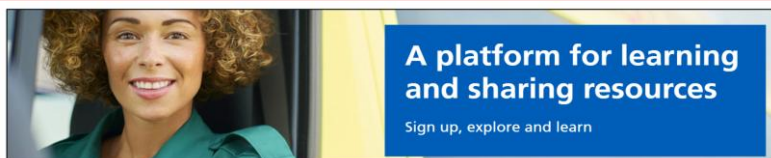


A Skills Development Focused Round-up

This week we have collated a range of skills development resources to help support colleagues as we navigate such a challenging and unsettling time at work and consider 'what next?' You may already be familiar with a number of these provisions, but we hope this is a useful reminder of some of the support and materials available to colleagues at all career levels who are looking to develop new skills, regardless of whether or not they are in a formal leadership role.

Thank you for all the incredible work you continue to do.



NHS Learning Hub

[The NHS Learning Hub](#) provides easy access to a wide range of educational resources, elearning, tools, specialist health and care content and more. These resources have been developed or shared by professional organisations, such as the Royal Colleges, universities and other health and care organisations. The tools and training include career assessments, interview simulator and mock interviews.

Colleagues can create a new account on the home page while existing users can log in via their elearning for Healthcare credentials.

Skills Development for all Levels via the East of England Leadership Learning Zone

Despite its name, the [Leadership Learning Zone](#) is open to all bandings of NHS staff and provides a flexible e-learning resource to explore key areas of leadership development across all levels of your career.

Modules include coaching skills, effective communication, managing people, unconscious bias and a wide range of other topics. Follow the link above to view the module catalogue and register for an account.



Bitesize Learning

A range of short learning solutions designed by experts for the development of NHS staff at all levels.

The [Bitesize Learning](#) offer comprises short courses, videos, podcasts and reading materials covering a range of topics including; how to work with emotions and care for your team, personal resilience – an anchor in the unknown, motivation and courageous conversations.

East of England Talent Time Banking

Talent Time Banking is an inclusive networking platform enabling members to exchange skills and unlock new opportunities.

[The platform](#) helps health and social care professionals in the East of England connect, share knowledge and enhance their careers; while promoting equality, diversity and inclusion in the NHS workforce.

NHS Coaching and Mentoring Hub

East of England Coaching & Mentoring Hub

Coaching and mentoring is an inclusive offering available to all professions within the NHS and social care, irrespective of pay grade, clinical and non-clinical roles.

The [East of England Coaching and Mentoring Hub](#) provides access to a pool of coaches and mentors to support your development. Whether you are leading an organisation, heading up a service, managing a team or leading yourself and colleagues, coaching or mentoring can support you on your leadership journey.



NHS Leadership Academy Programmes

[The NHS Leadership Academy programmes](#) are designed to help *everyone* in the NHS discover their full leadership potential and achieve the highest standards in health and care.

The Academy offers a full range of programmes, including Edward Jenner, CMI accreditation and apprenticeships.

Join the conversation on our [EoE NHS Futures page](#) and stay up to date with the latest information