

HSBC Financial Wellbeing Webinars: Supporting Carers Week 2026

Monday 8th – Sunday 14th June

Carers Week is an annual campaign to raise awareness of caring, highlight the challenges unpaid carers face, and recognise the contribution they make to families and communities throughout the UK. It also helps people who do not think of themselves as having caring responsibilities to identify as carers and access much-needed support.

To help support carers, and anyone who wants to learn more, HSBC are running two live webinars in June:

Financial Wellbeing for Carers Wednesday 10th June, 10am – 11am

A session focused on practical strategies to support the mental, emotional, and financial wellbeing of people who dedicate time and energy to caring for others.

[Click here to register.](#)

My Family Tuesday 30th June at 2pm – 3pm

A webinar exploring ways to make your money work harder for your family, with ideas and approaches that can help you feel more in control of day-to-day finances and longer-term plans.

[Click here to register.](#)

Additionally, colleagues are reminded of the 'Always On Demand' recorded financial wellbeing webinars, HSBC's financial fitness tools and resources and 30-minute telephone, or in branch financial health checks with an HSBC Financial Health Specialist.

[All resources can be found here.](#)



HSBC UK



Staff Health & Wellbeing Support

A reminder of the latest [staff support provision](#). Do reach out, you are not alone, and help is available.

New e-learning: Breaking the Silence: Sexual Safety for Healthcare Students & Trainees

Everyone deserves to learn and work in a safe, respectful environment. The [new Sexual Safety e-learning](#) offers practical steps to speak up safely, set clear boundaries and get the right support - whether a student, trainee, educator, or staff member.

- Feel more confident about what is acceptable, what isn't and what to do if you see or experience behaviour that crosses the line
- Understand where to raise concerns and how to support a colleague who shares an experience
- Take the e-learning to strengthen your own wellbeing and professionalism and help build a culture where harassment is not tolerated.

The e-learning has been co-produced with our East of England student ambassadors, where their powerful voices and [Introductory video](#) take pride of place in the e-learning resource.

Accompanying resources include; a [sexual safety e-signature](#), [personal boundaries poster](#) and [sexual safety poster](#).

[effh](#) **Breaking the Silence: Sexual Safety for Healthcare Students and Trainees**



People Pulse Feedback Survey

The People Pulse has been running since 2020, supporting organisations with decision making and improving employee experience in the NHS. It has become one of the key employee listening tools, supplementing data from the NHS Staff Survey and the National Quarterly Pulse Survey.

The current contract comes to an end in February 2027, and to ensure it continues to support colleagues in local organisations a procurement process is underway. The People Pulse Team have requested anonymous feedback to help inform the tender specification to address any current barriers in the way to how the programme is set up, allowing them to bring as many organisations onboard as possible.

The Team would be grateful for your honest and anonymous feedback which will help shape the future of this programme. Please complete [the feedback survey](#) by 31st May. Please contact england.peoplepulse@nhs.net with any queries.

Join the conversation on our [EoE NHS Futures page](#) and stay up to date with the latest information