

# CPTH

Welcome to our January 2025 Newsletter

[Click here to visit our website](#)

## CPTH Preceptorship for Nurses

Funded CPD, support and development for newly qualified general practice Nurses. 5 places available on Cohort 2, starting late February. **Applications close Fri 14 February 2025.**

[Apply Now](#)



## CPTH Fellowship for GPs

Funded CPD, support and development for newly qualified GPs transitioning into C&P general practice. **Cohort 2 starts 1st February - last few places available.**

[Apply now!](#)



## It's National Mentoring Month!

CPTH offers **Coaching and Mentoring**, a key professional development tool, for a variety of general practice roles. Click on the buttons below to find out more:

[GPs](#)

[Personalised Care](#)

[Admin & Clerical](#)

We also have a small team of **Professional Nurse Advocates (PNAs)** available for restorative clinical supervision, career conversations or improvement project support.

[Click here](#) for more information.

## Find out more about Nursing Apprenticeships

**Monday 10 February, 1-2pm**

As part of National Apprenticeship Week (10-16 February), Anglia Ruskin University are hosting a lunchtime webinar with Cambridgeshire Community Services on nursing apprenticeship offers. This will be an opportunity to find out more about the apprenticeship route, who can do this and what is needed. To book a place, please email: [ccs.trainingandeducation@nhs.net](mailto:ccs.trainingandeducation@nhs.net)

## GP Education Programme:

### Managing Complaints

**Tuesday 11 February 2025, 19:00 - 20:30**

Join us for **Managing Complaints** with Toby Longwill from Island Health and John Dale-Skinner of the MDU.

[Book now](#)



CPTH are excited to introduce the **ARRS GP Support & Development Programme**, offering access to education, mentoring and peer support for GPs employed under the Additional Roles Reimbursement Scheme (ARRS).

[More Info](#)

## Upcoming Training for Practice Managers - places still available

Tue 11 February 12:30-14:00 **CQC – Being CQC Ready - £30.50**

[Book now](#)

Wed 05 March 13:00-14:30 **QOF Updates/ Changes - £22.50**

[Book now](#)

## Women's Health

**Wed 12 February, 09:30-16:30**

### Introduction to Contraception

[Book now](#)

**Wed 26 February, 13:00-15:30**

### HRT Update

[Book now](#)

## Introduction to Phlebotomy

**Wed 12 February, 13:00-17:00**

### at Brampton Park Golf Club

An introduction to the theory and practice of taking blood from the arm and dorsum of the hand, aimed at those new to phlebotomy (venepuncture).

[Book now](#)



## Protected Learning Time

**Tue 18 February, 14:30-15:30**

### Supporting People with Dementia in Primary Care

[Book now](#)

**Wed 19 March, 14:30-15:30**

### Public Health and Inequalities

[Book now](#)

[Click here](#) to visit our PLT web page for details of more upcoming sessions, plus our previous PLT interactive learning sessions and resources for MDT learning.

The next round of **BLS Training** dates are now bookable for March.

[Find & Book](#)

## Personalised Care CPD Funding

If you are in a **Personalised Care** role (Social Prescribing Link Worker, Health and Wellbeing Coach or Care Coordinator) we have **CPD funding** available to support your professional development, with up to a £250 contribution towards training or qualifications.

[Apply now](#)



## Asthma in Children and Young People - a one day course

**Thursday 13 March, 08:30-17:00**

NHS England Tier 3 face-to-face course for healthcare professionals responsible for the diagnosis, assessment and prescribing of asthma care for children and young people.

[Book now](#)

## Gain your English and Maths qualifications

If you are looking to start an apprenticeship, qualification, go onto higher education or just upskill we can support you. We can provide access to an online platform to assess your levels and provide exams to gain recognised functional skills qualifications.

Don't forget, we also have our very own accredited Numeracy Champions who can support you if you don't feel confident with numbers.

[Click here](#) to find out more.

## Safeguarding Matters - Bruising in Non-mobile Babies and Children

**Friday 14 March, 13:00-14:00**

Join Dr Emilia Wawrzkowicz for an update of local process and procedures when a non-mobile baby or child has a bruise.

[Book now](#)

## Motivational Interviewing

**Friday 14 March, 09:00-16:00**

An interactive, online, live study day for all members of the team. Interact, participate and influence the content of the day, which will use bespoke situations to demonstrate the MI skills.

[Book now](#)



## NB Medical Update - Wed 19 March, 09:30-17:00

This Hot Topics course will update you on the latest developments in the literature and consists of a series of short 'TED-style' engaging presentations blending evidence and cases, followed by discussion, plus a range of added-value resources. Click buttons to book:

[GPs](#)

[Clinical Pharmacists](#)

[ACPs](#)

## Mental Health Study Day for Non-Mental Health Specialists

**Wednesday 26 March, 09:00-16:00**

Learn more about mental health and ill health, including hard to talk about issues such as suicidal feelings and self-harm. We'll look at common mental health problems and the key features, what to look out for and how to recognise them.

[Book now](#)

## Training & Education Events Programme

You can find details of all our upcoming training courses and education events on our website. Use the 'keyword' or 'profession' filters to refine your search.

[Find events](#)

The new **CPICS Health and Wellbeing hub** provides free signposting and information on wellbeing related matters such as mental health, lifestyle choices and financial wellbeing. This is available to all health and social care workers across the Cambridgeshire and Peterborough Integrated Care System.

[Visit website](#)

