

Welcome to our September Newsletter

CPTH provides training, education and workforce support across General Practice in Cambridgeshire and Peterborough.

Upcoming Training & Events

Thu 12 September	Safeguarding Matters: Domestic Abuse – Coercive & Controlling Perpetrators	Book Now
Thu 12 September	Basic Life Support (BLS) Training	Book Now
Tue 17 September	Advanced Practice Forum	Book Now
Tue 17 September	Basic Life Support (BLS) Training	Book Now
Tue 17 September	Introduction to Immunisation & Vaccination	Book Now
Thu 19 September	Strength-Based Conversations	Book Now
Thu 19 September	Applied Respiratory Assessment – for Physician Associates	Book Now
Thu 19 September	Understanding Chronic Pain	Book Now
Thu 19 September	Effective Inclusive Communications	Book Now
Thu 19 September	Complete Care Navigation Virtual Training	Book Now
Thu 19 September	Cancer Speed Dating Masterclass	Book Now
Tue 24 September	Asthma Refresher – Sep/Oct (2 days)	Book Now
Tue 24 September	Wound Management Study Day	Book Now
Wed 25 September	Strength-Based Conversations	Book Now
Wed 25 September	Prevention and Management of Pressure Ulcers	Book Now
Thu 26 September	Regional Primary Care Training Programme EofE – Dermatology	Book Now
Thu 26 September	CPTH First 5 South GPs Small Group Meeting	Book Now
Mon 30 September	North Care Partnership – Proactive Personalised Care Funding Scheme (T2)	Book Now
Tue 01 October	Prescribing Update Meetings – October 2024	Book Now
Wed 02 October	Essity – Infection and dressings	Book Now
Thu 03 October	Strength-Based Conversations	Book Now
Thu 03 October	Hypertension Update	Book Now
Mon 07 October	PAD and Foot Disease (Diabetic)	Book Now
Mon 07 October	Lower Limb Course	Book Now
Tue 08 October	Prevention and Management of Leg Ulcers	Book Now
E-Learning	Cambridge Diabetes Education Programme	Request
E-Learning	RCNi Learning	Request
E-Learning	Anticoagulation – Stroke Prevention in Atrial Fibrillation Course	Request

PROTECTED LEARNING TIME (PLT)

Thu 19 September

For all staff: [Effective Inclusive Communications](#) 14:00-17:00
For clinicians: [Cancer Speed Dating MasterClass](#) (at the Delta by Marriott in Peterborough) 14:00-17:00
For Personalised Care Team: [Understanding Chronic Pain](#) 14:00-17:00

Tue 22 October

For all staff: [Mental Health Awareness](#) 14:00-17:00
For clinicians: [End of Life Prescribing](#) with Stephen Barclay 15:00-16:00

PLT PROGRAMME EVENTS

Join us for our next PLT programme event when Dr Justin Markiewicz will be discussing common presentations of substance use within Primary Care setting, focusing primarily on alcohol and opiates.

Wed 20 November 2024

[Supporting Patients with Substance Use in Primary Care](#) 14:30-15:30

Find details of future sessions and our previous PLT interactive learning sessions and resources, covering a range of topics that can support individual, small teams or whole practice MDT learning, on our web page here: <https://cptraininghub.nhs.uk/protected-learning-time-plt/>

TRAINING FOR PRACTICE MANAGERS

We have places left on the following training for Practice Managers. *(Please click on the topic to book.)*

Thu 12 Sept (14:00-15:30)
[QOF Updates/ Changes](#) – £22.50pp

Wed 25 Sept (12:30-17:00)
[HR & Employment Law](#) – £34.00pp

GP & ACP EDUCATION PROGRAMME: TOP TIPS FOR PAEDIATRICS IN GENERAL PRACTICE



Tue 17 Sept, 19:00-20:30
Join Dr Fiona Clark for Top tips for Paediatrics in General Practice - the gems that help a better understanding, when to refer and what you may be able to do in the community.
You can also find future dates in the programme on our [web page here](#).



GP APPRAISAL AND REVALIDATION UPDATE

Tue 01 October 2024, 19:30 - 21:00

Join Dr Paula Newton, GP Retention Lead for the Training Hub and a local appraiser and senior appraiser, for an update on the process and requirements of appraisal and revalidation.

This zoom session is appropriate for GPs at any career stage, to remind and refresh themselves on this topic, it will also cover the recent update to the GMC Good Medical Practice which informs the content and focus of appraisal. Please [click here](#) to book your place.



PM REVIVE - PRACTICE MANAGEMENT CONFERENCE

Thu 03 October 2024, 09:00 - 17:00

Delta by Marriott Hotel, Huntingdon

This year, Cambs LMC, in partnership with Cambridgeshire and Peterborough Training Hub, will be hosting a Conference for Practice Managers.

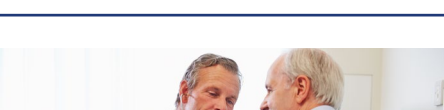
The agenda, which will be released soon, will be specifically designed for our Practice Managers, delivering practical support, up to date content, and advice for all levels of experience. An essential opportunity to learn, meet and network with peers.
The price is £49 per ticket. Please click the button above to book your place.



GENERAL PRACTICE PHARMACY PROFESSIONALS LEARNING & NETWORKING EVENT

Tue 08 October, 09:30-16:00

This in-person workshop at The Belfry, Cambs is open to all PCN and Practice Pharmacy Teams, both Pharmacists and Pharmacy Technicians (including apprentices), keen to update their knowledge, understand the latest updates, network with their peers and share good practice. The day will cover a wide range of subjects including keynote speakers Paul Selby on Genomics and Jessica Randall Carrick on Health Inequalities. Please [click here](#) to book.



LATE CAREER GPs SUPPER 'IN CONVERSATION WITH MIG & PAT'

Tue 08 October, 19:30-22:00

Calling all Cambridgeshire and Peterborough GPs over 50. Please join us at the Old Bridge Hotel, Huntingdon for an evening of conversation with Mig Arbide and Pat Tate. This is an excellent opportunity to hear from two colleagues who have carved out a career that works for them as late career GPs. We look forward to exploring Pat's advice of "gradually build work on the areas you enjoy the most and let go of those that you don't so much". The evening includes a buffet supper. Please [click here](#) to book.



IMMUNISATION AND INJECTION TRAINING FOR HCAS AND PHARMACY TECHS (FLU, PNEUMOCOCCAL & B12)

Tue 15 October & Tue 22 October

Incorporating immunisation into the role of the Health Care Support Worker (HCSW) has limitations and implications to clinical care and should be considered carefully by the whole healthcare team. Training in immunisation is essential for HCSWs whose employers wish them to immunise. Changes to the vaccines in September means that the face to face element of the course is now a full day. To apply for the final course of this year, please [click here](#).

UPCOMING TRAINING FOR ADMIN AND CLERICAL TEAMS

Wed 16 October	13:00-17:00	Conflict Resolution – places are £44.54pp
Thu 17 October	13:30-15:30	Clinical Coding
Wed 06 November	13:30-17:00	Telephone Communication Skills, Signposting & Prioritisation – £10pp
Wed 20 November	13:45-17:00	Medical Terminology
Wed 04 December	14:00-17:00	Complete Care Navigation

Please note these webinars are really popular and places are allocated on a first come, first served basis.

NEW TO PRIMARY CARE INDUCTION PROGRAMME

Our comprehensive 2-day New to Primary Care induction programme aims to support your local Practice induction by providing a consistent and comprehensive introduction to working in Primary Care.

The programme is designed for staff who are new to primary care but may also benefit those who have already been in post for a few months. Virtual programme runs live via Zoom and MSTeams.

Please note that we are now running the induction every 2 months, until March 2025 and places are fully funded. The next available induction course is on **Mon 04 and Tue 05 November 2024**, please [click here to book](#).

PCDS DERMOSCOPY FOR ABSOLUTE BEGINNERS

Wed 13 November 2024

We are delighted to be able to offer funded places to attend this one-day local course at the Old Bridge Hotel in Huntingdon.

Dermoscopy for absolute beginners is aimed at GPs who have never had a dermatoscope but are planning on getting one and want to know how to use it, who have a dermatoscope in the practice but have not had much (or any) training, or who have been using a dermatoscope a bit and would like to feel more confident with the basics. Places are limited, please click the button to book now.



MOTIVATIONAL INTERVIEWING

This interactive, light-hearted online, live study day is suitable for any and all members of the team. Once registered, you will receive your personal set of CRAFT cards, which are used during and then following the event, plus a responsibility reminder training aid! You will interact, participate and influence the content of the day which will use bespoke situations to demonstrate the MI skills (and you will not be asked to role play or listen to the trainers reading through endless power point slides). Click on the links below to book.

[Tue 01 October, 09:00-16:00](#) | [Mon 18 November, 09:00-16:00](#)

Programmes & Opportunities



PRIDE IN PRACTICE PROGRAMME

We are delighted to introduce our exciting new offer to fund the LGBT foundation Pride in Practice 12-month programme as a pilot for 8 practices in Cambridgeshire & Peterborough. LGBT Foundation is a national charity who provide a quality assured programme designed to improve the experiences of LGBTQ+ people accessing primary care services. The Pride in Practice programme provides training and an accredited award as well as ongoing support and resources. For more information and to apply, please [click here](#). The deadline for applications is **5pm on 04 October 2024**.

MINOR ILLNESS TRAINING FOR CLINICAL PHARMACISTS

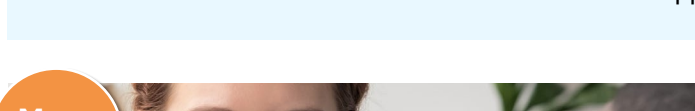
CPTH have limited funding to support Clinical Pharmacists to complete Minor Illness training and qualification. If you are looking to enhance your skills in managing common, non-serious health conditions, please [click here](#) for more information.

PCN EDUCATION & WORKFORCE DEVELOPMENT LEAD

Following on from the success of our PCN development programme, we are now pleased to launch a new opportunity to fund protected time for a lead within your PCN to develop Education & Workforce over the next 12-months, which includes four face-to-face education and networking events facilitated by C&P Training Hub.

If your PCN is interested, more information and the application form can be found on our website [here](#).

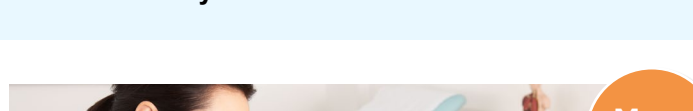
Please note that the deadline for applications is **Monday 16 October 2024**.



GP APPRAISER TRAINING

NHSE EoE have announced a new round of GP appraiser training. If you are interested in becoming an appraiser and making a significant impact on the professional development of your peers, this role is for you.

The deadline for applications is **Friday 13 September 2024**. Click the button for more information.



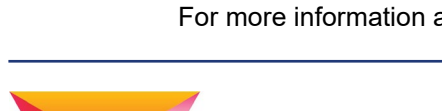
CPTH PRECEPTORSHIP FOR NQ NURSES

Our new CPTH Preceptorship for newly qualified nurses is a 24-month programme of funded CPD time, education, mentoring and peer support, designed to support the transition and integration into the workplace following completion of study. Cohort 1 commences on 1st October 2024 and **applications close on 16 September 2024**.

TRANSITION INTO GENERAL PRACTICE FELLOWSHIP FOR NURSES APPLICATIONS NOW OPEN FOR COHORT 3

Are you a Registered Nurse moving into General Practice from other parts of the NHS? C&P Training Hub are now offering places on the Transition into General Practice Programme (Fellowship), a 1-year programme of support and education to help you transition into your new role. You'll benefit from a combination of training, mentorship, peer support and clinical supervision, to help you develop your skills and progress your career in General Practice.

For more information about the programme and to submit an application please [click here](#).



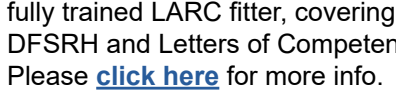
ARE YOU INTERESTED IN WOMEN'S HEALTH?

CPTH has funded places available to support the cost of becoming a fully trained LARC fitter, covering the DFSRH and Letters of Competence. Please [click here](#) for more info.

PARENTAL LEAVE

Are you a GP who has started or is about to embark on parental leave?

By signing up to our **Career Break support programme** we can put you in touch with a coach or mentor to provide an opportunity to discuss your plans, invite you to Keeping in Touch sessions and provide access to a small CPD grant to support your return to work. [Find out more here](#)



SPRINGBOARD WORK & PERSONAL DEVELOPMENT TRAINING PROGRAMME FOR WOMEN

Springboard is for women who want to take control, become more assertive, increase their confidence & build themselves a more positive attitude in both their work and home lives. The programme gives you the time to reflect, share and most importantly, set achievable goals for now and the future.

Working across 48 countries, we take like-minded individuals on a transformational journey, as well as positively helping organisations change and reshape. Cohorts are due to start in October 24 and February 25.

For further details and to express interest in October's programme, [click here](#).

LOOKING FOR STAFF COVER: LANTUM C&P FLEXIBLE STAFF POOL

As this winter is approaching and looks to be another challenging one with respiratory infections on the rise again, Cambridgeshire & Peterborough Training Hub's partner **Lantum**, are here to provide extra support when you need it.



Not got an account yet? For further information and to sign up, please [click here](#).

If you need urgent cover for any last-minute gaps, don't forget to email our Client Success Manager, Sofia, at sofia.goldspink@lantum.com who will work with the clinician engagement team to boost your urgent shifts and help you fill them. Over 70% of last-minute shifts touched on Lantum are filled, so it can help to reduce unexpected stress. If you need more support, don't hesitate to get in touch with Sofia!

Training Hub News



Finalist

NT WORKFORCE AWARDS - 'BEST USE OF WORKPLACE TECHNOLOGY'

We are delighted to be finalists again for this years NT Workforce awards in the 'Best Use of Workplace Technology' category. This is a joint submission across SNEE, BMLK and C&P for the use of technology to support our student placement, under Suffolk and North East Essex Training Hub 'East of England Inspire Project'.

[View all finalists here](#).

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