

WEBINAR: MART & AIR THERAPY IN ASTHMA WHAT DOES IT MEAN? WHO IS IT FOR? WHICH AGE GROUP?

For Healthcare Professionals working in General Practice



Tuesday 24 February 2026
18:30 - 19:45hrs
Zoom Webinar

[Please click here to book](#)

Enhance your confidence in asthma management with this expert-led webinar by Jo Hamilton.

This session provides a clear, practical overview of Maintenance and Reliever Therapy (MART) and Anti-Inflammatory Reliever (AIR) therapy, including current guidance, safety considerations, licensing restrictions, and case-based learning to support effective clinical decision-making across age ranges.

This focused session will guide you through the practical use of MART and AIR therapy in everyday asthma care. We'll explore which age groups these approaches are recommended for, clarify licensing and prescribing considerations, and review the inhaler products available for different age groups. Through real-world case examples, you'll gain confidence in when and how MART/AIR therapy can support improved asthma control in primary care.



Joanne Hamilton, Respiratory Specialist

✓ You will receive a certificate of attendance with 1 hour of educational content towards your Continued Professional Development upon completion of this training

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