

Welcome to our November Newsletter

CPTH provides training, education and workforce support across General Practice in Cambridgeshire and Peterborough.

Upcoming Training & Events

| | | |
|-----------------|---|--------------------------|
| Tue 12 November | Professional Clinical Network Pharmacy Forum | Book Now |
| Tue 12 November | GP Education: Diagnosis and Management of COPD in General Practice | Book Now |
| Wed 13 November | Convatec – assessment/dressing | Book Now |
| Wed 13 November | PCDS Dermoscopy for Absolute Beginners (GPs) | Book Now |
| Tue 19 November | Advanced Practice Forum | Book Now |
| Wed 20 November | Pharmacy First Service: Essential Training for General Practice | Book Now |
| Wed 20 November | (PLT) Supporting Patients with Substance Use in Primary Care | Book Now |
| Wed 20 November | Health Inequalities for Personalised Care Team | Book Now |
| Wed 20 November | An Introduction to Phlebotomy (Venepuncture) | Book Now |
| Wed 20 November | PLT Session for GP Locums | Book Now |
| Tue 26 November | Wound Management Study Day | Book Now |
| Wed 27 November | Combined Hormonal Contraception Update | Book Now |
| Wed 27 November | Prevention and Management of Pressure Ulcers | Book Now |
| Wed 27 November | Basic Life Support (BLS) Training | Book Now |
| Thu 28 November | Regional Primary Care Training Programme EofE – Dermatology | Book Now |
| Thu 28 November | GPs KiT Session: Returning to Work – Facing the Unknown with Confidence | Book Now |
| Mon 02 December | PAD and Foot Disease (Diabetic) | Book Now |
| Tue 03 December | Prevention and Management of Leg Ulcers | Book Now |
| Wed 04 December | Complete Care Navigation Virtual Training | Book Now |
| Thu 05 December | Chronic Oedema/ Wet Legs Management | Book Now |
| Fri 06 December | Competency Wound Care Formulary – Practical Drop In | Book Now |
| E-Learning | Cambridge Diabetes Education Programme | Request |
| E-Learning | RCNi Learning | Request |
| E-Learning | Anticoagulation – Stroke Prevention in Atrial Fibrillation Course | Request |

GP & ACP EDUCATION PROGRAMME DIAGNOSIS AND MANAGEMENT OF COPD IN GENERAL PRACTICE

Tue 12 Nov, 19:00-20:30

Join us for our November session, when we will be joined by Mohamed Suleman for a talk on the Diagnosis and Management of COPD in General Practice.

You can also find future dates in the programme on our [web page here](#).

BOOK NOW

ICS SAFEGUARDING TEAM - MCA AND SUPPORT WITH COP

Wed 11 November 13:00-14:00

Overview of the application of Mental Capacity Act (MCA) and the principle of presumption of capacity, along with some practical tips. To book a place, please [click here](#).

PROFESSIONAL CLINICAL NETWORK PHARMACY FORUM

Tue 12 November, 13:00-14:00

November's Professional Clinical Network Pharmacy Forum is on the subject of Eclipse: How to use data effectively. To book a place, please [click here](#).

COMBINED HORMONAL CONTRACEPTION UPDATE

Wed 27 November, 14:00-16:00

Do you need an annual update on the requirements for Combined Hormonal Contraception? We have a course on Wednesday 27th November. For more information please [click here](#).

PROTECTED LEARNING TIME (PLT)

Wednesday 20 November

Please click on the session titles to book your place.

For Clinicians: [Supporting Patients with Substance Use in Primary Care](#) (14:30-15:30)

For Admin and Clerical Teams: [Pharmacy First Service: Essential Training for General Practice](#) (14:00-15:00)

For Personalised Care Teams: [Health Inequalities](#) (14:00-17:00)

Find details of future sessions and our previous PLT interactive learning sessions and resources, covering a range of topics that can support individual, small teams or whole practice MDT learning, on our web page here: <https://cptraininghub.nhs.uk/protected-learning-time-plt/>



BASIC LIFE SUPPORT (BLS) TRAINING

We have availability on the following dates/locations for our next round of BLS training sessions.

Wed 27 November, 14:00-16:00

Clay Farm, Trumpington

[Click to book](#)

Tue 10 December, 14:00-16:00

Boroughbury Medical Centre, Peterborough

[Click to book](#)



GPs KIT SESSION: RETURNING TO WORK - FACING THE UNKNOWN WITH CONFIDENCE

Thu 28 November 2024, 19:30-21:00

Our November Keep in Touch (KIT) session is aimed at GPs who are on parental leave or considering parental leave in the future. The event will be hosted by Dr Sarah Ray who will introduce two local GPs to talk about their own lived experiences. [Click here to book](#)

MENTAL HEALTH STUDY DAY FOR NON-MENTAL HEALTH SPECIALISTS

Wed 04 December 09:00-16:00

We still have places available on this very popular course on Wednesday 4th December 09:00-16:00. This course will help you know more about mental health and ill health. We will talk about the issues that people find it hard to talk about such as suicidal feelings and self-harm. We will look at common mental health problems and the key features, what to look out for and how to recognise them. Importantly, we will equip you with ways of asking about and speaking to patients about mental health that mean that will reduce those common anxieties such as 'opening a can of worms' or 'making things worse'. To book a place, please [click here](#).

UPCOMING TRAINING FOR ADMIN AND CLERICAL TEAMS

Sessions for Admin and Clerical Teams for 24/25. These webinars are really popular and are on a first-come, first-served basis. Click on the links to book your place.

Wed 04 December 14:00-17:00 [Complete Care Navigation](#)

Wed 05 February 13:15-16:30 [Understanding Blood Tests](#)

Thu 13 February 13:30-16:00 [Chaperone Training](#)

Wed 26 February 13:30-15:30 [Clinical Coding](#)

Thur 06 March 12:45-16:00 [Summarising Medical Records](#)

HEALTH CARE SUPPORT WORKER (HCSW) ENHANCED INDUCTION

We are piloting an enhanced induction for new HCSWs. The programme is designed to support the completion of the Care Certificate and development of key skills essential for safe practice in the General Practice setting. It is open to Health Care Assistants (HCAs), General Practice Assistants (GPAs) and Phlebotomists. For full details, [please click here](#).

NB MEDICAL UPDATE

Wed 19 March, 09:30-17:00

The Hot Topics Update course will update you on the latest developments in the literature and serve as a platform for CPD to help you to deliver better patient care. It consists of a series of short 'TED-style' engaging presentations blending evidence and cases, followed by discussion which may impact your practice. The course also includes a number of incredible 'added value' extra resources.

GPs: [book here](#)

ACPs: [book here](#)

Clinical Pharmacists: [book here](#)

DO YOU HAVE NEW PCN EMPLOYED CARE COORDINATORS?

Great news! Following on from the previous ICB funded offer and PCN requests, the Training Hub are offering an accredited 2-day Care Coordinator training course delivered by Peak Health Coaching to support the required training of the Additional Roles Reimbursement Scheme, NHS England's Network Contract DES.

If you are interested, please ask your staff to book onto the training via this link: [2-day PCI-Accredited Care Co-ordinator training](#).

Please note that there are limited spaces on this C&P cohort course, but a waiting list will be gained should there be additional places needed. Due to the cost of the course, we do expect that if a member of staff is booked onto the course, they will attend or let the Training Hub know at least 2 weeks in advance if they are no longer able to attend, or the PCN may be liable for the course fee.

Programmes & Opportunities

HAVE YOUR SAY: COMPLETE THE NATIONAL EDUCATION AND TRAINING SURVEY (NETS)!

Take 10 minutes to share your experiences! The survey is open from 1 October to 26 November 2024

NHS England is committed to enhancing the quality of education and training for over 250,000 learners and trainees across a variety of clinical roles in the NHS. To support continuous improvement, they conduct the National Education and Training Survey (NETS) each year, offering a platform for healthcare learners and trainees to share their experiences and shape the future of healthcare education. Since 2019, NETS has been the only national survey open to all healthcare students, trainees, and apprentices, including resident doctors and dentists in postgraduate training. The survey covers key themes like induction, clinical supervision, facilities, learning opportunities, and teamwork. Your feedback helps NHSE make informed decisions to enhance learning environments, support retention and recruitment.

[Click here](#) to find out more and take the survey.

APPLY NOW!



CPTH FELLOWSHIP FOR NEWLY QUALIFIED GPs COHORT 2

Our CPTH Fellowship programme for GPs supports the transition into General Practice for newly qualified GPs. After the successful launch of cohort 1, we are now delighted to advise that we are accepting applications for cohort 2, commencing February 2025. There are 10 fellowship places available and the deadline for applications is Tuesday 17th December 2024. Places will be allocated on a first-come, first-served basis.

Please [click here](#) for more information and the online application form, which must be submitted by the employing practice.

FUNDAMENTAL SKILLS FOR GENERAL PRACTICE ASSISTANTS - FUNDED COURSE

- Professional development for GP Assistants employed by the NHS within the East of England.
- No fees for practices: Funded by NHS England.
- Practices also receive a financial contribution for mentor support upon successful completion of the course.
- This is a level-4 university course worth 10 credits, and is delivered by Anglia Ruskin University's (ARU) supportive and experienced tutors

The course aims to develop your healthcare-specific administrative and professional skills, to ensure that you are comfortable, competent, and confident in how you contribute to the effective running of your working environment.

To express your interest in a place on the training please contact the training provider ARU Writtle to enquire about a place gpassistant.writtle@aru.ac.uk

More info



SUPPORTING FUTURE EDUCATORS - NOW OPEN FOR EXPRESSIONS OF INTEREST

Are you interested in becoming a GP Educator? We are taking expressions of interest for the next cohort, if you are interested in becoming a GP Educator, our Winter Supporting Future Educators programme will guide you through the blended learning.

[Click here](#) to express your interest.

NEW! GP BOOK CLUB

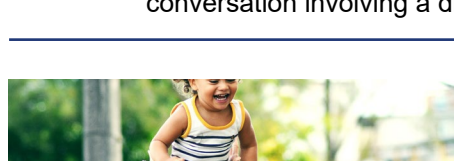
We are excited to announce the launch of a GP book club which will start in January 2025.

To express your interest in participating please email laura.naidoo@nhs.net

NEW E-LEARNING FROM E-LFH

UNDERSTANDING SEXUAL MISCONDUCT IN THE WORKPLACE

This e-learning session is for all colleagues working and/or learning in the NHS including volunteers, students, and bank, and agency contracted staff. It provides information on what to do when approached for or engaged in a conversation involving a disclosure of workplace sexual misconduct. [Click here](#) to find out more.



PARENTAL LEAVE

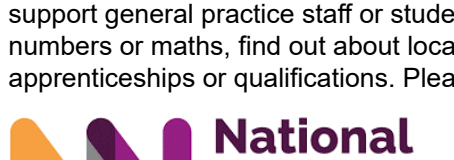
Are you a GP who has started or is about to embark on parental leave?

By signing up to our **Career Break support programme** we can put you in touch with a coach or mentoring to provide an opportunity to discuss your plans, invite you to Keeping in Touch sessions and provide access to a small CPD grant to support your return to work. [Find out more here](#)

Training Hub News

TRAINING HUB NUMERACY CHAMPIONS

Congratulations to Training Hub's **Aimee French** and **Karen Prince**, who have recently completed National Numeracy's training programme and are now a fully CPD accredited Numeracy Champions. They will be available to support general practice staff or students to learn about accessible resources, simply talk about how you feel about numbers or maths, find out about locally available free courses and provision to support development to move onto apprenticeships or qualifications. Please email candptraininghub@nhs.net if you would like to find out more.



Being good with numbers isn't a special talent, it's something we can all learn. Why not have a go at the National Numeracy Challenge? It's a free website or app designed for adults who don't always feel confident with numbers – have a go today using this link: www.nationalnumeracy.org.uk/challenge

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Are you following us on social media?

