

CPTH

Welcome to our March 2026 Newsletter

[Click here to visit our website](#)

GP & ACP Education Programme

Tuesday 17 March 2026, 19:00-20:30

Join us for a talk on **Emotionally Unstable Personality Disorder (EUPD)** and older adults with complex emotional needs with Dr James Fitzgerald.

[Book Now](#)

Tuesday 21 April 2026, 19:00-20:30

We are delighted to be hosting **Wellbeing & Time: Four Thousand Weeks** in conversation with Oliver Burkeman, best-selling British author and journalist. We'll explore the radical ideas behind his acclaimed book *Four Thousand Weeks*, which invites us to consider accepting our limits, choosing what truly matters, and learning to care deeply without being consumed. We hope you'll join us for what will be a reflective and restorative evening.

[Book Now](#)

CPTH Leadership Skills Series 2026

NEW!

We are excited to launch a new series of leadership development workshops designed for anyone who leads teams within primary care, whether within a clinical or non-clinical service. These practical skills workshops will suit those who are relatively new to a leadership role, and equally, more experienced leaders who would like to refresh their skills, knowledge and confidence in leading teams in today's constantly evolving primary care environment. Benefits include:

- Increase your leadership confidence and grow in your role as a leader of others
- Learn and/or refresh practical leadership skills you can apply straight away
- Connect with peers from across local practices and PCNs
- Create space for your own continuing professional development and self-care at work

Limited places available at a subsidised cost of £25 per person. Please [click here](#) to find and book.



PMA Workshops

We have commissioned a number of workshops from the PMA, covering popular topics including Managing Practice Finances, Safer Recruitment, HR & Employment Law, CQC Inspection Framework, Succession Planning & Workforce retention and Quality and Outcomes Framework. [Click here](#) to find these workshops in our calendar and book your place.

Protected Learning Time (PLT)

Wednesday 18 March, 14:30-15:45

(PLT) Frailty in General Practice

A practical 1-hour webinar with Dr Simon Hattle, aimed at GPs and GP practice staff. Highlighting the importance of identifying frailty early and will increase knowledge and confidence in assessing frailty and supporting patients living with frailty in everyday general practice. For more info and to book [click here](#).

Wednesday 18 March, 14:30-16:00

Leading Quality Improvement; Fostering a Culture of Improvement and Collaborating for Impact across teams

Part of our Quality Improvement webinar series, ensuring that general practice staff have access to the knowledge, tools and confidence to lead and participate in quality improvement initiatives. To book a place, please [click here](#).

[Click here](#) to find out more about other PLT sessions.

Digital Support & Training

Hot off the press! We have just launched a Digital Support page on our website detailing the digital training offer to support Practice and PCN staff in developing competencies and proficiency in digital tools, including clinical reporting, data use, and wider digital transformation and integration. To find out more about the support and training available [click here](#).

NEW!



SystmOne Clinical Reporting Sessions

We are also offering digital SystmOne Clinical reporting sessions to practices and PCN's to support them to engage with digital transformations and moving towards more data-driven approaches. This training is offered for different levels of skill for all appropriate staff:

Wed 18 March (15:30-16:30): [SystmOne Clinical Reporting Training Session – Beginners](#)

Wed 25 March: (13:30-14:30): [SystmOne Clinical Reporting Training Session – Intermediate](#)

[Visit hub](#)

The NHS Knowledge and Library Hub is a FREE resource that connects NHS staff and learners to high-quality knowledge and evidence resources.



[Apply now](#)

Pride in Practice Programme

We are delighted to offer another opportunity for **up to 10 practices** in Cambridgeshire & Peterborough to apply for a funded place on the LGBT Foundation Pride in Practice 12-month programme. The Pride in Practice programme provides training, an accredited award and ongoing support and resources. **Extended deadline: 10 April (5pm).**

Belonging in Practice

We are excited to launch a new series of **Belonging in Practice** webinars for staff working in General Practice in Cambridgeshire and Peterborough. The series consists of a set of 6 monthly virtual workshops designed to:

- Support GPs and General Practice leaders to understand how identity, inclusion and workplace culture impact on wellbeing, retention, and career progression
- Build inclusion, belonging, and psychological safety within the general practice workforce in Cambridgeshire and Peterborough.

To find out more about the series and book your place on the first workshop on 29th April, [click here](#).

NEW!

GP Professional Development (CPD) Grant

We have funding available to support GPs working in Cambridgeshire and Peterborough to develop an area of special interest that supports the work of general practice. Increase your knowledge and skills with a grant of up to £3,000 towards an approved programme of study (T&Cs apply). [Click here](#) to find out more.



Mandatory Training for Learning Disability and Autism

Costs for this training were subsidized by NHS England in 2025/26, this funding ends in March 2026. The ICB have commissioned **The Expert Training Network** as the most cost-effective provider of this training on behalf of all Health and Social Care providers across Cambridgeshire and Peterborough. C&P Training Hub arranges training dates and takes bookings for staff working in Primary Care, currently offering 1 session per month (40 places) for Tier 1 and Tier 2.

Step 1 (e-learning) is Free and accessible here: [The Oliver McGowan Mandatory Training on Learning Disability and Autism - e-learning for healthcare](#)

Step 2 Tier 1: 1-hour online training for staff who DO NOT HAVE appointments with patients. £11 per person

Tier 2: Full day, face to face training for staff who HAVE appointments with patients. £66 per person

For more information [click here](#). Find April and May training dates [here](#).

Late Career Virtual Peer Group – Thursday 19 March, 19:30-21:00

Calling all Cambridgeshire and Peterborough GPs over 50. Building on successful in-person meetings over the past 6 years, join us on zoom for an opportunity to meet together remotely to shape future events and to share our experiences and learning needs.

[Book here](#)

NB Medical Hot Topics GP Update

Thursday 19 March, 09:30-17:00

Consisting of a series of short 'TED-style' engaging presentations blending evidence and cases, followed by discussion, this course will update you on the latest developments in the literature and serve as a platform for CPD to help you to deliver better patient care.

GPs: [click here to book](#)

ACPs: [click here to book](#)

Clinical Pharmacists: [click here to book](#)

UrgoKTwo Bandage Training

Wednesday 25 March

Urgo are delivering Bandage Training looking at CPFT Lower Limb clinical decision and referral pathway, UrgoKTwo theory, practical application and competency sign off. These are two-hour sessions face to face at The Viva Centre, Spencer Drive, Soham, CB7 6EE.

09:30-11:30 [click here to book](#)

12:00-14:00 [click here to book](#)

14:30-16:30 [click here to book](#)

ARRS GP Support & Development Programme

Our new and improved ARRS GP Support & Development Programme, offering access to education, mentoring and peer support for newly qualified GPs employed under the Additional Roles Reimbursement Scheme (ARRS) in Cambridgeshire and Peterborough practices.

Limited places available. [Click here](#) to find out more and apply.

Keep in Touch (KiT) Appraisals

Tuesday 24 March, 10:00 - 11:30

Aimed at Cambridgeshire & Peterborough GPs not in regular everyday practice and feeling out of touch. Join Dr Paula Newton for this chance to update yourself on current appraisal and revalidation requirements. [Click here](#) to book.

Professional Clinical Network Pharmacy Forum

Tuesday 24 March, 12:45-14:00

The next Pharmacy Forum has the Clinical Update on Menopause and HRT with Dr Gill Shields, GP Partner & Women's Health Lead, Granta. [Click here](#) to book.

DCSRH Programme

CPTH has re-opened applications for our training scheme to support local primary care clinicians wanting to undertake the DCSRH and Letters

of Cambridgeshire and Peterborough. Applications must come from the employing organisation. Application deadline: Tuesday 31 March. [Click here](#) for more info and to apply.



Training for Admin & Clerical Staff

Tuesday 21 April, 13:15-16:30

[Medical Terminology](#)

Thursday 07 May, 09:15-12:30

[Summarising Medical Records](#)

Thursday 14 May, 14:00-16:00

[Subject Access Requests](#)

Wednesday 03 Jun, 13:00-17:00

[Care Navigation](#)

Managing Practice Finances

Wednesday 29th April 09:30-12:30

This user-friendly, interactive workshop will include an overview of your accounting system, walk you through a set of Practice Accounts, superannuation and update on the financial changes to expect for 2026/27. Practical guidance will enable participants to map the techniques and outcomes onto their own practice. [Click here](#) to book.

Training for HCAs

We have the following course available for your new or aspiring HCAs :

Wednesday 06 May, 13:00-17:00

[Intro to Phlebotomy](#)

Wednesday 20 May, 10:00-16:00

[HCA Clinical Skills](#)

CPTH offers **Coaching and Mentoring** for a variety of general practice roles. We also have a small team of General Practice Advocates available for a restorative clinical supervision, career conversations or improvement project support. Click on the buttons below to find out more.

GPs

Nurses

Admin & Clerical

Personalised Care



Training & Education Events Programme

You can find all our upcoming training courses and education events on our website. Use the 'keyword' or 'profession' filters to refine your search.

[Find events](#)



CPICS Health and Wellbeing Hub signposts free well-being support for all health and care staff working in Cambridgeshire & Peterborough. [Visit website here](#).

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