

# CPTH

Welcome to our February 2026 Newsletter

[Click here to visit our website](#)



[Apply now](#)

## Pride in Practice Programme

We are delighted to offer another opportunity for **up to 10 practices** in Cambridgeshire & Peterborough to apply for a funded place on the LGBT Foundation Pride in Practice 12-month programme. The Pride in Practice programme provides training, an accredited award and ongoing support and resources. **Extended deadline: 19 February (5pm).**

## ARRS GP Support & Development Programme

Our new and improved ARRS GP Support & Development Programme, offering access to education, mentoring and peer support for GPs employed under the Additional Roles Reimbursement Scheme (ARRS) in Cambridgeshire and Peterborough practices. Limited places available.

[Click here](#) to find out more and apply.

## Fuel Poverty Awareness Training

Tuesday 17 February, 15:00-16:00

This session covers what fuel poverty is, who it impacts, the impact on mental and physical Health, health impacts of damp and mould, identifying signs of fuel poverty and the support available.

[Book Now](#)



## Protected Learning Time (PLT)

Tuesday 17 February, 14:30-16:30

### (PLT) Palliative Care with Professor Stephen Barclay

Up-to-date and local guidance to support high-quality, compassionate care for patients nearing the end of life, for GPs and wider GP practice staff. For more info and to book [click here](#).

Wednesday 18 March, 14:30-15:45

### (PLT) Frailty in General Practice

A practical 1-hour webinar aimed at GPs and GP practice staff. Highlighting the importance of identifying frailty early and will increase knowledge and confidence in assessing frailty and supporting patients living with frailty in everyday general practice. For more info and to book [click here](#).

### (PLT) Quality Improvement Webinar Series

This series of webinars will ensure that general practice staff have access to the knowledge, tools and confidence to lead and participate in quality improvement initiatives while supporting and developing collaboration within the practice team and wider.

#### Measurement, Team and Taking the First Steps to Effective Quality Improvement

Tuesday 17 February, 14:30-15:30

To book a place, please [click here](#).

#### Leading Quality Improvement; Fostering a Culture of Improvement and Collaborating for Impact across teams

Wednesday 18 March, 14:30-16:00

To book a place, please [click here](#).

[Click here](#) to find out more about other PLT sessions.



## Digital Innovation and Support

With digital transformation an integral part of the NHS Long Term Plan, the training hub has commissioned a 'Digital Support' role for a short period of time. The role includes supporting practices to identify digital needs, providing training that supports population health management, supporting practices to integrate digital transformation, and ensuring practices are confident in their digital skills and abilities. For more information please email [candptraininghub@nhs.net](mailto:candptraininghub@nhs.net)

Visit hub

The NHS Knowledge and Library Hub is a FREE resource that connects NHS staff and learners to high-quality knowledge and evidence resources.

## GP Professional Development (CPD) Grant

Are you a GP working in Cambridgeshire and Peterborough looking to develop an area of special interest? We are delighted to announce new funding to support an area of study where your interests support the work of general practice, alongside furthering your career opportunities. Increase your knowledge and skills with a grant of up to £3,000 towards an approved programme of study (T&Cs apply). [Click here](#) to find out more.

### New course dates for new or aspiring HCAs:

#### Introduction to Phlebotomy

Wednesday 25 February, 13:00-17:00

[Book Now](#)

#### HCA Clinical Skills

Thursday 12 March, 10:00-16:00

[Book Now](#)

### Hypertension Update

Thursday 26 February

09:30-12:30

A review of hypertension including related policies and guidelines and current evidence-based diagnostic and treatment pathways. This update is aimed at those practitioners who have wishing to update their knowledge and skills and demonstrate their continuing competence.

[Book Now](#)

## Induction Programme for Staff New to General Practice

Monday 02 & Tuesday 03 March 2026

Aimed at supporting your local practice induction by providing a consistent and comprehensive introduction to working in Primary Care, the induction programme runs bi-monthly and is for any staff new to General Practice. Places are fully funded. To book please [click here](#).



## Motivational Interviewing

Thursday 5 March, 09:00-16:00

Interactive, online, live study day, suitable for all members of the team. You will interact, participate and influence the content of the day which will use bespoke situations to demonstrate the MI skills. To book a place, please [click here](#).



## CPD Funding Support Offer for Personalised Care Roles

If you are in a **Personalised Care** role (Social Prescribing Link Worker, Health and Wellbeing Coach or Care Coordinator) we currently have **CPD funding** available to support your professional development. For more information [click here](#).

## Prescribing Update: End-of-life Care

Do you want to learn more about anticipatory prescribing for end-of-life symptom management, sourcing medication supplies and local support available? These 30-minute Teams updates, led by Ben Bowers, Honorary Nurse Consultant in Palliative Care, are pitched specifically for GPs and non-medical prescribers working in general practice teams.

Wednesday 11 March

13.00 to 13.30

[Join Live](#)

Thursday 23 April

13.00 to 13.30

[Join Live](#)

## GP & ACP Education Programme

Tue 17 March 2026, 19:00-20:30

### Emotionally Unstable Personality Disorder (EUPD)

with Dr Pamela Peters. Online talk + Q&A.

[Click here](#) to book.



## General Practice Clinical Pharmacists (GPCP) Levels, Training & Development

If you are in a **Pharmacy Professional** role (Clinical Pharmacist or Pharmacy Technician) we have funding available to support your professional development.

More info

## Welcome to C&P for New GPs

Wednesday 18 March, 09:30-16:00 (Delta Hotel, Huntingdon)

We are delighted to once again offer this one-day workshop which aims to arm new GPs with the knowledge they need to launch themselves confidently into their post-CCT career. With local speakers discussing essential topics and offering focused, valuable information and advice, practical tips and take home messages, this event will support GPs nearing CCT or who have CCT'd within the last 12 months to make the most of local opportunities and to thrive as Cambridgeshire & Peterborough general practice. For more information and to book, [click here](#).

## NB Medical Hot Topics GP Update

Thursday 19 March, 09:30-17:00

Consisting of a series of short 'TED-style' engaging presentations blending evidence and cases, followed by discussion, this course will update you on the latest developments in the literature and serve as a platform for help you to deliver better patient care.

GPs: [click here to book](#)

ACPs: [click here to book](#)

Clinical Pharmacists: [click here to book](#)

## UrgoKTwo Bandage Training

Wednesday 25 March

Urgo are delivering Bandage Training looking at CPFT Lower Limb clinical decision and referral pathway, UrgoKTwo theory, practical application and competency sign off. These are two-hour sessions face to face at The Viva Centre, Sension Drive, Soham, CB7 6EE.

09:30-11:30 [click here to book](#)

12:00-14:00 [click here to book](#)

14:30-16:30 [click here to book](#)



## Managing Practice Finances

Wednesday 29 April, 09:30-12:30

This workshop explains practice finances and accounting systems in a user-friendly, interactive way, giving you an overview of your existing system and walking you through a set of Practice Accounts. It will also cover superannuation and the financial changes to expect for 2026/27.

Book here!

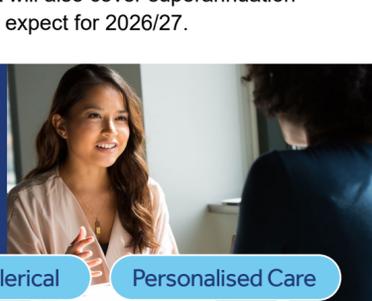
CPTH offers **Coaching and Mentoring** for a variety of general practice roles. We also have a small team of Professional Advocates available for restorative clinical supervision, career conversations or improvement project support. Click on the buttons below to find out more.

GPs

Nurses

Admin & Clerical

Personalised Care



## Training & Education Events Programme

You can find all our upcoming training courses and education events on our website. Use the 'keyword' or 'profession' filters to refine your search.

[Find events](#)



**CPICS Health and Wellbeing Hub** signposts free well-being support for all health and care staff working in Cambridgeshire and Peterborough. It offers signposting and information on topics such as mental health, lifestyle choices and financial wellbeing. [Visit website here](#).

Follow us: @cptraininghub



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