

CPTH LIVING WELL 2025

CREATING HEALTHIER LIVES CONFERENCE

[Book Now](#)

Thursday 15 May 2025 at the Delta Hotel by Marriott, Huntingdon

Last Few Places! - Dr Kevin Fernando is one of our Keynote Speakers at this year's CPTH Conference for Clinicians, HCAs, Pharmacy Techs and GPs.

Join us for a meaningful day of workshops focused on Cardiovascular Disease and Lifestyle Medicine and the opportunity to connect with colleagues from across Cambridgeshire & Peterborough.

CPTH offers **Coaching and Mentoring**, a key professional development tool, for a variety of general practice roles. We also have a small team of Professional Nurse Advocates (PNAs) available for restorative clinical supervision, career conversations or improvement project support.

Click on the buttons below to find out more.

[GPs](#)

[Nurses](#)

[Admin & Clerical](#)

[Personalised Care](#)



Supporting Future Educators Cohort 8

NOW OPEN!

If you are interested in becoming a GP Educator, find out how our SFE programme can help guide you through the blended learning. Cohort 8 is now open for applications, visit our [web page](#) for more information on what to expect, planned dates and how to apply.



Our ARRS GP Support & Development Programme offers access to education, mentoring and peer support for GPs employed under the Additional Roles Reimbursement Scheme (ARRS).

[Click here](#) to find out more.

We offer **Fellowships & Preceptorships** to support newly qualified GPs and Nurses starting careers in general practice and nurses moving into general practice from other parts of the NHS.

[Click here](#) to find out more.

Group Coaching Supervision for Health & Wellbeing Coaches

As a Health & Wellbeing Coach in NHS Primary Care, you support others – but who supports you? Our group coaching supervision offers 90 minutes for a safe, structured space to reflect on challenges, share experiences, and strengthen your practice. Through guided discussion and peer learning, you'll gain fresh perspectives, build resilience, and enhance your impact. Invest in yourself so you can continue making a difference. Dates for Group sessions are below, click the links to book now for May and July, keep an eye on our website calendar to book for future dates.

[Thursday 08 May](#), 15:00 – 16:30

[Wednesday 09 July](#), 13:00 – 14:30

Tuesday 09 September, 14:00 – 15:30

Thursday 20 November, 14:00 – 15:30

Wednesday 28 January, 13:30 – 15:00

Wednesday 18 March, 13:00 – 14:30



2-day PCI-Accredited Care Co-ordinator training - LAST FEW PLACES!

This course covers the core competencies in the new NHSE development framework for care coordinators, as well as appreciating the different ways that the role is being used across the country. We set up an approach, skills and mindset we think people need to flourish in their role and have impact in the NHS. There are a range of dates to choose from. To express an interest in this course, please [click here](#).

GP & ACP Education Programme:

[Book now](#)

Psychosomatic Illness and the Problem of Overdiagnosis in General Practice

Tuesday 20 May, 9:00-20:30

An exclusive evening of Q&A with **Dr Suzanne O'Sullivan**, award-winning neurologist and best-selling author, as she explores the complex relationship between psychosomatic illness and the growing issue of overdiagnosis in modern medicine.

Professional Clinical Network Pharmacy Forum

Tuesday 27 May, 13:00-14:00

An update from the Medicines Optimisation Team and Jade Ketteringham delivering an update on QOF Changes 25/26. This session is open to Clinical Pharmacists and Pharmacy Techs.

[Book now](#)

Diabetes LES Meeting

Thursday 5 June, 13:30-15:00

The next Diabetes LES meeting with Dr Jessica Randall-Carrick.

[Book now](#)

Safeguarding Matters: The Family Hubs Programme and what it can do to help your workforce and your patients

Tuesday 3rd June 13:00-14:00

The family hubs programme in Peterborough is here to support all families with children aged 0-19 and up to 25 if SEND, the programme provides early intervention and early help to those families needing. Its aim is to reduce the number of families entering crisis or safeguarding by providing key early intervention as soon as support is needed. Learn more about what the programme can do to support your practice, patients and how you can access workforce development opportunities for your staff and key messages for families. To book a place, please [click here](#).



BLS

We are now advertising our next round of BLS:

Thursday 12 June, 2-4pm - Peterborough

[Book Now](#)

Wednesday 02 July, 2-4pm - Cambridge

[Book Now](#)

Parental Leave

Are you a GP who has started or is about to embark on parental leave? Sign up for Career Break Support and we'll provide a coach/mentor for you to discuss your plans with, invite you to Keep in Touch sessions and provide access to a small CPD grant to support your return to work. [Click here](#) to find out more.



(PLT) Safeguarding Session for Primary Care – Children

Tuesday 17 June, 14:00-16:15

This session that we have put together for June's Protected Learning Time is for all staff. [Click here to book](#).

[Click here](#) to visit our PLT web page for details of more upcoming sessions, plus our previous PLT interactive learning sessions and resources for MDT learning.



Cancer Speed Dating Masterclass Event

Tuesday 17 June, 14:00-17:50, at Delta Marriott, Lynchwood, Peterborough

This 'Cancer Speed Dating Masterclass' has received excellent feedback from attendees who have attended the events in previous years and asked for it to continue. We invite clinicians to attend and encourage colleagues to participate in this interactive session which offers an opportunity for collaborative working and shared understanding of cancer pathways across primary and secondary care. This is to ensure cancer patients receive the diagnostic, treatment, and care they need, in the right place, at the right time. To book, please [click here](#).

GPN Leads Forum

Wednesday 25 June, 12:00-14:00

NEW!

We are launching a quarterly face to face GPN Leads Forum.

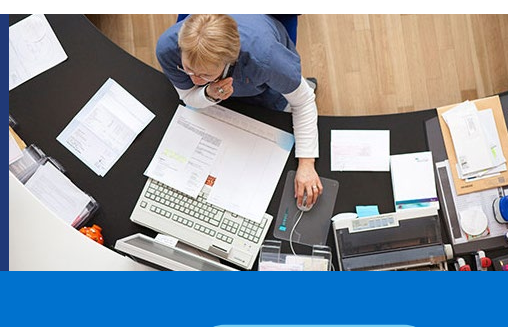
We would be delighted to see as many Practices represented as possible. If the Lead Nurse cannot attend, please send another member of your team. We are hoping that this will provide opportunities to network over lunch and to discuss solutions to some of the day to day challenges of Practice Nursing. To book, please [click here](#).

Upcoming Training for Admin & Clerical Staff

[Book now](#)

Wednesday 09 July, 13:15-16:30

Understanding Blood Tests



Training & Education Events Programme

[Find events](#)

You can find all our upcoming training courses and education events on our website. Use the 'keyword' or 'profession' filters to refine your search.

Foundation Certificate in Health and Wellbeing Coaching

We are offering a limited number of discount codes (2 days for free) to Health and Well-Being Coaches and Social Prescribing Link Workers working in general practice in Cambridgeshire and Peterborough with a range of dates to choose from! [Click here](#) to express interest.



At **CPICS Health and Wellbeing Hub** you can find free well-being support for all health and care staff working in Cambridgeshire & Peterborough, in any role in any organisation. It is open to all voluntary and community sector organisations and offers signposting and information on topics such as mental health, lifestyle choices and financial wellbeing.

[Visit website](#)

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