# Revolutionary Consultation Skills with Dr Bhatia

## How are you consulting?

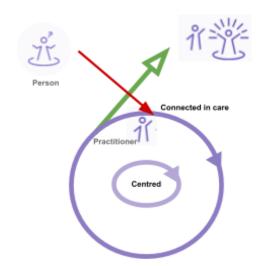
Consultations are about people (a "person" seeking help and a "practitioner" offering support), coming together in a relationship to nurture their lives.



### **Bounce v revolve**

It ain't always easy. Sometimes consulting can feel complicated and more like insulting, as we bounce off each other in unpredictable and depleting ways.

And then sometimes things just flow, as we centre and connect in care, then revolve and release in a helpful direction, mutually nourished by the process.



# **Revolutionary relationships**

Simple, effective and empowering, the revolutionary consultation skills workshop translates the science and art of consulting into practical ways to navigate the consultation journey.

# This is for you

If you would like to explore the neurobiology of consulting, practice skills in enabling empathy, channeling conflict and ease the flow of consultations.

### Your Humble Guide



Playful and pioneering, Dr Ashish Bhatia is an NHS GP, medical educator and founder of Humble, specialising in health and performance optimisation. Put simply, he helps you bring out your best. To find out more visit <a href="https://www.humble.info">www.humble.info</a>