined Lantum, and clinician sign ups are steadily increasing as well. If you're a practice looking to join the pool, please [click here to join](#), and if you'd like a demonstration of the platform please [click here](#) to book a session with the Lantum team.



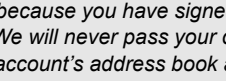
HELP SHAPE THE FUTURE OF THE C&P FLEXIBLE STAFF POOL & CHANCE TO WIN TEAM TREATS

Cambridge and Peterborough Training Hub's partnership with Lantum on the Flexible Staff Pool initiative, aims to provide workforce relief whenever it's needed most. To help us look into ways for the Flexible Staff Pool to support your practices further and tailor this initiative to meet your needs, we need your valuable input - please take a few minutes to [Complete our Survey here](#). As a thank you, every survey entry will be entered into a raffle for a week's worth of Team Treats for your practice. Thank you in advance for your time and feedback.

If you have any questions or would like to discuss how the Flexible Staff Pool can support your practice, please don't hesitate to contact our Client Success Manager, Sofia, sofia.goldspink@lantum.com

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