

CPTH

Welcome to our November 2025 Newsletter

[Click here to visit our website](#)

Last call - tell us what you need!

Our annual **Training Needs Survey** is open to anyone working in the primary care workforce. Your input helps us to ensure that we meet your education, learning and development needs.

[Click here now](#) to complete the survey and include your email address at the end for the chance to win a £25 Amazon voucher. The survey closes at **5pm on Wednesday 5th November!**



GP & ACP Education: Obesity Care

[Book Now](#)

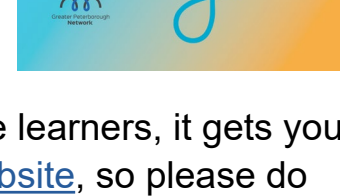
Tuesday 11 November, 19:00-20:30

Adrian Park will be joining us for a talk on current obesity management, in particular discussing how new obesity medications are changing care.

Learner Success Stories

Have you seen our recent social media campaign?

Our campaign gives you the opportunity to see and hear directly from our learners as they share what our training, education and programmes have meant to them. We hope by celebrating the voices, journeys, and successes of our incredible learners, it gets you and your teams inspired! The full videos are available on [our website](#), so please do watch and share with your colleagues.



Supporting Future Educators - Cohort 9

We are now taking applications for Cohort 9. If you are interested in becoming a GP Educator, find out how our Supporting Future Educators (SFE) programme can help guide you through the blended learning. Visit our [web page](#) for more information on what to expect, planned dates and how to apply.

Apply now!



Protected Learning Time (PLT) afternoon

Wednesday 19 November

• **Fit Notes and Supporting Return to Work: A Multidisciplinary Approach (14:30-16:45)**

[Book Now](#)

• **Foundations of Quality Improvement in General Practice (14:30-15:30)**

[Book Now](#)

[Click here](#) to find out more about other PLT sessions.

CQC Inspection Framework – Being ready for when it happens

Wednesday 19 November, 13:00-16:00

This workshop delves into the CQC assessment process, equipping participants with effective strategies to navigate it successfully. Our focus is on fostering a culture of engagement within GP Practices by enhancing understanding of the CQC assessment framework. This session is meticulously updated to integrate the latest 2023 CQC guidelines, indicating a gradual transition toward revised assessment methodologies.

For more info and to book please [click here](#).

The MAGIC Project

In October, 5 C&P paramedics became the first in England to complete training to deliver MAGIC sessions to their surgeries and PCNs. The MAGIC project (Management of Acute emergencies in GP surgeries using In situ simulation and Checklists), founded by Dr Anne Maloney and OxStAR in collaboration with the College of Paramedics, aims to provide all GP surgeries in England with structured emergency care training led by primary care paramedics. MAGIC complements, not replaces, 999 responses - enhancing patient outcomes and staff confidence during handover to emergency care. We are using PLT sessions to support delivery of the programme, starting from 19/11/25. To participate, please email jo.hercules@nhs.net



Introduction to the Menopause

Wed 19 November, 09:00-13:00

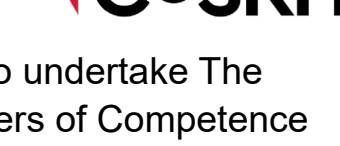
An overview of the menopause, from diagnosis and symptoms through to managing a consultation and understanding the treatment options available. Please [click here](#) to book.

Introduction to Phlebotomy

Wed 19 November, 13:00-17:00

Aimed at those new to phlebotomy (venepuncture) – an introduction the theory and practice of taking blood from the arm and dorsum of the hand. Please [click here](#) to book.

Are you interested in the CoSRH Diploma (DCSRH)?



C&P Training Hub has re-opened Expressions of Interest for our training scheme to support local primary care clinicians wanting to undertake The College of Sexual & Reproductive Healthcare's Diploma and Letters of Competence for intrauterine techniques and sub dermal implants in Cambridgeshire and Peterborough. [Click here](#) for more information and to register your interest.



CPD Funding Support Offer for Personalised Care Roles

If you are in a **Personalised Care** role (Social Prescribing Link Worker, Health and Wellbeing Coach or Care Coordinator) we currently have **CPD funding** available to support your professional development, with up to a £250 contribution towards training or qualifications. To apply [click here](#).

GP Keep in Touch (KiT) Session: Safeguarding

Thursday 20 November, 19:00-20:30

[Book Now](#)

Our Keep in Touch (KiT) sessions are designed for any Cambridgeshire & Peterborough GP not in regular everyday practice, whether due to maternity, sick leave, or other circumstances which leave you feeling out of the loop. Join us for this interactive case-based learning session with a safeguarding focus.

1:1 Coaching Supervision for Health & Wellbeing Coaches

Supervision is your space to pause, reflect, and refocus. In a one-to-one setting, you'll have dedicated time to explore challenges, celebrate successes, and develop your coaching practice with tailored support. Whether you need clarity, reassurance, or fresh perspectives, these sessions are designed to help you grow with confidence.

Flexible appointments available, please complete the [form here](#).

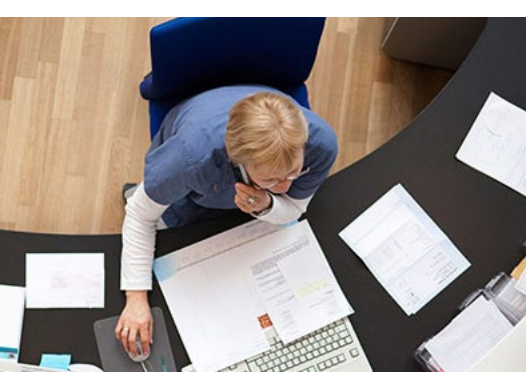
Group Coaching Supervision for Health & Wellbeing Coaches

As a Health & Wellbeing Coach in NHS Primary Care, you support others – but who supports you? Our group coaching supervision offers 90 minutes for a safe, structured space to reflect on challenges, share experiences, and strengthen your practice. Through guided discussion and peer learning, you'll gain fresh perspectives, build resilience, and enhance your impact. Dates for Group sessions are below, click the link to book now for November.

[Thursday 20 November, 14:00 – 15:30](#)

[Wednesday 28 January, 13:30 – 15:00](#)

Wednesday 18 March, 13:00 – 14:30



Training for Admin and Clerical Staff

Tuesday 25 November, 14:00-16:00

Subject Access Requests

[Click here to book](#)

Tuesday 02 December, 13:30 - 17:00

Telephone Communication Skills, Signposting & Prioritisation

[Click here to book](#)

GP Appraisal & Revalidation Update

Thu 27 Nov, 19:00-20:30

Join Dr Paula Newton for an update on the process and requirements of appraisal and revalidation. Appropriate for GPs at any career stage, to remind and refresh themselves on this topic. [Click here](#) for more info and to book.

Combined Hormonal Contraception Update

Wed 03 December, 14:00 - 16:00

This popular and funded zoom webinar is suitable for any Practice Nurses looking to meet annual update requirements. For more info and to book [click here](#).

Tier 2 - Oliver McGowan Mandatory Training on Learning Disability & Autism

Friday 23 January 2026, 09:00-17:00 (Delta by Marriot Hotel Huntingdon)

We have now opened up Tier 2 Oliver McGowan Training on Friday 23rd January for anyone who has appointments with patients (i.e. Clinicians, AHPs, HCAs, Phlebotomists, Assistant Practitioners and Personalised Care Teams). We are able to offer places this year at a subsidised cost of £32 per person.

Please [click here](#) for more information and to book.

General Practice Clinical Pharmacists (GPCP) Levels, Training & Development

If you are in a **Pharmacy Professional** role (Clinical Pharmacist or Pharmacy Technician) we have limited funding available to support your professional development with a 75% contribution (capped at £250) towards training or qualifications.

To apply [click here](#).



CPTH offers **Coaching and Mentoring**, a key professional development tool, for a variety of general practice roles. We also have a small team of Professional Advocates available for restorative clinical supervision, career conversations or improvement project support. Click on the buttons below to find out more.

GPs

Nurses

Admin & Clerical

Personalised Care

Training & Education Events Programme

You can find all our upcoming training courses and education events on our website. Use the 'keyword' or 'profession' filters to refine your search.

[Find events](#)

CPICS Health and Wellbeing Hub signposts free well-being support for all health and care staff working in Cambridgeshire & Peterborough. It is open to all voluntary and community sector organisations and offers signposting and information on topics such as mental health, lifestyle choices and financial wellbeing.

[Visit website](#)



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