

Staff Health & Wellbeing Support

A reminder of the latest [staff support provision](#). Do reach out, you are not alone, and help is available.

Violence Prevention and Reduction

East of England Violence Prevention and Reduction Community of Practice: Session Resources

The [recording and session slides](#) from the April East of England Violence Prevention and Reduction Community of Practice are now available for colleagues to access.

National Violence Prevention and Reduction Learning Event: Resources

The National Violence Prevention and Reduction Learning Event was held on Wednesday 4 March 2026.

The [full set of resources from the session are now available](#) and include a recording of the event and presentation slides.

RSPH Level 3 Violence Prevention and Public Health (VPR) Education Course

Commissioned by NHS England and delivered through the Royal Society for Public Health (RSPH), this Ofqual regulated, Level 3, fully CPD accredited course equips operational leads, managers and officers, with the skills to understand the root causes of violence and abuse, and to design evidence based strategies that protect staff and service users.

[The course](#) is a virtual two day programme that takes a public health, trauma informed approach to workplace violence for NHS VPR professionals.

Places are priced at £385 + VAT per delegate, and two virtual cohorts are currently available:

Cohort 1 – Tuesday 26th & Wednesday 27th May

Cohort 2 – Thursday 18th & Friday 19th June

Please note that the cost of the course would need to be met by the attendee / their individual organisation

Places are limited so if you would like to register or find out more, please contact: ahopper@crisisprevention.com

Action for Happiness – Meaningful May

Action for Happiness have shared their [latest calendar](#) - full of simple actions to help you find a greater sense of purpose and perspective each day.

19
Reflect on what makes you feel valued and purposeful

20
Share photos of 3 things you find meaningful or memorable

21
Look up at the sky. Remember we are all part of something bigger

National Health & Wellbeing Community Update

The National Staff Experience Team have shared the [latest edition of their Health and Wellbeing Community Update](#) featuring useful information for everyone who leads, supports, and champions the health and wellbeing of our healthcare workforce.



National People Promise Community of Practice Session on Suicide Prevention: Resources

[Presentation slides and other resources](#) from the National People Promise Community of Practice session in March on suicide prevention are now available.

These include useful resources related to session discussions, and details about the [National Retention Hub](#).

2025 NHS Staff Survey for Bank Only Workers: Publication of Results

The 2025 NHS Staff Survey results for bank only workers (NSSB) have now been published. The following information is now available on the [NHS Staff Survey website](#):

- Detailed Excel spreadsheets containing questions and scores for all organisations
- National aggregate report of results for bank only workers
- Organisational benchmark reports for bank only workers
- National BWRES/WDES Excel spreadsheet
- [Interactive dashboard](#) showing trend results and breakdowns at national, regional, ICS and organisation level

Please contact the [Staff Survey Coordination Centre](#) with any queries.

Celebrating 10 Years of HSBC Financial Wellbeing - May 2026

In honour of delivering their financial wellbeing programme for 10 years, HSBC have scheduled three anniversary webinars: [Making the Most of your Money](#), [Managing and Growing your Wealth](#) and new webinar: [Money and Mental Health](#).

Follow the links for dates and registration details. Additionally, colleagues are reminded of the [‘Always On Demand’ recorded financial wellbeing webinars](#), HSBC’s financial fitness tool and 30 minute telephone, or in branch health check with an HSBC Financial Health Specialist.